

JM School November 2021

Week 1	Monday, November 1, 2021	Tuesday, November 2, 2021	Wednesday, November 3, 2021	Thursday, November 4, 2021	Friday, November 5, 2021
Monarch Line	Cooks Choice	Chicken Strips- Regular or Hot and Spicy	Taco's in a Bag Or Taco Salad	Quesadilla	Hot Dog on Bun
Pride Line	<p>Food and supply shortages are nationwide, our district is also experiencing unavailable items and last minute substitutions. We will do our best to notify you of these changes.</p> <p>We appreciate your patience and understanding.</p> 	Chicken Strips- Regular or Hot and Spicy	Taco's in a Bag Or Taco Salad	Quesadilla	Chicken Queso Wrap
Hot Sandwich		BBQ Pork On Bun	Hamburger, Cheeseburger or Veggie Burger on Bun	Burrito	Breaded Chicken Sandwich
Pizza Line		Pizza Variety	Pizza Variety	Pizza Variety	Pizza Variety
Cold Sandwich		Ham and Cheese on Croissant Or Wow Butter and Jelly Sandwich	Ham and Cheese on Croissant Or Wow Butter and Jelly Sandwich	Ham and Cheese on Croissant Or Wow Butter and Jelly Sandwich	Ham and Cheese on Croissant Or Wow Butter and Jelly Sandwich
Salad Entrée		Chicken Caesar Salad V102	Chicken Caesar Salad V102	Chicken Caesar Salad V102	Chicken Caesar Salad V102
		Roasted Red Potatoes	Peas	Nachos w/Queso Sauce	Crispy French Fries
		Steamed Carrots	Stir Fry Veggies	Veggie Sticks w/dip	Baked Beans
		Corn	Peach Cup	Green Beans	Coleslaw
			Pasta Salad	Sautéed Veggies	California Blend Veggies
		Salad Bar	Chocolate Chip Cookie	Salad Bar	Baked Fritos
		Salad Bar		Salad Bar	
Week 2	Monday, November 8, 2021	Tuesday, November 9, 2021	Wednesday, November 10, 2021	Thursday, November 11, 2021	Friday, November 12, 2021
Monarch Line	Popcorn Chicken	Steak Hoagie	Chicken-N-Cheese On Croissant		Breaded Baked Pork Chop
Pride Line	Popcorn Chicken	Chicken Nachos	Popcorn Chicken Wrap		Salisbury Steak
Hot Sandwich	Hot Ham and Cheese On Bun	Mini Corn Dog	Ruben		Grilled Cheese Sandwich
Pizza Line	Pizza Variety	Pizza Variety	Pizza Variety		Pizza Variety
Cold Sandwich	Turkey and Cheese on Croissant	Turkey and Cheese on Croissant	Turkey and Cheese on Croissant		Turkey and Cheese on Croissant
Salad Entrée	Buffalo Chicken and Egg Salad	Buffalo Chicken and Egg Salad	Buffalo Chicken and Egg Salad		Buffalo Chicken and Egg Salad
	Mashed Potatoes w/Gravy	Baked Potato	Romaine Tossed Salad		French Fries w/gravy
	Warm Apple Slices w/cinnamon	Baked Beans	Corn		Roasted Cauliflower
	Green Beans	Mixed Cooked Veggies	Sugar Snap Pears		Lima Beans
	Carrots		Mandarin Orange Slices		Salad Bar
		Salad Bar	Apple Crisp		
	Salad Bar		Salad Bar		

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Week3	Monday, November 15, 2021	Tuesday, November 16, 2021	Wednesday, November 17, 2021	Thursday, November 18, 2021	Friday, November 19, 2021
Monarch Line	Baked Potato Bar- Top it Your Way! Taco Meat, Chili, Cheddar cheese, veggies and more!	Taco's in a Bag Or Taco Salad	Chicken and Cheese Wrap	Roasted Turkey	Calzone with Marinara Sauce
Pride Line	Meatball Hoagie	Taco's in a Bag Or Taco Salad	Chicken Parmesan Sandwich	Roasted Turkey	Calzone with Marinara Sauce
Hot Sandwich	Chicken Cordon Blue	Turkey and Cheese	BBQ Pork	Hamburger, Cheeseburger or Veggie Burger on Bun	Breaded Chicken Filet - Regular or Hot and Spicy
Pizza Line	Pizza Variety	Pizza Variety	Pizza Variety	Pizza Variety	Pizza Variety
Cold Sandwich	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie	Deli Boardwalk Hoagie
Salad Entrée	Chicken Pasta Salad V120	Chicken Pasta Salad V121	Chicken Pasta Salad V122	Chicken Pasta Salad V123	Chicken Pasta Salad V124
	French Fries	Pinto Beans	Caesar Salad	Mashed Potatoes w/Gravy	Broccoli w/parmesan Cheese
	Honey Carrot Coins	Peas	Green Beans	Noodles Corn	Sautéed Veggies
	Sugar Snap Peas	Pasta Salad	California Blend	Stuffing	Tomato and Cucumber Salad
	Mixed Fruit Cocktail	Salad Bar	Strawberry Fruit Cup	Pumpkin Dessert	Vanilla Pudding
	Salad Bar		Rice Crispy Treat	Hot Rolls	Salad Bar- Cottage Cheese
			Salad Bar	Salad Bar	
Week 4	Monday, November 22, 2021	Tuesday, November 23, 2021	Wednesday, November 24, 2021	Thursday, November 25, 2021	Friday, November 26, 2021
Monarch Line	Oven Baked Chicken	Chicken Queso Wrap			
Pride Line	Chicken and Noodles	Hot Dog			
Hot Sandwich	Grilled Chicken Sandwich	Hamburger, Cheeseburger or Veggie Burger on Bun			
Pizza Line	Pizza Variety	Pizza Variety			
Cold Sandwich	Buffalo Chicken Roll -up	Chicken Salad on Croissant			
Salad Entrée	Spicy Cauliflower and Egg Salad	Spicy Cauliflower and Egg Salad			
	Mashed Potatoes w/gravy	French Fries			
	Peas Carrots	Baked Beans			
	Hot Rolls	Broccoli and Parmesan Cheese			
	Applesauce				
	Sherbet	Peach Cup	No School	No School	No School
	Salad Bar	Salad Bar			



