

# September 2021

## K-5 Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

*Did you know?*

There are more pop and classic songs with "September" in the title than any other month!

**No School  
Labor Day  
Holiday**



Hamburger/Cheeseburger  
Or Hotdog on Bun  
Crinkle Cut Fries  
Baked Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Crispy Chicken Tenders  
Or Fish Nuggets  
Creamy Mac & Cheese  
Seasoned Collard Greens  
Pinto Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Crispy Chicken Sandwich  
Or Ham & Cheese  
Sandwich  
Tator Tots  
Baby Carrots w/Ranch  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Nachos w/Tortilla Chips  
Or Bean and Cheese Burrito  
Refried Beans  
Golden Corn  
Variety of Chilled Fruit (2)  
Milk

Chicken Fajita w/Wrap  
Or Bean and Cheese Burrito  
Seasoned Black Beans  
Golden Corn  
Variety of Chilled Fruit (2)  
Milk

Cheesy Scrambled Eggs  
w/Bacon  
Southern Style Biscuit  
Peppered Gravy Hash  
Brown Rounds  
100% Veggie Smoothie  
Warm Spiced Apples  
Chilled Fruit  
Milk

Nachos w/Tortilla Chips  
Or Bean and Cheese  
Burrito Refried Beans  
Golden Corn  
Variety of Chilled Fruit (2)  
Milk

Hamburger Steak w/Gravy  
Or BBQ Chicken Sandwich  
Roll  
Mashed Potatoes  
Green Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Mini Corndogs  
Or Sloppy Joe on Bun  
Crinkle Cut Fries  
California Blend Veggies  
Fruity Gelatin  
Seasonal Fresh Fruit  
Milk

BBQ Pulled Pork Sandwich  
Or Turkey & Cheese  
Sandwich  
Sweet Potato Fries  
Green Beans  
Fruity Gelatin  
Seasonal Fresh Fruit  
Milk

Hamburger Steak w/Gravy  
Or BBQ Chicken Sandwich  
Roll  
Mashed Potatoes  
Green Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Mini Corndogs  
Or Sloppy Joe on Bun  
Crinkle Cut Fries  
California Blend Veggies  
Fruity Gelatin  
Seasonal Fresh Fruit  
Milk

Mandarin Chicken  
Or Teriyaki Beef  
Asian Fried Rice  
Sweet Green Peas  
Ginger Glazed Carrot  
Variety of Chilled Fruit (2)  
Milk

Chicken Alfredo  
Or Yogurt & Cheese Stick  
Garlic Breadstick  
Caesar Salad  
Carrot Coins  
Variety of Chilled Fruit (2)  
Milk

Spaghetti w/Meat Sauce  
Or Yogurt & Cheese Stick  
Garlic Breadstick  
Roasted Broccoli Parmesan  
Baby Carrots w/Ranch  
Variety of Chilled Fruit (2)  
Milk

Mandarin Chicken  
Or Teriyaki Beef  
Asian Fried Rice  
Sweet Green Peas  
Ginger Glazed Carrot  
Variety of Chilled Fruit (2)  
Milk

Chicken Alfredo  
Or Yogurt & Cheese Stick  
Garlic Breadstick  
Caesar Salad  
Carrot Coins  
Variety of Chilled Fruit (2)  
Milk

Cheese or Pepperoni Pizza  
Or Southwest Salad  
Golden Corn  
Crisp Romaine Salad  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Cheese or Pepperoni Pizza  
Or Southwest Salad  
Golden Corn Crisp  
Romaine Salad  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Cheese or Pepperoni Pizza  
Or Southwest Salad  
Golden Corn Crisp  
Romaine Salad Chilled  
Fruit Seasonal Fresh Fruit  
Milk

**Early Release**  
Bagged  
Lunch

Additional Menu  
Items &  
Information  
1% and fat-free  
milk offered daily  
Fresh & Chilled  
Fruits or 100% fruit  
juice are offered  
daily at meals.

Menus are  
subject to  
change due to  
weather,  
product  
availability,  
calendar  
changes and/or  
administrative  
directives.

This institution is an  
equal opportunity  
provider.