


# May 2021

Bartow County  
WHS Pre-K Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 <b>Breakfast</b> Omelet with Toast</p> <p><b>Lunch</b> Rotini with Meat Sauce Roasted Carrots Fruit</p>	<p>4 <b>Breakfast</b> Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Chicken Pot Pie with Biscuit Sweet Potato Waffle Fries <b>Fresh Blueberries</b></p> 	<p>5 <b>Breakfast</b> Cheese Toast</p> <p><b>Lunch</b> Pepperoni or Cheese Pizza Corn Fruit</p>	<p>6 <b>Breakfast</b> Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> French Toast &amp; Omelet Tater Tots Fruit</p>	<p>7 <b>Breakfast</b> Sausage Biscuit</p> <p><b>Lunch</b> PBJ Pack* Cucumber Dippers Fruit</p>
<p>10 <b>Breakfast</b> Mini Waffles</p> <p><b>Lunch</b> Crispy Popcorn Chicken French Fries Fruit</p>	<p>11 <b>Breakfast</b> Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Steak Fingers Mashed Potatoes Fruit</p>	<p>12 <b>Breakfast</b> French Toast Sticks</p> <p><b>Lunch</b> Chicken Quesadilla Black Beans Fruit</p>	<p>13 <b>Breakfast</b> French Toast Sticks</p> <p><b>Lunch</b> Pepperoni or Cheese Pizza Green Beans Fruit</p>	<p>14 <b>Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Mac &amp; Cheese Roasted Carrots Fruit</p>

## Honey Bees

Pollinators, like honey bees, are important to the production of the fruits and vegetables we eat every day, such as apples, blueberries, and squash. Without honey bees, our grocery stores would look much different—many shelves would be empty!

### Did you know?

- A honey bee can visit between 50-1,000 flowers in a single trip.
  - An average beehive can hold 50,000 bees.
- Honey bees have sticky bodies that are covered with many hairs that the pollen sticks to.



Monday	Tuesday	Wednesday	Thursday	Friday
17 <b>Breakfast</b> Omelet with Toast  <b>Lunch</b> Rotini with Meat Sauce Roasted Carrots Fruit	18 <b>Breakfast</b> Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> Chicken Pot Pie with Biscuit Sweet Potato Waffle Fries Fruit	19 <b>Breakfast</b> Cheese Toast  <b>Lunch</b> Pepperoni or Cheese Pizza Corn Fruit	20 <b>Breakfast</b> Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> French Toast & Omelet Tater Tots Fruit	21 <b>Breakfast</b> Sausage Biscuit  <b>Lunch</b> PBJ Pack* Cucumber Dippers Fruit



### Available Daily

Fresh, canned, or 100% fruit juice may be served with breakfast daily.

Unflavored skim milk is served with breakfast and lunch daily.

\*Chicken sandwich provided for students with documented peanut allergy

This institution is an equal opportunity provider. Menus are subject to change.



Follow Us!

@bartowcountyschoolnutrition