

# OCTOBER - NOVEMBER 2019

## WPUUSD ELEMENTARY MENU

BREAKFAST \$1.75 OR  
 \$.30 REDUCED  
 LUNCH \$3.00 OR  
 \$.40 REDUCED


(V) - VEGETARIAN  
 MENUS ARE SUBJECT TO CHANGE  
 WITHOUT NOTICE USDA IS AN EQUAL  
 OPPORTUNITY EMPLOYER

LUNCH MEALS OFFER A CHOICE OF:  
 1% MILK OR FAT FREE MILK &  
 A VARIETY OF FRUIT AND VEGETABLE OPTIONS


DAILY  
 BREAKFAST

MON	TUE	WED	THU	FRI
BAGEL + CREAM CHEESE (V)	FRENCH TOAST (V)	CROISSANT BREAKFAST SANDWICH	CHEESE, EGG SLIDERS	HAND DIPPED DONUT (V)
YOGURT PARFAITS, MUFFINS & ASSORTED CEREAL WITH STRING CHEESE OFFERED DAILY BREAKFAST OPTIONS INCLUDE A VARIETY OF FRUIT, 100% JUICE & CHOICE OF WHITE FAT FREE OR 1% MILK CHOCOLATE MILK OFFERED ON FRIDAYS WHEN AVAILABLE				

OCTOBER  
 7TH - 11TH

 NO SCHOOL	CHICKEN TENDERS + ROLL + TATER TOTS	PEPPERONI OR CHEESE (V) PIZZA	CHEESE BURGER + FRIES	ORANGE CHICKEN + BROWN RICE
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OCTOBER  
 14TH - 18TH

 NO SCHOOL	<b>BREAKFAST 4                  LUNCH</b> WAFFLES + SAUSAGE	PEPPERONI OR CHEESE (V) PIZZA	<b>CALIFORNIA THURSDAY</b> BEAN & CHEESE BURRITO (V)	CHICKEN ALFREDO + GARLIC BREAD
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OCTOBER  
 21ST - 25TH

CHEESY BREAD STICKS (V) + CORN	FRIED CHICKEN + CORN BREAD + TATER TOTS	PEPPERONI OR CHEESE (V) PIZZA	CHICKEN BURGER + FRIES	TERIYAKI CHICKEN + BROWN RICE + EDAMAME
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OCT 28TH -  
 NOV 1ST

MINI CORN DOGS + BBQ BEANS	BONELESS CHICKEN WINGS + POPCORN + TOTS	PEPPERONI OR CHEESE (V) PIZZA	<b>CALIFORNIA THURSDAY</b> SPAGHETTI & MEATBALLS + FRESH BAKED COOKIE	CHEF'S CHOICE
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NEWS!

THE WPUUSD FOOD SERVICE DEPARTMENT RECEIVED  
 ANOTHER GRANT FROM RALEY'S!  
 WE WILL CONTINUE OUR LOCAL PRODUCE TASTINGS AND NUTRITION  
 EDUCATION SESSIONS FOR THE 2019-2020 SCHOOL YEAR.  
 OCTOBER TASTINGS WILL BE EDAMAME!

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A VARIETY OF FRUIT AND VEGETABLE OPTIONS

DAILY  
BREAKFAST

MON	TUE	WED	THU	FRI
BANANA BREAD (V)	FRENCH TOAST (V)	BAGEL BREAKFAST SANDWICH	BREAKFAST PIZZA	CINNAMON ROLLS (V)

YOGURT PARFAITS, MUFFINS & ASSORTED CEREAL  
WITH STRING CHEESE OFFERED DAILY


BREAKFAST OPTIONS INCLUDE A VARIETY OF FRUIT, 100% JUICE  
& CHOICE OF WHITE FAT FREE OR 1% MILK

CHOCOLATE MILK OFFERED ON FRIDAYS WHEN AVAILABLE

NOVEMBER  
4TH - 8TH

TACO BOAT + BLACK BEANS (V) AVAILABLE	CHICKEN TENDERS + ROLL + TATER TOTS	PEPPERONI OR CHEESE (V) PIZZA	CHEESE BURGER + FRIES	ORANGE CHICKEN + BROWN RICE
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NOVEMBER  
11TH - 15TH

 NO SCHOOL	<b>BREAKFAST 4 LUNCH</b> PANCAKES + SAUSAGE	PEPPERONI OR CHEESE (V) PIZZA	<b>CALIFORNIA THURSDAY</b> CHEESY NACHOS + BEANS (V) AVAILABLE	TURKEY DINNER, MASHED POTATOES, FRESH BAKED COOKIE
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NOVEMBER  
18TH - 22ND

MACARONI & CHEESE (V) + ANIMAL CRACKER	FRIED CHICKEN + CORN BREAD + TATER TOTS	PEPPERONI OR CHEESE (V) PIZZA	CHICKEN BURGER + FRIES	HOT DOG + BBQ BEANS
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NOVEMBER  
25TH - 29TH

NO SCHOOL  
HAPPY THANKSGIVING!

NEWS!

KEEP AN EYE ON OUR SALAD BARS TO SEE WHAT NEW LOCAL  
PRODUCE ITEMS WILL BE ADDED!  
SEASONS ARE CHANGING AND SO WILL OUR PRODUCE SELECTIONS!