

2021-2022-NORTH ADAMS COMMUNITY SCHOOLS- SEPTEMBER 2021 BELLMONT CAFE SCHOOL GRADES 5 TO 12

MONDAY-AUGUST 30	TUESDAY-AUGUST 31	WEDNESDAY-SEPT 1	THURSDAY-SEPT 2	FRIDAY-SEPT 3
<p>CHICKEN NUGGETS 2oz M/MA & 2oz WG OR HAM & CHEESE SANDWICH 2oz M/MA & 2oz WG MASH POTATOES ½ & CORN FRESH CARROTS ½ CV PEACHES/JUICE ½ CF APPLE/ORANGE ½ CF JONNY POPS ¼ CF SUNCHIPS 1oz WG</p> <p>PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>	<p>MOZZ STICKS 2oz M/MA & 1oz WG MARINARA CUP OR BREADSTICK W/ CHEESE CUP 2oz M/MA & 2oz WG SCALLOP POTATOES ½ CV BAKED BEANS ½ CV FRESH CARROTS ½ CV STRAWBERRIES/JUICE ½ CF BANANA ½ CF APPLE/ORANGE ½ CF CHEETOS 1oz WG</p> <p>PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG HAM CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV TURKEY SAND/SIDE SALAD 2oz M/MA 2oz WG, 1CV</p>	<p>PASTA BAKE 2oz M/MA 2oz NCB BREADSTICK 1oz WG OR CHICKEN PARMESAN 2oz M/MA 1oz WG BUN 2oz WG BROCCOLI & CHEESE ½ CV MIXED VEGGIES ½ CV FRESH CARROTS ½ CV APPLESAUCE/JUICE ½ CF APPLE/ORANGE ½ CF BROWNIE</p> <p>PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG ITALIAN SALAD & ROLL TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>	<p>CHICKEN SMAKERS 2oz WG 1oz WG OR TERRIYAKI CHICKEN & NOODLES 2oz M/MA 2oz NCB GREEN BEANS ½ CV CARROT COINS ½ CV POTATO SIDEWINDERS ½ CV FRESH CARROTS ½ CV D PEARS/JUICE ½ CF APPLE/ORANGE ½ CF CHOC CHIP COOKIE 1oz WG</p> <p>PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG HAM CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV TURKEY SAND/SIDE SALAD 2oz M/MA 2oz WG, 1CV</p>	<p>CHICKEN NACHO BOWL 2oz M/MA SEASONED CHICKEN & SHRD CHEESE W/ SPANISH RICE 2oz WG OR QUESADILLA 2oz M/MA 2oz WG REFRIED BEANS & CHZ ½ CVL CORN ½ CV FRESH CARROTS ½ CV SALSA CUP ¼ CRO SOUR CREAM TORTILLA CHIPS 2oz WG FRESH APPLE SLICES/JUICE ½ CF APPLE/ORANGE ½ CF ICE CREAM CAMEL CUP</p> <p>PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>

2021-2022-NORTH ADAMS COMMUNITY SCHOOLS- SEPTEMBER 2021 BELMONT CAFE SCHOOL GRADES 5 TO 12

MONDAY-SEPT 6	TUESDAY-SEPT 7	WEDNESDAY-SEPT 8	THURSDAY-SEPT 9	FRIDAY-SEPT 10
LABOR DAY	MINI CORN DOGS 2oz M/MA 2oz WG OR HAM N CHEESE CROISSANT 2oz M/MA 2oz WG BROCCOLI N CHEESE ½ CV CARROT ½ CV BANANA/JUICE ½ CF 100% FRUIT SLUSHY ½ CF APPLE/ORANGE ½ CF PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG HAM CHEF SALAD W/ ROLL 2oz M/MA 2oz WG 1.5 CV ITALIAN SUB & SIDE SALAD 2oz M/MA 2oz WG, 1CV	FRIED CHICKEN BREAST 2oz M/MA 1 oz WG BUN 2oz WG OR CHICKEN ALFREDO W/BREADSTICK 2oz M/MA 2.25oz WG CARROTS/GREEN BEANS ½ C RO, ½ CV FRESH CARROTS ½ CV FRESH APPLE SLICES/JUICE ½ CF APPLE/ORANGE ½ CF PEANUT BUTTER CUP ½oz M/MA CHOCOLATE CHIP COOKIE 1oz WG PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG CHICKEN CAESAR SALAD & ROLL 2oz M/MA, 2oz WG, 1 CGL TURKEY CHEF SALAD & ROLL 2oz M/MA, 1 CV, 2oz WG	STEAK BURGER 2oz M/MA CHEESE SLICE .5oz M/MA BUN 2oz WG OR BREADSTICKS & CHEESE CUP 2oz M/MA 2oz WG PICKLE SCALLOPED POTATOES ¼ C BAKE BEANS ½ C PEACHES ½ C DORITOS 1.5oz WG PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG HAM CHEF SALAD W/ ROLL 2oz M/MA 2oz WG 1.5 CV ITALIAN SUB & SIDE SALAD 2oz M/MA 2oz WG 1 CV	CHICKEN TENDERS 2oz M/MA & 1oz WG OR PHILLY BEEF SANDWICH 2oz M/MA & 2oz WG POTATO SIDE WINDERS ½ CV CARROT COINS ½ CRO FRESH CARROTS ½ CV CINNAMON APPLES ½ CF JUICE/ORANGE/APPLE ½ CF ICE CREAM DINNER ROLL 1oz WG MARG PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz wg TURKEY CHEF SALAD & ROLL 2oz M/MA 2oz WG 1.5 CV

