Ware Shoals High August 2021 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hotdog with Chili Or PB&J Uncrustable Sandwich Mozzarella Cheese Stick Cheez-It Crackers Both Come With Baked Beans French Fries Fruit Slushy Sliced Peaches Variety Milk	Chicken Sandwich Or Ham And Cheese Sub Both Come With Lettuce And Tomato Cup Sweet Waffle Fries Cheesy Broccoli Fruit Slushy Banana *Variety Milk	Choice of Pepperoni Cheese or Tossed Salad Corn Choice of Dressing Fruit Slushy Fruit Cocktail Or Taco Salad Choice of Fruit or Vegetable *Variety Milk	Country Fried Steak Or Turkey Both Come With A Dinner Roll Deli Roaster Potatoes Chicken Gravy Breaded Okra Grapes Pineapple Tidbits *Variety Milk	6 Chicken Alfredo With Graham Crackers Breadstick Or Turkey and Cheese on Bun Both Come With Tossed Salad Green Beans Choice of Dressing Applesauce Fresh Orange Slices *Variety Milk
9 Chili Cheese Fries With A Dinner Roll French Fries Cucumber Cup with Dip Fruit Slushy Peach Cup *Variety Milk Or Chef Salad With Popcorn Chicken Choice of Fruit or Vegetable *Variety Milk	Buffalo Chicken Bites With A Dinner Roll Or Toasted Cheese Sandwich Both Come With Sweet Potato Fries Breaded Okra Fruit Slushy Pineapple Tidbits *Variety Milk	11 Breaded Mozzarella Cheese Sticks With Goldfish Graham Crackers Marinara Sauce Or Yogurt With Graham Crackers Both Come With Corn Tossed Salad Fruit Slushy Banana Choice of Dressing *Variety Milk	Scrambled Eggs With Sausage Grits With Cheese Toast and Graham Crackers Tri-Taters Tomato Slices Strawberry Cup Variety Juice *Variety Milk Or Taco Salad Choice of Fruit or Vegetable *Variety Milk	Corn Dog Or Turkey And Cheese Sandwich Both Come With Seasoned Curly Fries Baked Beans Apple Mandarin Oranges *Variety Milk
Teriyaki BBQ Chicken Brown Rice Breadstick Or Yogurt With Crackers Both Come With Cheesy Broccoli Cooked Carrots Fruit Slushy Pineapple Tidbits *Variety Milk	17 Cheeseburger Or Ham And Cheese On Bun Both Come With Lettuce And Tomato Cup Lettuce Cup French Fries Cucumber Cup with Dip Fruit Slushy Fresh Orange Slices *Variety Milk	Choice of Pepperoni Cheese or Or Yogurt With Graham Crackers Both Come With Sweet Waffle Fries Tossed Salad Fruit Slushy Banana *Variety Milk	19 Beef and Cheese Nachos Refried Beans With Cheese Sauce Corn Applesauce Peach Cup *Variety Milk Or Chef Salad With Chicken Choice of Fruit or Vegetable *Variety Milk	Popcorn Chicken Or Breaded Beef Nuggets Both Come With Dinner Roll Creamy Mashed Potatoes Gravy Green Beans Apple Mandarin Oranges *Variety Milk
Chicken Nuggets With A Dinner Roll Or Toasted Cheese Sandwich Both Come With Sweet Waffle Fries Breaded Okra Fruit Slushy Fresh Orange Slices *Variety Milk	24 Chili Cheese Fries With A Dinner Roll French Fries Steamed Broccoli Apple Fruit Slushy *Variety Milk Or Chef Salad With Popcorn Chicken Choice of Fruit or Vegetable *Variety Milk	Cheese Bites Marina <i>ra Sauce</i> Or Yogurt With Graham Crackers Both Come With Corn Tossed Salad Choice of Dressing Fruit Slushy Strawberries And Bananas *Variety Milk	Chicken Fajita Goldfish Graham Cracker Or Toasted Cheese Sandwich Both Come With Lettuce And Tomato Onions And Peppers Refried Beans Fruit Cocktail Peach Cup *Variety Milk	BBQ Pulled Pork Hamburger Bun Or Ham And Cheese On Bun Both Come With Seasoned Curly Fries Carrot Cup Apple Strawberry Cup *Variety Milk
30 Chicken Sandwich Or Ham And Cheese Sandwich Both Come With Lettuce And Tomato Cup Sweet Waffle Fries Cheesy Broccoli Fruit Slushy Fresh Orange Slices *Variety Milk	Chicken And Noodles Breadstick Black-Eyed Peas Breaded Okra Fruit Slushy Banana Or Chef Salad With Ham Choice of Fruit or Vegetable Variety Milk	*Variety Milk offered daily 1% White Milk Fat Free Chocolate Milk Fat Free Strawberry	WSSD51 will provide FREE MEALS to all students enrolled in our District utilizing the Seamless Summer Option Program	