

Head Start November • Lunch

Monday	Tuesday	Wednesday	Thursday
Mozzarella Sticks & Marinara Cup Cucumber Coins Peaches 1% White Milk 1	Mac & Cheese w/ Roll Broccoli Pears 1% White Milk 2	Beef Meximelt Corn Frozen Fruit Cup 1% White Milk 3	Pepperoni Pizza Olives Applesauce Cup 1% White Milk 4
Cheesy Pull Apart Olives Orange Wedges 1% White Milk 8	Chicken Nuggets & Crackers Corn Apple Slices 1% White Milk 9	Cheeseburger Sliders Cucumber Coins Pears 1% White Milk 10	Veterans Day 11
Bean & Cheese Burrito Broccoli Orange Wedges 1% White Milk 15	Turkey Ham & Cheese Wrap Cucumber Coins Peaches 1% White Milk 16	Cheese Calzone Olives Frozen Fruit Cup 1% White Milk 17	Turkey Gravy & Mashed Potatoes Corn Apple Slices 1% White Milk 18
Thanksgiving Break			
Quesadilla Corn Frozen Fruit Cup 1% White Milk 29	Chicken Nuggets & Crackers Cucumber Coins Apple Slices 1% White Milk 30	Cheeseburger Mac Olives Orange Wedges 1% White Milk 1	Cheese Pizza Broccoli Pears 1% White Milk 2

Head Start November • Breakfast

Monday	Tuesday	Wednesday	Thursday
Turkey Sausage Breakfast Pizza Orange Wedges 1% White Milk	Yogurt & Granola Pears 1% White Milk	Cereal & String Cheese Peaches 1% White Milk	Cinnamon Roll Applesauce Cup 1% White Milk

**MENUS SUBJECT TO CHANGE
TVUSD IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER**