

NEW CASTLE COUNTY VOCATIONAL TECHNICAL SCHOOL DISTRICT





NOVEMBER

SCHOOL LUNCH

2021



Lunches also include fruit of the day, 100% juice, and choice of 1% fat free chocolate or fat free strawberry milk. All grain items are whole grain rich.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| 1 Meatball Sandwich with Mozzarella Cheese served with: peas seasoned fries | 2 Shrimp Poppers with Cheddar Mac & Cheese served with: carrots malibu blend vegetables | 3 Ravioli with Red Sauce & Cheesy Breadstick served with: roasted three bean salad green beans | 4 Buffalo Chicken Sandwich served with: steak fries california blend vegetables | 5 Texas Toasted Grilled Cheese served with: tomato basil bisque broccoli cauliflower |
| 8 BBQ Rib Sandwich served with: broccoli malibu blend vegetables | 9 Chicken Nuggets with Dinner Roll served with: mashed potatoes with gravy carrots | 10 Cheesy Bread Braids served with: seasoned fries roasted chickpeas | 11 Veterans Day No School  | 12 No School Professional Learning |
| 15 Mozzarella Sticks with Garlic Bread served with: broccoli steamed spinach | 16 Boneless Wings with Dinner Roll served with: seasoned fries green beans | 17 Breaded Chicken Sandwich served with: waffle fries malibu blend vegetables | 18 Roasted Turkey with Stuffing & Biscuit served with: cranberry sauce mashed potatoes with gravy corn & dixie cup | 19 Chicken Cheesesteak served with: carrots au gratin potatoes |
| 22 Chicken Quesadilla served with: california blend vegetables corn | 23 Chicken Tenders with Dinner Roll served with: roasted chickpeas seasoned fries | 24 No School Thanksgiving Break  | 25 No School Thanksgiving Break  | 26 No School Thanksgiving Break  |
| 29 Shrimp Poppers with Cheddar Mac & Cheese served with: carrots malibu blend vegetables | 30 Ravioli with Red Sauce & Cheesy Breadstick served with: roasted three bean salad green beans | | | |

We've Got Your Choices!
CHECK OUT OUR GREAT SELECTION OF SALADS, SANDWICHES, HOAGIES, PROTEIN PACKS, & PARFAITS MADE FRESH FOR YOU. BABY CARROTS AVAILABLE TO CHOOSE ON TUESDAYS & THURSDAYS. MENU SUBJECT TO CHANGE WITHOUT NOTICE.

Meal Prices

| | |
|--------------------------|--------------------------|
| Student No Charge | Student No Charge |
| A la carte \$1.50 | A la carte \$2.25 |
| 2nd \$1.00 | 2nd \$1.75 |
| Adult \$2.75 | Adult \$4.25 |

 Parents can prepay online for school meals

 **NCCVT Nutrition Services**
Serving Up Excellence Every Day

Find out more @ [@votechmealsrock](https://twitter.com/votechmealsrock) www.nccvtns.com

This institution is an equal opportunity provider.