

*Menus are subject to change based on availability

⚠️ Covid-19 Response ⚠️
For more information, please visit our Food Service website at lcsc.us



Elementary School Menu

May 2021



For more information on E-Learning meal pick up, please visit our website at LCSC.us

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <small>Elementary Breakfast = \$1.60</small> 	Mini Cinnis Pop Tarts Grab & Go Cereal Breakfast Pack Fresh Fruit Juice / Milk	Glazed French Toast Pop Tarts Grab & Go Cereal Breakfast Pack Fresh Fruit Juice / Milk	Mini Pancakes Pop Tarts Grab & Go Cereal Breakfast Pack Fresh Fruit Juice / Milk	Stuffed Bagel Pop Tarts Grab & Go Cereal Breakfast Pack Fresh Fruit Juice / Milk	Chocolate Chip French Toast Pop Tarts Grab & Go cereal Breakfast Pack Fresh Fruit Juice / Milk

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch <small>Elementary Lunch - \$2.90 / Milk = \$1.60</small> A complete lunch consists of: One entrée and a choice of fruit and/or vegetable and milk ⚠️ NO DEPOSITS ACCEPTED DURING LUNCH MEAL SERVICE DEPOSITS CAN BE MADE ON THE STUDENTS SKYWARD ACCOUNT. CASH OR CHECK DEPOSITS MAY BE DROPPED OFF IN THE SCHOOL OFFICE ONLY.	Chicken Drumstick & Corn Bread Sliced Turkey & Cheese on Sub Bun TRIX MEAL (Strawberry Banana Trix Yogurt, Cheese Stick, Scooby Grahams) Turkey or Cheese Chef Salad & Dinner Roll Fresh Carrots Assorted Fresh Fruit Milk	Nachos Sliced Turkey & Cheese on Sub Bun TRIX MEAL (Strawberry Banana Trix Yogurt, Cheese Stick, Scooby Grahams) Turkey or Cheese Chef Salad & Dinner Roll Corn Crispy Garden Salad Assorted Fresh Fruit / Milk	Bosco Sticks & Sauce Sliced Turkey & Cheese on Sub Bun TRIX MEAL (Strawberry Banana Trix Yogurt, Cheese Stick, Scooby Grahams) Turkey or Cheese Chef Salad & Dinner Roll Broccoli Grape Tomatoes Assorted Fresh Fruit / Milk	Maple Pancakes & Sausage Sliced Turkey & Cheese on Sub Bun TRIX MEAL (Strawberry Banana Trix Yogurt, Cheese Stick, Scooby Grahams) Turkey or Cheese Chef Salad & Dinner Roll Hash Brown Rounds Juice Milk	Mini Xtra Cheesy Pan Pizza Sliced Turkey & Cheese on Sub Bun TRIX MEAL (Strawberry Banana Trix Yogurt, Cheese Stick, Scooby Grahams) Turkey or Cheese Chef Salad & Dinner Roll Green Beans Assorted Vegetables Assorted Fresh Fruit / Milk

FREE Breakfast & Lunch

*Lake Central School Corporation will be offering free breakfast and lunch for all students no matter their household income.

*This program, through the USDA and IDOE, will run through December 2020 or until federal funding runs out.

*All students will be served (1) free breakfast meal & (1) free lunch meal daily when they go through the serving line.

*Extras will need to be paid for by the student.

*For more information, please go to our Food Service website at lcsc.us

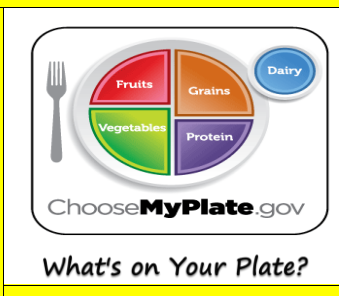
Breakfast Supplies Important Nutrients

Breakfast contributes less than 20% of daily calories, while providing many key vitamins and minerals including

*** Calcium * B vitamins *Iron *Vitamin D**

Nutrients missed at breakfast are typically not made up during the day

Lake Central
 School Corporation
 DeAnn Alleva - FS Director
 Linda Johnson-Administrative Assistant
 Food Service Office 865-4416



'Build a Bear'-RIFIC LUNCH

Pick at least 3 of the 5 groups

and enter a **Coloring Contest!**
 Win a **Teddy Bear!**

One winner per grade pick up your coloring page during lunch time May 17th!

SCHOOL LUNCH HERO DAY

May 7, 2021

Pick up an entry in the cafeteria on May 3rd with your school lunch meal & you could win a prize!

This institution is an equal opportunity provider.