

# September 2021

# High School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

*Did you know?*

There are more pop and classic songs with "September" in the title than any other month!

**No School  
Labor Day  
Holiday**



Hamburger/Cheeseburger  
Or Hotdog on Bun  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Chef Salad  
Crinkle Cut Fries  
Baked Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Crispy Chicken Tenders  
Or Fish Nuggets  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Chef Salad  
Creamy Mac & Cheese  
Seasoned Collard Greens  
Pinto Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Crispy Chicken Sandwich  
Or Ham & Cheese Sandwich  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Chef Salad  
Tator Tots  
Baby Carrots w/Ranch  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Nachos w/Tortilla Chips  
Or Bean and Cheese Burrito  
Or Cheese Pizza  
Or Buffalo Chicken Pizza  
Or Southwest Salad  
Refried Beans  
Golden Corn  
Variety of Chilled Fruit (2)  
Milk

Chicken Fajita w/Wrap  
Or Bean and Cheese Burrito  
Or Cheese Pizza  
Or Buffalo Chicken Pizza  
Or Southwest Salad  
Seasoned Black Beans  
Golden Corn  
Variety of Chilled Fruit (2)  
Milk

Cheesy Scrambled Eggs w/Bacon  
Or Cheese Pizza  
Or Buffalo Chicken Pizza  
Or Southwest Salad  
Southern Style Biscuit  
Peppered Gravy  
Hash Brown Rounds  
100% Veggie Smoothie  
Warm Spiced Apples  
Chilled Fruit  
Milk

Nachos w/Tortilla Chips  
Or Bean and Cheese Burrito  
Or Cheese Pizza  
Or Buffalo Chicken Pizza  
Or Southwest Salad  
Refried Beans  
Golden Corn  
Variety of Chilled Fruit (2)  
Milk

Hamburger Steak w/Gravy  
Or BBQ Chicken Sandwich  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Chicken Salad  
Roll  
Mashed Potatoes  
Green Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Mini Corndogs  
Or Sloppy Joe on Bun  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Yogurt & Cheese Plate  
Crinkle Cut Fries  
California Blend Veggies  
Fruity Gelatin  
Seasonal Fresh Fruit  
Milk

BBQ Pulled Pork Sandwich  
Or Turkey & Cheese Sandwich  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Yogurt & Cheese Plate  
Sweet Potato Fries  
Green Beans  
Fruity Gelatin  
Seasonal Fresh Fruit  
Milk

Hamburger Steak w/Gravy  
Or BBQ Chicken Sandwich  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Chicken Salad  
Roll  
Mashed Potatoes  
Green Beans  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Mini Corndogs  
Or Sloppy Joe on Bun  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Yogurt & Cheese Plate  
Crinkle Cut Fries  
California Blend Veggies  
Fruity Gelatin  
Seasonal Fresh Fruit  
Milk

Mandarin Chicken  
Or Teriyaki Beef  
Or Cheese Pizza  
Or Meateaters Pizza  
Or Yogurt & Cheese Plate  
Asian Fried Rice  
Sweet Green Peas  
Ginger Glazed Carrot  
Variety of Chilled Fruit (2)  
Milk

Chicken Alfredo  
Or Broccoli & Cheese Loaded Potato  
Or Cheese Pizza  
Or Meateaters Pizza  
Or Chicken Salad  
Garlic Breadstick  
Caesar Salad  
Carrot Coins  
Variety of Chilled Fruit (2)  
Milk

Spaghetti w/Meat Sauce  
Or Broccoli & Cheese Loaded Potato  
Or Cheese Pizza  
Or Meateaters Pizza  
Or Chicken Salad  
Garlic Breadstick  
Roasted Broccoli Parmesan  
Baby Carrots w/Ranch  
Variety of Chilled Fruit (2)  
Milk

Mandarin Chicken  
Or Teriyaki Beef  
Or Cheese Pizza  
Or Meateaters Pizza  
Or Yogurt & Cheese Plate  
Asian Fried Rice  
Sweet Green Peas  
Ginger Glazed Carrot  
Variety of Chilled Fruit (2)  
Milk

Chicken Alfredo  
Or Broccoli & Cheese Loaded Potato  
Or Cheese Pizza  
Or Meateaters Pizza  
Or Chicken Salad  
Garlic Breadstick  
Caesar Salad  
Carrot Coins  
Variety of Chilled Fruit (2)  
Milk

Meatball Sub  
Or Crispy Chicken Tenders  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Southwest Salad  
Crinkle Cut Fries  
Crisp Romaine Salad  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Beef and Macaroni  
Or Crispy Chicken Tenders  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Southwest Salad  
Golden Corn  
Crisp Romaine Salad  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

Spicy Crispy Chicken Sandwich  
Or Ham & Cheese on Bun  
Or Cheese Pizza  
Or Pepperoni Pizza  
Or Southwest Salad  
Tator Tots  
Crisp Romaine Salad  
Chilled Fruit  
Seasonal Fresh Fruit  
Milk

**Early Release**

**Bagged  
Lunch**

Additional Menu  
Items &  
Information  
1% and fat-free  
milk offered daily  
Fresh & Chilled  
Fruits or 100% fruit  
juice are offered  
daily at meals.

Menus are  
subject to  
change due to  
weather,  
product  
availability,  
calendar  
changes and/or  
administrative  
directives.

This institution is an  
equal opportunity  
provider.