



LaFAYETTE HIGH SCHOOL

NOVEMBER 29 – December 3, 2021



WEEK 1

	Monday 29 th	Tuesday 30 th	Wednesday 12-1	Thursday 12-2	Friday 12-3
Line 2	Sweet & Sour Chicken on Rice w/ Roll OR Fish On WG Bun w/ Cheese & Tatar Sauce OR Pizza Carrots w/ Dip Green Beans Applesauce Frozen Fruit Milk Choice	TACO TUESDAY Taco w/ Crispy Chips & Cheese Cup & Sour Cream Salsa Lettuce & Diced Tomatoes Refried Beans Corn Apricots Fresh Fruit Milk Choice	Chicken Nuggets w/ Roll OR BBQ Pork w/ Roll OR Pizza Green Peas Creamed Potatoes Mixed Fruit Fresh Fruit Milk Choice	Baked Lasagna w/ Roll OR Cheeseburger on WG Bun w/ Chips w/ Lettuce, Tomato & Onions Broccoli w/ Cheese Steamed Carrots Strawberries Fresh Fruit Peach Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato OR Ham & Cheese on WG Bun Lettuce & Tomato OR Corndog WG Chips Carrots w/ Dip Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice
Line 4	Sweet & Sour Chicken on Rice w/ Roll OR Fish On WG Bun w/ Cheese & Tatar Sauce OR Pizza Carrots w/ Dip Green Beans Applesauce Frozen Fruit Milk Choice	Pizza OR Cheeseburger on WG Bun Lettuce, Tomato & Onions Baked Sweet Potatoes Fries Corn Apricots Fresh Fruit Milk Choice	Chicken Nuggets w/ Roll OR BBQ Pork w/ Roll OR Pizza Green Peas Creamed Potatoes Mixed Fruit Fresh Fruit Milk Choice	Chef Salad w/Turkey & Cheese Cup Saltines Crackers & Croutons w/ Dressing OR Cheeseburger on WG Bun w/ Chips Lettuce, Tomato & Onion Broccoli w/ Cheese Steamed Carrots Strawberries Fresh Fruit Peach Crisp Milk Choice	Chicken on WG Bun Lettuce & Tomato Or Ham & Cheese on WG Bun Lettuce & Tomato OR Corndog WG Chips Carrots w/ Dip Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00 or Switch Juice Drink for \$1.50.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$1.00

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



**EVERY STUDENT'S TRAY MUST AT LEAST
1/2 CUP FRUIT OR VEGGIE ON IT**



NEW

Have you submitted your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to www.myschoolapps.com



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org

*** We have changed our homemade rolls from whole grain to enriched white.

ALL WC STUDENTS EAT FREE AT BREAKFAST & LUNCH.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.