


A COMPLETE LUNCH INCLUDES 1 PROTEIN/GRAIN ENTRÉE, 1 SERVING OF FRUIT,
1 OR 2 SERVINGS OF VEGETABLES & ONE-HALF PINT MILK.

MEALS MAY BE ORDERED 1 WEEK IN ADVANCE BEGINNING EACH MONDAY AT 8:00 A.M. THROUGH FRIDAY AT 8:00 A.M. www.rockbridge.k12.va.us

DELIVERED MEALS ARE MADE BY AND DELIVERED FROM MAURY RIVER MIDDLE SCHOOL CAFETERIA

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER.

MENUS ARE SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 MAY 3 - AA FRUDEL FRUIT OR 100% JUICE CHOICE OF MILK Lunch CORN DOGS ONION RINGS STEAMED PEAS CHOICE OF MILK	4 - AA BREAKFAST PIZZA FRUIT OR 100% JUICE CHOICE OF MILK Lunch HAM & TURKEY & CHEESE SUB BABY CARROTS FRUIT ASSORTMENT CHOICE OF MILK	5 - BB CEREAL OR MUFFIN, CHEESE STICK FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHEESEBURGER ON BUN GREEN BEANS FRUIT ASSORTMENT CHOICE OF MILK	6 - BB EGG & CHEESE SLIDER FRUIT OR 100% JUICE CHOICE OF MILK Lunch BAKED CHICKEN W/ROLL MASHED POTATOES FRUIT ASSORTMENT CHOICE OF MILK	7 BUS DELIVERY (MRMS) MUFFIN W/ CHEESE STICK FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHEESEBURGER ON BUN BAKED BEANS FRUIT CHOICE OF MILK
WEEK 2 MAY 10 - AA Breakfast FRENCH TOAST FRUIT OR 100% JUICE CHOICE OF MILK Lunch TACO PIZZA LIMA BEANS FRUIT ASSORTMENT CHOICE OF MILK	11 - AA Breakfast CINNI MINI BUNS FRUIT OR 100% JUICE CHOICE OF MILK Lunch CORN DOG BROCCOLI W/CHEESE FRUIT ASSORTMENT CHOICE OF MILK	12 - BB Breakfast CEREAL OR MUFFIN, CHEESE STICK FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHEESE BITES W/SAUCE SWEET POTATO FRIES FRUIT ASSORTMENT CHOICE OF MILK	13 - BB Breakfast CHICKEN BISCUIT FRUIT OR 100% JUICE CHOICE OF MILK Lunch HAMBURGER ON BUN FRENCH FRIES FRUIT ASSORTMENT CHOICE OF MILK	14 BUS DELIVERY (MRMS) Breakfast POPTART FRUIT OR 100% JUICE CHOICE OF MILK Lunch TURKEY, HAM, CHEESE HOAGIE BABY CARROTS FRUIT CHOICE OF MILK
WEEK 3 MAY 17 - AA Breakfast EFF & CHEESE SLIDER FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHICKEN STRIPS W/ROLL GREEN BEANS FRUIT ASSORTMENT CHOICE OF MILK	18 - AA Breakfast BREAKFAST PIZZA FRUIT OR 100% JUICE CHOICE OF MILK Lunch SPAGHETTI W/TEXAS TOAST SEASONED EDAMAME FRUIT ASSORTMENT CHOICE OF MILK	19 - BB Breakfast CEREAL OR MUFFIN, CHEESE STICK FRUIT OR 100% JUICE CHOICE OF MILK Lunch CORN DOG NUGGETS CARROTS W/DIP FRUIT ASSORTMENT CHOICE OF MILK	20 - BB Breakfast PANCAKES FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHICKEN FAJITA W/RICE BROCCOLI W/CHEESE FRUIT ASSORTMENT CHOICE OF MILK	21 BUS DELIVERY (MRMS) Breakfast CINNAMON ROLL FRUIT OR 100% JUICE CHOICE OF MILK Lunch BURRITO REFRIED BEANS FRUIT CHOICE OF MILK
WEEK 4 APRIL 24 - AA Breakfast FRUDEL FRUIT OR 100% JUICE CHOICE OF MILK Lunch DELI SUB BAKED FRIES FRUIT ASSORTMENT CHOICE OF MILK	25 - AA Breakfast CHICKEN BISCUIT FRUIT OR 100% JUICE CHOICE OF MILK Lunch BEEF-A-RONI W/ TEXAS TOAST GREEN BEANS FRUIT ASSORTMENT CHOICE OF MILK	26 - BB Breakfast CEREAL OR MUFFIN, CHEESE STICK FRUIT OR 100% JUICE CHOICE OF MILK Lunch PIZZA STEAMED CORN FRUIT ASSORTMENT CHOICE OF MILK	27 - BB Breakfast BREAKFAST PIZZA FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHILLI W/BEANS CORN BREAD GARDEN SALAD FRUIT ASSORTMENT CHOICE OF MILK	28 BUS DELIVERY (MRMS) Breakfast FRENCH TOAST STICKS FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHICKEN & CHEESE QUESADILLA CARROTS W/ DIP FRUIT CHOICE OF MILK
WEEK 4 MAY 31 - AA  NO SCHOOL	JUNE 1 - AA Breakfast PANCAKE/SAUSAGE ON A STICK FRUIT OR 100% JUICE CHOICE OF MILK Lunch HAMBURGER ON BUN FRENCH FRIES FRUIT ASSORTMENT CHOICE OF MILK	2 - BB Breakfast CEREAL OR MUFFIN, CHEESE STICK FRUIT OR 100% JUICE CHOICE OF MILK Lunch CHICKEN NUGGETS W/ROLL STEAMED PEAS FRUIT ASSORTMENT CHOICE OF MILK	3 - BB Breakfast CINNI MINI BUNS FRUIT OR 100% JUICE CHOICE OF MILK Lunch PIZZA GREEN BEANS FRUIT ASSORTMENT CHOICE OF MILK	4 BUS DELIVERY (MRMS) Breakfast CEREAL FRUIT OR 100% JUICE CHOICE OF MILK Lunch HAM & CHEESE ON BUN BABY CARROTS FRUIT CHOICE OF MILK