

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2021-2022

<p>16</p> <p>Cheese Pizza (V)</p> <p>Organic Yogurt ★</p> <p>Fresh Fruit</p> <p>Fresh Vegetables</p>	<p>17</p> <p>Organic Bolognese Pasta ★</p> <p>Grilled Cheese Sandwich (V)</p> <p>Cocoa Crispy Bites Cracker ★</p> <p>Fresh Fruit</p> <p>Salad Cup</p>	<p>18</p> <p>Cheeseburger Sliders (V)</p> <p>Organic Caesar Salad ★ (V)</p> <p>Organic BBQ Corn Chips ★</p> <p>Fresh Fruit</p> <p>Fresh Vegetables</p>	<p>19</p> <p>Organic Beef Burrito ★</p> <p>Bean & Cheese Burrito (V)</p> <p>Cheddar Bunnies Crackers</p> <p>Fresh Fruit</p> <p>Fresh Vegetables</p>	<p>20</p> <p>Organic Hot Dog ★</p> <p>Veggie Twin Burger (V)</p> <p>Mini Vanilla Wafers Cracker ★</p> <p>Fresh Fruit</p> <p>Fresh Vegetables</p>
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Menu Key:

- Vegetarian (V)
- Contains Pork (pig icon)
- Contains Beef (cow icon)
- New Item (★)
- Whole Grain (wheat icon)
- Organic (@)

ALL STUDENTS ARE ELIGIBLE FOR FREE MEALS

All Meals Served Daily With:

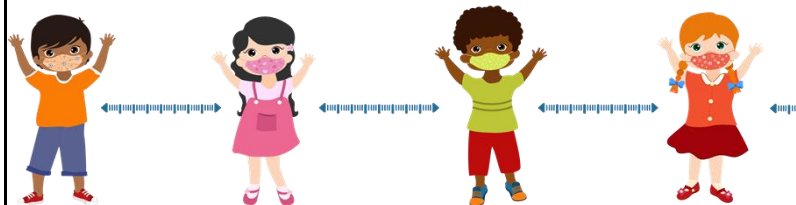
- Choice of 1% Organic Milk or Lactaid Milk
- Choice of Fruit or Vegetable
- All Bread and Grains are Whole Grain
- Students Can Choose All Sides**



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23 Cheese Pizza (V) (Wheat) Organic Yogurt Fresh Fruit Fresh Vegetables	24 Corn Dog Organic Mac & Cheese (V) (Wheat) Cocoa Crispy Bites Cracker (Wheat) Fresh Fruit Salad Cup	25 Chicken in Red Sauce Tamale (Wheat) Organic Bagel w/Cream Cheese (V) (Wheat) Organic Yellow Corn Chips (Wheat) Fresh Fruit Fresh Vegetables	26 Organic BBQ Chicken (Wheat) Organic Fruit & Cheese Plate (V) (Wheat) Bunny Graham Cracker (Wheat) Fresh Fruit Fresh Vegetables	27 Chicken Tenders & Corn (Wheat) Grilled Cheese Sandwich (V) (Wheat) Organic Sunflower Seeds (Wheat) Fresh Fruit Fresh Vegetables
30 Organic Pasta Marinara (V) (Wheat) Organic Yogurt (Wheat) Fresh Fruit Fresh Vegetables	31 Beef & Cheese Taco Stick (Wheat) Organic Caesar Salad (V) (Wheat) El Nacho Cheese Crackers (Wheat) Fresh Fruit Fresh Vegetables			



In Season.....

Apples	Carrots	Mushrooms	Winter Squash
Bananas	Cauliflower	Parsnips	
Beets	Cranberries	Pears	
Broccoli	Garlic	Pineapple	
Brussels	Ginger	Pumpkins	
Sprouts	Grapes	Sweet Potatoes & Yams	

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