

HIGH SCHOOL LUNCH MENU

Aug/Sep 2021

Meals include Entrée, Fresh Fruit, Fresh Vegetable & Milk -
minimum 1/2 cup fruit/veg required with every lunch meal

<p>Week of Aug 16 & Sep 20</p> <p>Teriyaki Chicken over Fried Rice or Chow Mein</p> <p>Spicy Chicken Tenders with Onion Rings</p>	<p>Week of Sep 6</p> <p>Teriyaki Beef over Fried Rice or Chow Mein</p> <p>Turkey Soft Tacos</p>
<p>Week of Aug 23 & Sep 27</p> <p>BBQ Pulled Pork Sandwich</p> <p>Crispy Chicken Sandwich with French Fries</p>	<p>Week of Sep 13</p> <p>Macaroni & Cheese with Ribs & Aloha Roll</p> <p>Corn Dog with French Fries</p>
<p>Week of Aug 30</p> <p>Mandarin Orange Chicken over Fried Rice or Chow Mein</p> <p>Chicken Drumstick with Garlic Breadstick</p>	<p>Meals will be FREE FOR ALL STUDENTS for the 2021-2022 school year!</p>

MENU SUBJECT TO CHANGE!

This institution is an equal opportunity provider.

HIGH SCHOOL LUNCH MENU—continued

Aug/Sep 2021

Additional lunch items available: (location may vary by school)

- Hamburger
- Cheeseburger
- Western Burger
- Spicy Chicken Sandwich
- Grilled Chicken Sandwich (choice of pepperjack cheese)
- Pizza slice (cheese, pepperoni, Hawaiian, veggie...)
- French Bread Pizza (cheese or pepperoni)
- Cheese Pull-Apart Bread with Marinara dip
- Chicken drumstick with Garlic Breadstick
- Nachos (vegetarian or turkey, beef or pork)
- Taco Salad
- Caesar Salad
- Ranch Chicken Wrap (cold)
- Yogurt Parfait with Crackers
- PB&J Sandwich



Served with Chips, Fresh Fruit, Veggies, & Milk
(minimum 1/2 cup fruit/veg required with every lunch meal)

- ◇ Subway Ham & Cheese on 4" roll—turkey ham 2.55oz OR black forest ham 1.75oz; 0.5oz cheese
- ◇ Subway Turkey on 4" roll —sliced turkey breast 2oz, 0.5oz cheese
- ◇ Subway Veggie on 4" roll — 2oz cheese

Daily Breakfast Menu

Includes Entrée, Fruit, Juice & Milk —**must take fruit or juice!**

Bagel (plain or blueberry) with Cream Cheese

Muffin (Blueberry or Choc Chip)

Banana Chocolate Breakfast Bar

Apple Cinnamon Breakfast Bar

Cereal