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2021-2022-NORTH ADAMS COMMUNITY SCHOOLS- SEPTEMBER 2021 BELLMONT CAFE SCHOOL GRADES 5 TO 12

MONDAY-SEPT 13	TUESDAY-SEPT 14	WEDNESDAY-SEPT 15	THURSDAY-SEPT 16	FRIDAY-SEPT 17
HOT DOGS 4oz M/MA BUN 2oz WG OR 3oz GRILLED CHICKEN BREAST 2.5oz M/MA BUN 2oz WG MAC & CHEESE 2oz M/MA 2oz NCB BAKED BEANS ½ CL FRESH CARROTS ½ CV DICED PEARS/JUICE ½ CF APPLE/ORANGE ½ CF PICKLE DORITOS 1.5oz WG PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV	CHICKEN TENDERS W/ROLL 2oz M/MA & 2oz WG DIPPING CUP OR CHEESE CUP & BREADSTICKS 2oz M/MA 2oz WG MASH POTATOES ½ CVS CORN ½ CVS FRESH CARROTS ½ CV APPLE/ORANGE/JUICE ½ CF CHILLED PEACHES ½ CF MARG CUP M&M COOKIE 1oz WG PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG HAM CHEF SALAD W/ ROLL 2oz M/MA 2oz WG 1.5 CV TURKEY SUB & SIDE SALAD 2oz M/MA 2oz WG, 1CV	BEEF NACHOS 2oz M/MA OR BURITO BAKE 2oz M/MA 2oz WG REFRIED BEANS ½ CB CARROT COINS ½ CRO FRESH CARROTS ½ CV SALSA ¼ CRO SOUR CREAM PETIT BANANA/JUICE ½ CF FUDGE CREAM COOKIE APPLE/ORANGE ½ CF TORTILLA CHIPS 2oz WG PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG CHICKEN CLUB SALAD & ROLL OR TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV	2 STUFFED BREADSTICKS 2oz M/MA & 2oz WG OR 3 CHEESE CALZONE 2oz M/MA & 2oz WG MARINARA CUP BROCCOLI & CHEESE ½ CGL FRESH CARROTS ½ CV APPLE SLICES/JUICE ½ CF WHOLE FRUIT SLUSHY ½ CF APPLE/ORANGE ½ CF PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG HAM CHEF SALAD W/ ROLL 2oz M/MA 2oz WG 1.5 CV TURKEY SUB & SIDE SALAD 2oz M/MA 2oz WG, 1CV	CHICKEN NUGGETS 2oz M/MA & 1oz WG OR MOZZ STICKS W/ MARINARA 2oz M/MA & 1oz WG POTATO WEDGES ½ CV FRESH CARROTS ½ CV PEAS ½ CV CINNAMON APPLES ½ CF JUICE/APPLE/ORANGE ½ CF ICE CREAM DINNER ROLL W/ MARG 1oz WG PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV

