



E-Learning Breakfast / Lunch Menu May 2021



	Monday	Tuesday (PICKUP DAY)	Wednesday	Thursday	Friday
Week 1	April 26th Lake Central School Corporation DeAnn Alleva - FS Director Linda Johnson - Administrative Assistant Food Services Office 865.4416	April 27 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Nachos / 3 oz Cheese / 2 oz Meat 1/2 cup Smiley Potatoes / 1-Orange / Celery / 1 serving of Milk <i>Pick up for Wed-Thurs-Fri -Mon-Tues</i>	April 28 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Cheesy Flat Bread & 2.5 oz Marinara Cup 1/2 cup Peas / 1/2 cup Fruit Slushie / 1 serving of Milk	April 29 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Mac & Cheese with Dinner Roll 1/2 cup Corn / 1 - Apple / 1 serving of Milk	April 30 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Grape Jelly & Soy Jammer 1/2 cup Carrots / 1 - Orange /1 serving of Milk
	May 3rd Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Breaded Chicken Entrée 1/2 cup Fresh Carrots / 1 serving Apple Sauce / 1 serving of Milk	4 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Corn Dog 1/2 cup Smiley Potatoes / 1-Orange / Celery / 1 serving of Milk <i>Pick up for Wed-Thurs-Fri -Mon-Tues</i>	5 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Bosco Sticks & 2.5 oz Marinara Cup 1/2 cup Peas / 1/2 cup Fruit Slushie / 1 serving of Milk	6 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): BBQ Rib Sandwich 1/2 cup Corn / 1 - Apple Slices / 1 serving of Milk	7 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Cheese Pizza 1/2 cup Carrots / 1 Serving Craisins /1 serving of Milk
Week 2	10 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Breaded Chicken Entrée 1/2 cup Fresh Carrots / 1 serving Apple Sauce / 1 serving of Milk	11 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Nachos / 3 oz Cheese / 2 oz Meat 1/2 cup Smiley Potatoes / 1-Orange / Celery / 1 serving of Milk <i>Pick up for Wed-Thurs-Fri -Mon-Tues</i>	12 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Pizza Crunchers & 2.5 oz Marinara Cup 1/2 cup Peas / 1/2 cup Fruit Slushie / 1 serving of Milk	13 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Grilled Cheese 1/2 cup Corn / 1 - Apple / 1 serving of Milk	14 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Hamburger 1/2 cup Carrots / 1 - Orange /1 serving of Milk
	17 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Breaded Chicken Entrée 1/2 cup Fresh Carrots / 1 serving Apple Sauce / 1 serving of Milk	18 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Chicken Quesadilla & 3 oz. Salsa 1/2 cup Smiley Potatoes / 1-Orange / Celery / 1 serving of Milk <i>Pick up for Wed-Thurs-Fri -Mon-Tues</i>	19 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Bosco Sticks & 2.5 oz Marinara Cup 1/2 cup Peas / 1/2 cup Fruit Slushie / 1 serving of Milk	20 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Pasta & Meat Sauce 1/2 cup Corn / 1 - Apple Slices / 1 serving of Milk	21 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Cheese Pizza 1/2 cup Carrots / 1 Serving Craisins /1 serving of Milk
Week 3	24 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Breaded Chicken Entrée 1/2 cup Fresh Carrots / 1 serving Apple Sauce / 1 serving of Milk	25 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Nachos / 3 oz Cheese / 2 oz Meat 1/2 cup Smiley Potatoes / 1-Orange / Celery / 1 serving of Milk <i>Pick up for Wed-Thurs-Fri</i>	26 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Cheesy Flat Bread & 2.5 oz Marinara Cup 1/2 cup Peas / 1/2 cup Fruit Slushie / 1 serving of Milk	27 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Mac & Cheese with Dinner Roll 1/2 cup Corn / 1 - Apple / 1 serving of Milk	28 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Grape Jelly & Soy Jammer 1/2 cup Carrots / 1 - Orange /1 serving of Milk
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Week 4	17 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Breaded Chicken Entrée 1/2 cup Fresh Carrots / 1 serving Apple Sauce / 1 serving of Milk	18 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Chicken Quesadilla & 3 oz. Salsa 1/2 cup Smiley Potatoes / 1-Orange / Celery / 1 serving of Milk <i>Pick up for Wed-Thurs-Fri -Mon-Tues</i>	19 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Bosco Sticks & 2.5 oz Marinara Cup 1/2 cup Peas / 1/2 cup Fruit Slushie / 1 serving of Milk	20 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Pasta & Meat Sauce 1/2 cup Corn / 1 - Apple Slices / 1 serving of Milk	21 Breakfast (1 Serving of 1 of the following): Frozen Entree / Cereal / Oatmeal & Raisins / Breakfast Donuts / Poptarts 4 oz fruit Juice / 1 serving of Milk Lunch (Entrees are 1 serving): Cheese Pizza 1/2 cup Carrots / 1 Serving Craisins /1 serving of Milk
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FREE Breakfast & Lunch

*Lake Central School Corporation will be offering free breakfast and lunch for all students no matter their household income.

*This program, through the USDA and IDOE, will run through December 2020 or until federal funding runs out.

*All students will be served (1) free breakfast meal & (1) free lunch meal daily when they go through the serving line.

*Extras will need to be paid for by the student.

*For more information, please go to our Food Service website at lscs.us

This will vary when school is not in Food packages will include 5 breakfast & 5 lunches for Tuesday pickup unless there is a holiday or no school. Keep items refrigerated.



What's on Your Plate?



To be eligible for eLearning meal pickup, you must have a student enrolled in the Lake Central School Corporation

Menus are subject to change based on availability

Distribution on Tuesdays 11:00 AM to 1:00 PM at: Grimmer Middle School 225 W. 77th Avenue, Door J Schererville, IN 46375

