

# Ware Shoals High August 2021



Monday	Tuesday	Wednesday	Thursday	Friday
2 Choice of Strawberry Pop Tart Or Cereal Both Come With Cheese Stick Pear Slices **Variety Juice *Variety Milk	3 French Toast Sticks Strawberry Cup Maple Syrup **Variety Juice *Variety Milk	4 Breakfast Sausage Pizza Toast Fresh Orange Slices Grape Jelly **Variety Juice *Variety Milk	5 Cinnamon Roll Choice of Cereal Apple Half **Variety Juice *Variety Milk	6 Gravy Biscuit Tri-Taters Mandarin Oranges Grape Jelly **Variety Juice *Variety Milk
9 Pancakes Maple Syrup Sliced Peaches **Variety Juice *Variety Milk	10 Breakfast Sausage Pizza Toast Banana **Variety Juice *Variety Milk	11 Dutch Waffle Pineapple Tidbits **Variety Juice *Variety Milk	12 Pancake Sausage Sandwich Maple Syrup Fresh Orange Slices **Variety Juice *Variety Milk	13 Chicken Biscuit Fruit Cocktail Graham Crackers **Variety Juice *Variety Milk
16 Donut Holes Or Choice of Cereal <b>Both Come With</b> Applesauce Cup **Variety Juice *Variety Milk	17 Sausage & Egg Biscuit Graham Cracker Mandarin Oranges **Variety Juice *Variety Milk	18 French Toast Sticks Maple Syrup Banana **Variety Juice *Variety Milk	19 Cinnamon Roll Choice of Cereal Pear Halves **Variety Juice *Variety Milk	20 Grits Toast Cheese Sausage Patty Apple Half **Variety Juice *Variety Milk
23 Choice of Muffin Or Choice of Cereal <b>Both Come With</b> Vanilla Graham Crackers Sliced Peaches **Variety Juice *Variety Milk	24 Pancake Sausage Sandwich Maple Syrup Banana **Variety Juice *Variety Milk	25 Honey Bun Pear Halves **Variety Juice *Variety Milk	26 Breakfast Sausage Pizza Toast Applesauce Grape Jelly **Variety Juice *Variety Milk	27 Chicken Biscuit Pineapple Tidbits Graham Crackers **Variety Juice *Variety Milk
30 Choice of Strawberry Pop Tart Or Cereal Both Come With Cheese Stick Pear Slices **Variety Juice *Variety Milk	31 French Toast Sticks Strawberry Cup Maple Syrup **Variety Juice *Variety Milk		*Variety Milk offered daily  1% White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk  	**Variety Juice offered daily  Apple Juice Grape Juice Orange Juice  

This Institution is an equal opportunity provider

Menus are subject to change due to circumstances beyond our control