

# Walker County Schools



## Middle School Lunch Menu 2021 -2022

Monday	Tuesday	Wednesday	Thursday	Friday
Sweet & Sour Chicken on Rice w/ Roll <b>OR</b> Fish on WG Bun w/ Cheese & Tartar Sauce Carrots w/ Dip Green Beans Applesauce Frozen Fruit Milk Choice 1	<b>TACO TUESDAY</b> Cheeseburger on WG Bun w/ Lettuce, Tomato & Onion WG Chips <b>OR</b> Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Salsa Apricots Fresh Fruit Milk Choice 2	Chicken Nuggets <b>OR</b> BBQ Pork Roll Green Peas Creamy Potatoes Mixed Fruit Fresh Fruit Milk Choice 3	Ham & Cheese on WG Bun WG Chips <b>OR</b> Baked Lasagna w/ Roll Broccoli w/ Cheese Steamed Carrots Strawberries Fresh Fruit Milk Choice Peach Crisp 4	Chicken on WG Bun w/ WG Chips <b>OR</b> Pizza Veggie Dippers w/ Dip Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice 5
Chicken Nuggets w/ Roll <b>OR</b> Pizza Creamy Potatoes Steamed Carrots Applesauce Frozen Fruit Milk Choice 8	Walking Taco w/ Sour Cream <b>OR</b> Cheesy Bread w/ Marinna Sauce Refried Beans Salsa Toss Salad w/ Dressing Apricots Fresh Fruit Milk Choice 9	Chicken on WG Bun <b>OR</b> Cheeseburger on WG Bun WG Chips Veggies w/ Ranch Dressing Sweet Potato Fries Peaches Fresh Fruit Milk Choice 10	Turkey & Dressing w/ Gravy <b>OR</b> Sliced Ham Roll Sweet Potatoes Green Beans Cranberry Sauce Spiced Apples Fresh Fruit Milk Choice Ice Cream 11	BBQ on WG Bun w/ WG Chips <b>OR</b> Fish Sticks/Hushpuppies w/ Tartar Sauce Corn Baked Beans Mixed Fruit Fresh Fruit Milk Choice 12
Pizza <b>OR</b> Chicken & Cheese Quesadilla w/ Sour Cream Corn Steamed Carrots Applesauce Frozen Fruit Milk Choice 15	Chicken Nuggets <b>OR</b> Sliced Pork w/ Gravy Roll Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice 16	Hotdog w/ Chili <b>OR</b> Nacho Chips w/Chili, Sour Cream & Salsa Cole Slaw Fries Refried Beans w/ Cheese Strawberries Fresh Fruit Milk Choice 17	Spaghetti w/ Meat Sauce w/ Roll <b>OR</b> Turkey & Cheese on WG Bun Corn Green Beans Toss Salad w/ Dressing Choice Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice 18	Cheeseburger on WG Bun Lettuce, Tomato & Onion <b>OR</b> Corn Dog Sweet Potato Fries Veggie Dippers w/ Dip Pears Fresh Fruit Milk Choice 19
				
<b>THANKSGIVING BREAK November 22<sup>nd</sup> – 26<sup>th</sup></b>				
Sweet & Sour Chicken on Rice w/ Roll <b>OR</b> Fish On WG Bun w/ Cheese & Tartar Sauce Carrots w/ Dip Green Beans Applesauce Frozen Fruit Milk Choice 29	<b>TACO TUESDAY</b> Cheeseburger on WG Bun w/ Lettuce, Tomato & Onion WG Chips <b>OR</b> Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Salsa Apricots Fresh Fruit Milk Choice 30	 <b>What's on MyPlate?</b> Your plate must have at least 1/2 cup fruit or veggie on it	 <b>School Payments Made Easy</b> from your computer or smartphone at <a href="http://walkerschools.org">walkerschools.org</a>	 Have you filled out your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to <a href="http://www.myschoolapps.com">www.myschoolapps.com</a>

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**Students must have a lunch from home or school to be eligible to purchase the following items:**  
**12 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.**  
**NO CHARGING will be allowed for these items or any extra food sales.**  
**Students must follow the WC School Nutrition guidelines.**