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Week 5	Monday, November 29, 2021	Tuesday, November 30, 2021	Wednesday, December 1, 2021	Thursday, December 2, 2021	Friday, December 3, 2021
Monarch Line	Sloppy Joes on Bun	Chicken Nuggets Regular or Hot and Spicy Strips	Freshly Baked Pepperoni Rolls w/marinara Sauce	Meatball Hoagie	Lasagna with Meat Sauce
Pride Line	Popcorn Chicken Wrap	Chicken Nuggets Regular or Hot and Spicy Strips	Freshly Baked Pepperoni Rolls w/marinara Sauce	Chicken Nachos	Rosemary Chicken
Hot Sandwich	Ham and Cheese	Chicken Cordon Blue	Turkey and Cheese on Croissant	Breaded Chicken Filet- Regular or Hot and Spicy	Ruben
Pizza Line	Pizza Variety	Pizza Variety	Pizza Variety	Pizza Variety	Pizza Variety
Cold Sandwich	Egg Salad Sandwich	Tuna Salad Sandwich	Egg Salad Sandwich	Tuna Salad Sandwich	Egg Salad Sandwich
Salad Entrée	Santa Fe Fajita Salad V114	Santa Fe Fajita Salad V115	Santa Fe Fajita Salad V116	Santa Fe Fajita Salad V117	Santa Fe Fajita Salad V118
	Smile Fries	Crinkle Cut Fries	Cottage Cheese	Tater Tots	Caesar Salad
	Baked Beans	Kidney Beans	Garlic Steamed Broccoli	Steamed Corn	Green Beans
	Peas	California Blend	Carrots	Lima Beans	Roasted Garlic Cauliflower
	Mixed Fruit	Red Pepper Strips w/dip	Snickerdoodle Cookie	Chilled Pears	Breadstick
	Garbanzo Bean Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Salad Bar				

Students may choose 1 entrée from six different entrée serving lines.
 Each line will offer protein, grains, fruits, and vegetables.
 Full salad bar available with each entrée!

A variety of milk will be offered daily. May select only one milk.
 A 100% 4 oz. fruit juice will be offered daily. Students may select only one juice.
 Juice may count toward the 1/2 c fruit or vegetable component.

The salad bar will contain fresh leafy greens, dark red and orange veggies, as well as a variety of other nutrient rich fresh vegetables. Cooked vegetables will also be offered on the salad bar.



Must Choose at least 3 of 5 different food groups– Including at least a 1/2 c fruit or vegetable

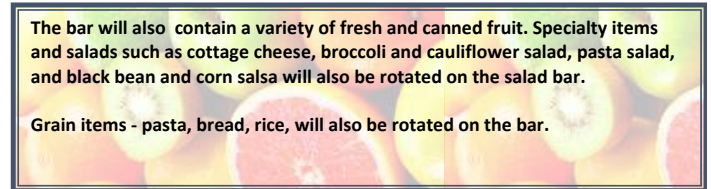
Vegetables
Fruits

Milk

Proteins
Grains

The bar will also contain a variety of fresh and canned fruit. Specialty items and salads such as cottage cheese, broccoli and cauliflower salad, pasta salad, and black bean and corn salsa will also be rotated on the salad bar.

Grain items - pasta, bread, rice, will also be rotated on the bar.



***It is our intent that students may take one serving (1/2 C) of each fruit/vegetable item available on the bar. Additional servings may be taken if they are consumed on the premise. Condiments and salad dressings should be taken in moderation. *** Thanks

Menu Subject to Change

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