

September 2021

Middle School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

There are more pop and classic songs with "September" in the title than any other month!

**No School
Labor Day
Holiday**



Hamburger/Cheeseburger
Or Hotdog on Bun
Or Cheese Pizza
Or Pepperoni Pizza
Crinkle Cut Fries
Baked Beans
Chilled Fruit
Seasonal Fresh Fruit
Milk

Crispy Chicken Tenders
Or Fish Nuggets
Or Cheese Pizza
Or Pepperoni Pizza
Creamy Mac & Cheese
Seasoned Collard Greens
Pinto Beans
Chilled Fruit
Seasonal Fresh Fruit
Milk

Crispy Chicken Sandwich
Or Ham & Cheese Sandwich
Or Cheese Pizza
Or Pepperoni Pizza
Tator Tots
Baby Carrots w/Ranch
Chilled Fruit
Seasonal Fresh Fruit
Milk

Nachos w/Tortilla Chips
Or Bean and Cheese Burrito
Or Cheese Pizza
Or Buffalo Chicken Pizza
Refried Beans
Golden Corn
Variety of Chilled Fruit (2)
Milk

Chicken Fajita w/Wrap
Or Bean and Cheese Burrito
Or Cheese Pizza
Or Buffalo Chicken Pizza
Seasoned Black Beans
Golden Corn
Variety of Chilled Fruit (2)
Milk

Cheesy Scrambled Eggs w/Bacon
Or Cheese Pizza
Or Buffalo Chicken Pizza
Southern Style Biscuit
Peppered Gravy
Hash Brown Rounds
100% Veggie Smoothie
Warm Spiced Apples
Chilled Fruit
Milk

Nachos w/Tortilla Chips
Or Bean and Cheese Burrito
Or Cheese Pizza
Or Buffalo Chicken Pizza
Refried Beans
Golden Corn
Variety of Chilled Fruit (2)
Milk

Hamburger Steak w/Gravy
Or BBQ Chicken Sandwich
Or Cheese Pizza
Or Pepperoni Pizza
Roll
Mashed Potatoes
Green Beans
Chilled Fruit
Seasonal Fresh Fruit
Milk

Mini Corndogs
Or Sloppy Joe on Bun
Or Cheese Pizza
Or Pepperoni Pizza
Crinkle Cut Fries
California Blend Veggies
Fruity Gelatin
Seasonal Fresh Fruit
Milk

BBQ Pulled Pork Sandwich
Or Turkey & Cheese Sandwich
Or Cheese Pizza
Or Pepperoni Pizza
Sweet Potato Fries
Green Beans
Fruity Gelatin
Seasonal Fresh Fruit
Milk

Hamburger Steak w/Gravy
Or BBQ Chicken Sandwich
Or Cheese Pizza
Or Pepperoni Pizza
Roll
Mashed Potatoes
Green Beans
Chilled Fruit
Seasonal Fresh Fruit
Milk

Mini Corndogs
Or Sloppy Joe on Bun
Or Cheese Pizza
Or Pepperoni Pizza
Crinkle Cut Fries
California Blend Veggies
Fruity Gelatin
Seasonal Fresh Fruit
Milk

Mandarin Chicken
Or Teriyaki Beef
Or Cheese Pizza
Or Meateaters Pizza
Or Yogurt & Cheese Stick
Asian Fried Rice
Sweet Green Peas
Ginger Glazed Carrot
Variety of Chilled Fruit (2)
Milk

Chicken Alfredo
Or Yogurt & Cheese Stick
Or Cheese Pizza
Or Meateaters Pizza
Garlic Breadstick
Caesar Salad
Carrot Coins
Variety of Chilled Fruit (2)
Milk

Spaghetti w/Meat Sauce
Or Yogurt & Cheese Stick
Or Cheese Pizza
Or Meateaters Pizza
Garlic Breadstick
Roasted Broccoli Parmesan
Baby Carrots w/Ranch
Variety of Chilled Fruit (2)
Milk

Mandarin Chicken
Or Teriyaki Beef
Or Cheese Pizza
Or Meateaters Pizza
Or Yogurt & Cheese Stick
Asian Fried Rice
Sweet Green Peas
Ginger Glazed Carrot
Variety of Chilled Fruit (2)
Milk

Chicken Alfredo
Or Yogurt & Cheese Stick
Or Cheese Pizza
Or Meateaters Pizza
Garlic Breadstick
Caesar Salad
Carrot Coins
Variety of Chilled Fruit (2)
Milk

Meatball Sub
Or Southwest Salad
Or Cheese Pizza
Or Pepperoni Pizza
Crinkle Cut Fries
Crisp Romaine Salad
Chilled Fruit
Seasonal Fresh Fruit
Milk

Beef and Macaroni
Or Southwest Salad
Or Cheese Pizza
Or Pepperoni Pizza
Golden Corn
Crisp Romaine Salad
Chilled Fruit
Seasonal Fresh Fruit
Milk

Spicy Crispy Chicken Sandwich
Or Southwest Salad
Or Cheese Pizza
Or Pepperoni Pizza
Tator Tots
Crisp Romaine Salad
Chilled Fruit
Seasonal Fresh Fruit
Milk

Early Release
Bagged Lunch

Additional Menu
Items &
Information
1% and fat-free
milk offered daily
Fresh & Chilled
Fruits or 100% fruit
juice are offered
daily at meals.

Menus are
subject to
change due to
weather,
product
availability,
calendar
changes and/or
administrative
directives.

This institution is an
equal opportunity
provider.