






# LaFAYETTE HIGH SCHOOL

## November 15 - 19, 2021

### WEEK 3



	Monday 15 <sup>th</sup>	Tuesday 16 <sup>th</sup>	Wednesday 17 <sup>th</sup>	Thursday 18 <sup>th</sup>	Friday 19 <sup>th</sup>
<b>Line 2</b>	Chicken Pot Pie w/ Roll <b>OR</b> Chicken Quesadilla w/ Sour Cream, Salsa & Saltine Crackers <b>OR</b> Hot Ham & Cheese on WG Bun w/ WG Chips Corn Steamed Carrots Applesauce Frozen Fruit Milk Choice	Chicken Nuggets w/ Roll <b>OR</b> Pork Sliced w/ Gravy w/ Roll <b>OR</b> Pizza Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice	Hotdog on WG Bun w/ Chili <b>OR</b> Nacho & Cheese w/ Chili, Salsa & Sour Cream Cole Slaw Fries Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Strawberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & Roll <b>OR</b> Turkey & Cheese on WG Bun <b>OR</b> Pizza <b>OR</b> Chef Salad w/ Ham & Cheese & Saltines Crackers/CROUTONS w/ Dressing Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice	Taco Soup w/ Cheese Cup & Tortilla Chips & Cheesy Bread Stix & Sour Cream Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Pears Fresh Fruit Milk Choice
<b>Line 4</b>	Chicken Pot Pie w/ Roll <b>OR</b> Chicken Quesadilla w/ Sour Cream, Salsa & Saltine Crackers <b>OR</b> Hot Ham & Cheese on WG Bun w/ WG Chips Corn Steamed Carrots Applesauce Frozen Fruit Milk Choice	Chicken Nuggets w/ Roll <b>OR</b> Pork Sliced w/ Gravy w/ Roll <b>OR</b> Pizza Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice	Baked Potato Bar w/ BBQ Pork & Cheese Cup, Sour Cream & Saltine Crackers & Croutons <b>OR</b> Pizza Cole Slaw Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Strawberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & Roll <b>OR</b> Turkey & Cheese on WG Bun <b>OR</b> Pizza <b>OR</b> Chef Salad w/ Ham & Cheese & Saltines Crackers/CROUTONS w/ Dressing Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice	Cheeseburger on WG Bun Lettuce & Tomato & Onion <b>OR</b> Corndog Sweet Potato Fries Veggie Dippers w/ Ranch Dressing Pears Fresh Fruit Milk Choice
 <p><b>THANKSGIVING BREAK</b>  <b>NO SCHOOL</b>  <b>November 22<sup>nd</sup> – 26<sup>th</sup></b></p>  					

**MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD. This institution is an equal opportunity provider. Students must have a lunch from home or school to be eligible to purchase the following items:**

**Every day:** 20 oz. Bottle Water for \$1.00 or Switch Juice Drink for \$1.50.

**Thursdays :** Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$1.00

**Fridays:** WG Choc Chip Cookie (1.85 oz.) for \$.75.

**NO CHARGING** will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines.

**EVERY STUDENT'S LUNCH TRAY MUST HAVE ½ CUP FRUIT OR VEGGIE ON IT.**

**ALL WC STUDENTS EAT LUNCH AND BREAKFAST FREE.**



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