

# SEPTEMBER 2021

## HIGH SCHOOL LUNCH MENU



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**6**

**7**  
Taco Bar w/choice of Beef or Chicken  
Garden Salad  
Pinto Beans, Corn  
Choice of Fruit  
Choice of Milk

**8**  
Chicken Tenders  
Macaroni & Cheese  
Garden Salad  
Green Beans  
Choice of Fruit  
WG Cookie  
Choice of Milk

**9**  
BBQ Sandwich  
Garden Salad  
Seasoned Potato Wedges  
Baked Beans  
Choice of Fruit  
Choice of Milk

**10**  
Chicken & Cheese Quesadillas  
Garden Salad  
Roasted Red Potatoes  
Baby Carrots w/ Ranch  
Choice of Fruit  
Choice of Milk

**13**  
Stuffed Crust Dippers w/ Marinara Sauce  
Garden Salad  
Mashed Potatoes  
Green Beans  
Choice of Fruit  
Choice of Milk

**14**  
Nacho's with Chili and Cheese  
Garden Salad  
Pinto Beans, Corn  
Choice of Fruit  
Choice of Milk

**15**  
Orange Chicken  
Brown Rice  
Garden Salad  
Broccoli, Carrots  
Choice of Fruit  
WG Cookie  
Choice of Milk

**16**  
Meatball & Cheese Sub  
Garden Salad  
Tater Tots, Baked Beans  
Choice of Fruit  
Choice of Milk

**17**  
Wing Bar  
WG Roll  
Garden Salad  
Roasted Red Potatoes  
Baby Carrots w/Ranch  
Choice of Fruit  
Choice of Milk

**20**  
Cheese Crunchers w/Marinara Sauce  
Garden Salad  
Broccoli, Carrots  
Choice of Fruit  
Choice of Milk

**21**  
Taco Bar w/choice of Beef or Chicken  
Garden Salad  
Pinto Beans, Corn  
Choice of Fruit  
Choice of Milk

**22**  
Chicken Tenders  
Macaroni & Cheese  
Garden Salad  
Green Beans  
Choice of Fruit  
WG Cookie  
Choice of Milk

**23**  
BBQ Sandwich  
Garden Salad  
Seasoned Potato Wedges  
Baked Beans  
Choice of Fruit  
Choice of Milk

**24**  
Chicken & Cheese Quesadillas  
Garden Salad  
Roasted Red Potatoes  
Baby Carrots w/ Ranch  
Choice of Fruit  
Choice of Milk

**27**  
Stuffed Crust Dippers w/ Marinara Sauce  
Garden Salad  
Mashed Potatoes  
Green Beans  
Choice of Fruit

**28**  
Nacho's with Chili and Cheese  
Garden Salad  
Pinto Beans, Corn  
Choice of Fruit  
Choice of Milk

**29**  
Orange Chicken  
Brown Rice  
Garden Salad  
Broccoli, Carrots  
Choice of Fruit  
WG Cookie  
Choice of Milk

**30**  
Meatball & Cheese Sub  
Garden Salad  
Tater Tots, Baked Beans  
Choice of Fruit  
Choice of Milk



MENUS ARE SUBJECT TO CHANGE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

**Everyday Lunch Options:**  
**Chicken Sandwich (Regular or Spicy),  
Hamburger or Cheeseburger, Popcorn Chicken  
Smart Mouth Pizza, Salad Entrees**