

September 2021

PreK Breakfast Menu

Asheville High School, Asheville Primary School, Hall Fletcher Elementary, Ira B. Jones Elementary, Isaac Dickson Elementary, Lucy S. Herring Elementary

Monday

Did you know?

There are more pop and classic songs with "September" in the title than any other month!

No School
Labor Day
Holiday



Waffles

Milk

Fresh or Chilled
Fruit
Selection

Variety of Breakfast
Bread

Milk

Fresh or Chilled
Fruit
Selection

Waffles

Milk

Fresh or Chilled
Fruit
Selection

Tuesday

French Toast Sticks

Milk

Fresh or Chilled
Fruit
Selection

Pancakes

Milk

Fresh or Chilled
Fruit
Selection

French Toast Sticks

Milk

Fresh or Chilled
Fruit
Selection

Pancakes

Milk

Fresh or Chilled
Fruit
Selection

Wednesday

Creamy Oatmeal

Milk

Spiced Apples

Variety of Muffins

Milk

Fresh or Chilled
Fruit
Selection

Creamy Oatmeal

Milk

Spiced Apples

Variety of Muffins

Milk

Fresh or Chilled
Fruit
Selection

Creamy Oatmeal

Milk

Spiced Apples

Thursday

Chicken Biscuit or
Plain Biscuit

Milk

Fresh or Chilled
Fruit
Selection

Sausage Biscuit or
Plain Biscuit

Milk

Fresh or Chilled
Fruit
Selection

Chicken Biscuit or
Plain Biscuit

Milk

Fresh or Chilled
Fruit
Selection

Sausage Biscuit or
Plain Biscuit

Milk

Fresh or Chilled
Fruit
Selection

Chicken Biscuit or
Plain Biscuit

Milk

Fresh or Chilled
Fruit
Selection

Friday

Cheerios or Rice Chex
Cereal
with Boiled Egg

Milk

Fresh or Chilled
Fruit
Selection

Mini Croissant with
Boiled Egg

Milk

Fresh or Chilled
Fruit
Selection

Cheerios or Rice Chex
Cereal
with Boiled Egg

Milk

Fresh or Chilled
Fruit
Selection

Mini Croissant with
Boiled Egg

Milk

Fresh or Chilled
Fruit
Selection

Additional Menu Items & Information

1% and fat-free
milk offered daily
Fresh & Chilled
Fruits or 100% fruit
juice are offered
daily at meals.

Menus are
subject to
change due to
weather,
product
availability,
calendar
changes and/or
administrative
directives.

This institution is an
equal opportunity
provider.