

August/September 2021

MIDDLE SCHOOL LUNCH MENU

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
16-Aug	All lunches include fresh fruit, fresh vegetables and milk. A complete lunch must include a minimum 1/2 cup fruit or vegetable.			✓ Pizza slice (Cheese or Pepperoni) Chicken Drumstick w/ Garlic Breadstick	
23-Aug	Teriyaki Beef over Chow Mein ✓ Cheese Pull-Apart Bread w/ Marinara Dip		✓ Bean & Cheese Chiminada	BBQ Pulled Pork Sandwich Chicken Tenders w/ Garlic Breadstick	
30-Aug	Beef & Cheese Taco Stick Crispy Chicken Sandwich		Orange Chicken over Fried Rice	Taco Salad ✓ French Bread Pizza	
6-Sep	Cheeseburger with French Fries Corn Dog with French Fries		Teriyaki Chicken over Fried Rice	✓ Pizza slice (Cheese or Pepperoni) Chicken Drumstick w/ Garlic Breadstick	
13-Sep	Teriyaki Beef over Chow Mein ✓ Cheese Pull-Apart Bread w/ Marinara Dip		✓ Bean & Cheese Chiminada	BBQ Pulled Pork Sandwich Chicken Tenders w/ Garlic Breadstick	
20-Sep	Beef & Cheese Taco Stick Crispy Chicken Sandwich		Orange Chicken over Fried Rice	Taco Salad ✓ French Bread Pizza	
27-Sep	Cheeseburger with French Fries Corn Dog with French Fries		Teriyaki Chicken over Fried Rice	✓ Pizza slice (Cheese or Pepperoni) Chicken Drumstick w/ Garlic Breadstick	

~~NO SCHOOL MONDAY 9/6! HAPPY LABOR DAY~~



Vegetarian

🌾 All our grain items (& breading) are
Whole Grain!! 🌾

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.

August/September 2021

BREAKFAST MENU

Offered daily before school & during Nutrition Break

All breakfasts include entrée plus choice of milk and 2 varieties of fruit.

Week of 8/16, 9/6 and 9/27	Banana Chocolate Breakfast Bar, Chocolate Chip Muffin, Whole Wheat Bagel with Cream Cheese, Cold Cereal
Week of 8/23 and 9/13	Banana Chocolate Breakfast Bar, Apple Mini Bites, Blueberry Muffin, Cold Cereal.
Week of 8/30 and 9/20	Banana Chocolate Breakfast Bar, Apple Oat Bar, Blueberry Bagel with Cream Cheese, Cold Cereal

 All our grain items (& breading) are Whole Grain!! 



DON'T MISS OUT!!
Breakfast and Lunch are FREE for
all students this school year!



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