

**School Meals Are All Provided at NO COST to Families for 2021-2022**

Lincoln Community School



= Local Product (Seasonal veggie options will also be local as much as possible)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Macaroni and Cabot Cheese</b> <b>1</b> Tender Peas Carrot Souffle Fruit Selection Milk 	<b>Nachos Beef or Bean Topping</b> <b>2</b> Cheese Sauce Sour Cream & Salsa Brown Rice Corn Fruit Selection Milk	<b>PIZZA DAY</b> <b>3</b> <b>Cheese, Pepperoni or Veggie Pizza</b> Steamed Broccoli Tossed Salad Fruit Selection Milk	<b>Local Beef Shepherd's Pie</b> <b>4</b> <b>with Mashed Potato</b> or Lentil Shepherd's Pie Garlic Bread Stick Buttery Green Beans Fruit Selection Milk 	<b>NO SCHOOL</b> <b>5</b>
<b>Rotini with Meat Sauce Or Marinara Sauce &amp; Cottage Cheese</b> <b>8</b> Garlic Bread Steamed Broccoli Fruit Selection Milk	<b>Beef or Bean Soft Taco w/ Cheddar Cheese</b> <b>9</b> Shredded Lettuce Salsa Corn Rice Fruit Selection Milk	<b>EARLY RELEASE DAY</b> <b>10</b> <b>Turkey and Cheese Sandwich or Bagel and Cream Cheese w/ Yogurt and Cheese Stick</b> Baby Carrots Fresh Fruit Milk	<b>Crispy Chicken Tenders Or Crispy Tofu Tenders</b> <b>11</b> Brown Rice Pilaf Baked Beans Corn Fruit Selection Milk	<b>Burger Day</b> <b>12</b> <b>Hamburger/Cheeseburger or Black Bean Burger On WW Bun</b> Corn Salad Baked French Fries Fruit Selection Milk
<b>Crunchy Cold Chicken Tender Wrap or Or Hummus and Veggie Wrap On WW Tortilla</b> <b>15</b> Cucumbers and Tomatoes Sweet Potato Fries Fruit Selection Milk	<b>Meatball Subs Or Roasted Veggie Sub On WW Roll</b> W Cheese and Marinara Sauce Roasted Zucchini Chick Pea Salad Fruit Selection Milk	<b>PIZZA DAY</b> <b>17</b> <b>Cheese, Pepperoni or Veggie Pizza</b> Steamed Broccoli Caesar Salad Fruit Selection Milk	<b>Roast Turkey w/ Gravy</b> <b>18</b> Stuffing Mashed Potatoes Peas Dinner Roll Cranberry Sauce Applesauce Milk	<b>Grilled Cheese</b> <b>19</b> <b>Sandwich</b> <b>Tomato Tortellini Soup</b> Roasted Potato Wedges Fruit Selection Milk
<b>NO SCHOOL</b> <b>22</b>	<b>No SCHOOL</b> <b>23</b>	<b>NO SCHOOL</b> <b>24</b>	<b>NO SCHOOL</b> <b>25</b> Happy Thanksgiving	<b>NO SCHOOL</b> <b>26</b>
<b>Cheesy Breadstick With Marinara Sauce</b> <b>29</b> Buttery Green Beans Roasted Chick Peas Fruit Selection Milk	<b>Local Beef Stroganoff Or Mushroom Stroganoff</b> <b>30</b> Over WW Rotini Noodles Corn Roasted Carrots Fruit Selection Milk 	<div style="border: 1px solid black; padding: 5px; background-color: #e0e0f0;"> <b>ALTERNATE MEAL</b>                      Bagel &amp; Cream Cheese                      4oz. Yogurt or Cheese Sticks                      Vegetable of the Day                      Fruit Selection Milk                 </div>		

