

LOWELL SCHOOL DISTRICT

SEPTEMBER 2021 HIGH SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 2 3				
6 7 8 9 10				
		CORN DOG FRUIT VEGETABLE MILK COOKIE DAY	CHICKEN NUGGETS FRUIT VEGETABLE MILK	SPICY CHICKEN SANDWICH FRUIT VEGETABLE MILK
13 14 15 16 17				
CHEESEBURGER FRUIT VEGETABLE MILK	CHICKEN SANDWICH FRUIT VEGETABLE MILK	CORN DOG FRUIT VEGETABLE MILK COOKIE DAY	CHICKEN NUGGETS FRUIT VEGETABLE MILK	SPICY CHICKEN SANDWICH FRUIT VEGETABLE MILK
20 21 22 23 24				
CHEESEBURGER FRUIT VEGETABLE MILK	CHICKEN SANDWICH FRUIT VEGETABLE MILK	CORN DOG FRUIT VEGETABLE MILK COOKIE DAY	CHICKEN NUGGETS FRUIT VEGETABLE MILK	SPICY CHICKEN SANDWICH FRUIT VEGETABLE MILK
27 28 29 30				
CHEESEBURGER FRUIT VEGETABLE MILK	CHICKEN SANDWICH FRUIT VEGETABLE MILK	CORN DOG FRUIT VEGETABLE MILK COOKIE DAY	CHICKEN NUGGETS FRUIT VEGETABLE MILK	SPICY CHICKEN SANDWICH FRUIT VEGETABLE MILK

ASSORTED BREAKFAST BARS, CEREALS,
FRUIT AND MILK OFFERED DAILY FOR
BREAKFAST.

**PEANUT BUTTER AND JELLY
UNCRUSTABLE AND CHEESESTICK**

TURKEY SUB

GREEN SALAD WITH CHICKEN

PIZZA

AVAILABLE EACH DAY FOR LUNCH

ALL LUNCHES SERVED WITH FRUIT,
VEGETABLE AND MILK VARIETY

BAKED WG CRACKERS OR CHIPS SERVED
WITH EACH LUNCH.

**ALL MEALS SERVED
FREE OF CHARGE
TO IN SCHOOL STUDENTS**

MILK VARIETY AVAILABLE EACH MEAL
1% WHITE MILK
FAT FREE CHOCOLATE

**ALL GRAIN PRODUCTS SERVED
ARE
WHOLE GRAIN RICH.**

WG = WHOLE GRAIN

CONTACT US:

Child Nutrition Services