2021-2022-NORTH ADAMS COMMUNITY SCHOOLS- SEPTEMBER 2021 BELLMONT CAFE SCHOOL GRADES 5 TO 12

MONDAY-SEPT 20	TUESDAY-SEPT 21	WEDNESDAY-SEPT 22	THURSDAY-SEPT 23	FRIDAY-SEPT 24
<p>BREADED CHICKEN PATTY SANDWICH PLAIN OR SPICY 2oz M/MA & 1oz WG BUN 2oz WG OR MINI CORNDOGS 2oz M/MA 2oz WG SCALLOP POTATOES ½ CV BAKE BEANS ½ CV FRESH CARROTS ½ CV RAISINS/MIXED FRUIT/JUICE ½ CF APPLE/ORANGE 1//2 CF CHEETOS 1WG</p> <p>PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>	<p>ASIAN ORANGE CHIX & RICE BOWL 2oz M/MA & 2oz WG OR DOUBLE CHEESEBURGER 4oz M/MA & 2oz WG BROCCOLI & CHEESE ½ CGL FRESH CARROTS ½ CV MAND ORANGES/JUICE ½ CF APPLE/ORANGE ½ CF FORTUNE COOKIE SOY SAUCE PKT CHOC CHIP COOKIE 1oz WG</p> <p>PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG CHICKEN RANCH SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV HAM SAND/SIDE SALAD 2oz M/MA 2oz WG, 1CV</p>	<p>MEATBALLS & MARINARA 2oz M/MA HOAGIE BUN 2oz WG OR SPAGHETTI MARINARA 2oz NCB MEATBALLS 2oz M/MA GARLIC TOAST 1oz WG STRING CHEESE 1oz M/MA PEAS/CARROT COINS ½ CV FRESH CARROTS ½ CV APPLESAUCE/JUICE ½ CF APPLE/ORANGE ½ CF QUAKER GRAN BAR .5WG</p> <p>PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV TACO SALAD 2oz M/MA 2oz WG 1.5 CV</p>	<p>BONELESS CHICKEN WINGS 2oz M/MA & 1oz WG OR CAROLINA PORK 2oz M/MA BUN 2oz WG MASH POTATOES/CORN ½ CV FRESH CARROTS ½ CV CHILLED PEARS/JUICE ½ CF APPLE/ORANGE ½ CF 100% FRUIT SLUSHY ½ CF FUNYUNS 1oz WG</p> <p>PIZZA 2oz M/MA 2oz WG YOGURT KIT 2oz M/MA 2oz WG CHICKEN RANCH SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV HAM SAND/SIDE SALAD 2oz M/MA 2oz WG, 1CV</p>	<p>BREADED PORK FRITTER SANDWICH 2oz M/MA & 1oz WG BUN 2oz WG OR CHICKEN FAJITA 2oz M/MA & 2oz WG SALSA ¼ CRO SOUR CREAM GREEN BEANS/CARROT COINS ½ CV FRESH CARROTS ½ CV DICED PEACHES ½ CF ICE CREAM SUNCHIPS 1oz WG</p> <p>PIZZA 2oz M/MA 2oz WG PBKIT 2oz M/MA & 2oz WG TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>

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2021-2022-NORTH ADAMS COMMUNITY SCHOOLS- SEPTEMBER 2021 BELMONT ELEMENTARY

MONDAY-SEPT 27	TUESDAY-SEPT 28	WEDNESDAY-SEPT 29	THURSDAY-SEPT 30	FRIDAY-OCT 1
<p>HAM & CHEESE SANDWICH 2oz M/MA & 2oz WG MASH POTATOES ½ CS CORN ½ CS PEACHES ½ CF JONNY POPS ¼ CF SUNCHIPS 1oz WG</p> <p>PBKIT 2oz M/MA & 2oz WG GRADES 3 TO 4 TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>	<p>MOZZ STICKS 2oz M/MA & 1oz WG MARINARA CUP SCALLOP POTATOES ½ CV BAKED BEANS ½ CV STRAWBERRIES ½ CF BANANA ½ CF CHEETOS 1oz WG</p> <p>YOGURT KIT 2oz M/MA 2oz WG GRADES 3 TO 4 HAM CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV TURKEY SAND/SIDE SALAD 2oz M/MA 2oz WG, 1CV</p>	<p>PASTA BAKE 2oz M/MA 2oz NCB BREADSTICK 1oz WG BROCCOLI & CHEESE ½ CV MIXED VEGGIES ½ CV APPLESAUCE ½ CF BROWNIE</p> <p>PBKIT 2oz M/MA & 2oz WG GRADES 3 TO 4 ITALIAN SALAD & ROLL TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>	<p>CHICKEN SMAKERS 2oz WG 1oz WG GREEN BEANS ½ CV CARROT COINS ½ CV D PEARS ½ CF CHOC CHIP COOKIE 1oz WG</p> <p>YOGURT KIT 2oz M/MA 2oz WG GRADES 3 TO 4 HAM CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV TURKEY SAND/SIDE SALAD 2oz M/MA 2oz WG, 1CV</p>	<p>CHICKEN NACHO BOWL 2oz M/MA SEASONED CHICKEN & SHRD CHEESE W/ SPANISH RICE 2oz WG REFRIED BEANS & CHZ ½ CVL CORN ½ CV SALSA CUP ¼ CRO SOUR CREAM TORTILLA CHIPS 2oz WG FRESH APPLE SLICES ½ CF ICE CREAM CAMEL CUP</p> <p>PBKIT 2oz M/MA & 2oz WG GRADES 3 TO 4 TURKEY CHEF SALAD & ROLL 2oz M/MA, 2oz WG, 1.5 CV</p>

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