





# West Irondequoit Schools September 2020

## Remote Learning Menu

| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
|   |                               |                                  |              |                                   |
|   |                               |                                  |              |                                   |
| Chicken Smackers w/Roll<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 14                  | Assorted Sub w/Cheese<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 15 | Tuna & Cheese Sandwich<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 16   | Pizza<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 10 | Turkey & Cheese Wrap<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 11        |
| Cheeseburger (Beef)<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 21                      | Bologna Sandwich<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 22      | Turkey & Cheese Sandwich<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 23 | Pizza<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 24 | Roast Beef & Cheese<br>Sandwich<br>Or<br>PB&J Sandwich<br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 25 |
| French Toast Sticks w/ Pork<br>Sausage Links<br>Or<br>PB&J Sandwich<br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 28 | Turkey & Cheese Wrap<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 29  | Assorted Sub<br>Or<br>PB&J Sandwich<br><br>Whole Grain Snack<br>Fruit or Veggie of the Day<br>Milk 30             |            |                                 |

Remote meals will be available for all students K-12, on any day when they are learning from home.

Breakfast every day will include Milk, Fruit or Juice, and one of the following:

Cereal & Whole Grain Snack

or

Bagel w/ Cream Cheese

or

Another Whole Grain Breakfast Item

- Please stay 6 feet apart from others!
- Please wash and sanitize your hands!
- No change given at the cash register!
- Do not share food or drink!

Student Breakfast \$1.80

Student lunch \$2.95

**Meal Pickup Hours are 10:30AM-12:30PM at Door #5 (Pool Door) behind Irondequoit High School, where you can pick up Breakfast and/or lunch each day.**

Lunch \$2.95 Breakfast \$1.80. Student milk \$0.50 Milk choice: 1% white or fat free chocolate & skim. Now you can pay for your meals on-line. Visit our website: [www.westirondequoit.org](http://www.westirondequoit.org). Once there, click on "Food Services." There you will find a link for MySchoolBucks. Menu is subject to change without notice. This institution is an equal opportunity provider and employer.

Looking for part-time employment while your children are in school? Call the Nutritional offices at 336-2953 and ask for Betsy!!

