

# September 2021

## K-12 Breakfast Menu

Monday

*Did you know?*

There are more pop and classic songs with "September" in the title than any other month!

No School  
Labor Day  
Holiday



Waffles, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Variety of Breakfast  
Breads, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Waffles, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Tuesday

French Toast Sticks, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

Pancake Sausage Stick,  
IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

French Toast Sticks, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

Pancake Sausage Stick,  
IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

Wednesday

Oatmeal Bun, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Variety of Muffins, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Oatmeal Bun, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Variety of Muffins, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Oatmeal Bun, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Thursday

Chicken Biscuit  
or Plain Biscuit  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

Sausage Biscuit  
or Plain Biscuit  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

Chicken Biscuit  
or Plain Biscuit  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit Juice  
Fresh Fruit  
Milk

Sausage Biscuit  
or Plain Biscuit  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

Chicken Biscuit  
or Plain Biscuit  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Fresh Fruit  
Milk

Friday

Dunkin Sticks, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Mini Croissant  
with Boiled Egg  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Dunkin Sticks, IW  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Mini Croissant  
with Boiled Egg  
Or  
Variety of Dry Cereals  
Variety of 100% Fruit  
Juice  
Chilled Fruit  
Milk

Additional Menu  
Items &  
Information  
1% and fat-free  
milk offered daily  
Fresh & Chilled  
Fruits or 100% fruit  
juice are offered  
daily at meals.

Menus are  
subject to  
change due to  
weather,  
product  
availability,  
calendar  
changes and/or  
administrative  
directives.

This institution is an  
equal opportunity  
provider.