

Canton Public School District Menu PreK-8th

Lunch Consist of: 2oz Meat/Meat Alt.,
1/2c Fruit, 1/2c Vegetable, 2oz Bread, 1c Milk

October 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Chicken Fajita w/ Salsa Mexican Corn Seasoned Pinto Beans Fruit Cocktail Fresh Apples Milk Choice
4	5	6	7	8
Baked Corn Dog W K Corn Sweet Potato Fries Pineapple Tidbits Milk Choice	Beef-a-Roni Green Beans Lemon Glazed Carrots Texas Toast Pear Halves w/ Cherry Milk Choice	BBQ Rib Sandwich Mixed Vegetables Baked Fries Mixed Fruit Milk Choice	Cheesy Chicken over Rice Seasoned Squash Lima Beans Whole Grain Roll Fresh Grapes Milk Choice	Hamburger Sandwich Trimming Baked Beans Baked Potato Wedges Fruit Freeze Milk Choice
11	12	13	14	15
	Taco Salad w/ Tortilla Chips Salsa & Sour Cream Tex-Mex Beans Mexican Corn Fresh Pears Milk Choice	BBQ Hawaiian Chicken Scalloped Potatoes English Peas Whole Grain Roll Orange Wedges Milk Choice	Spaghetti & Meatballs Seasoned Green Beans Side Salad Texas Toast Fresh Apples Milk Choice	Ham/Turkey Sandwiches Asst. Chips Mini Blueberry Bites Vegetable Juice Applesauce Pouch Milk Choice
18	19	20	21	22
Chicken Nuggets Broccoli Cheese Rice Casserole Steamed Carrots Whole Grain Roll Tropical Fruit Milk Choice	Chili Pie w/ Corn Chips Shredded Cheese/Sour Cream Raw Veggies w/ Dip Steamed Spinach Pineapple Tidbits Milk Choice	Pizza W K Corn Broccoli Salad Fruit Cocktail Milk Choice	Chicken Fajita w/ Salsa Mexican Corn Seasoned Pinto Beans Diced Peaches Milk Choice	Oven Fried Catfish Macaroni and Cheese Cole Slaw/Hush Puppies Mandarin Oranges Fresh Fruit Choice Milk Choice
25	26	27	28	29
Hamburger Steak w/ Gravy Black-eyed Peas Steamed Rice Whole Grain Roll Fresh Apples Milk Choice	Italian Casserole Lima Beans Steamed Broccoli Texas Toast Orange Wedges Milk Choice	Philly Cheese Steak Hoagie Sandwich Trimming Baked Fries Seasoned Green Beans Fresh Banana Milk Choice	Ranch Baked Chicken Seasoned Greens Potatoes w/ Cheese Cornbread Orange Wedges Milk Choice	Honey BBQ Chicken Chunks Baked Beans Tater Tots Whole Grain Roll Fresh Pears Milk Choice

(THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER)

Menu subject to change