



HUNTINGTON BEACH CITY SCHOOL DISTRICT

Sowers School Lunch Menu

hbcsdbistro.com



MEAL are **FREE** to all STUDENT

National Coin Shortage: Please send the exact change. Any changes may be deposited to Student's lunch account for future use.

Reminder : Students **MUST** take at least 3 components & every student must take a fruit or veggie. Entrée counts as 2 components.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Entrée Component: Only Choose 1				
Featured Item: WALA Pizza •WALA Pizza • Chicken Tamale w/ Salsa	Featured Item: Flame Broiler •Chicken w/ Rice & Special Sauce •Tofu with w/ Rice & Special Sauce •Chicken Strips *Bacon Western Cheeseburger •Seasoned Bean Burrito (Vegan)	Featured Item: Subway •Subway Sandwiches •Mini Corn Dogs	Featured Item: WALA Pizza •WALA Pizza •Chicken Tamale w/ Salsa	Featured Item: Pick-up Stix •Pick-up Stix •House Chicken w/ Rice Bowl •Veg Option: Tofu bowl •Pretzel Dog •Spicy Chicken Sandwich
* Contains Pork				
*Fruit component: May Take " ONE" Fruit				
Daily Fruit Offering: Fruit Fruit, Cupped Fruit, and/or Dried Fruit				
*Vegetable Component: May Take Up to Two Items				
Daily Vegetable Offering: Carrot, Wedge Potatoes, Corn, Cucumber, Green Salads, Celery Stick, Snap Peas, and/or Edamame				
* Grain Component: May take one with a reimbursable meals				
	•Cookie		•Chips	
*Milk Component : 1% Milk, Nonfat Chocolate Milk, Nonfat Strawberry Milk				
We are offering Offer Vs Serve (OVS) with 5 good groups: Meat*Grain*Vegetable*Fruit*Milk. For a complete meal, students must select 3-5 food groups and AT LEAST 1 item must be a veg or fruit. The USDA and the CDE are equal opportunity providers and employers.				
MENU SUBJECT TO CHANGE WHEN NECESSARY				