

# AUGUST 2021

## Jeff Davis Elementary

### MONDAY

#### Welcome

**Breakfast:** French Toast Stix or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Hot dog/ French fries/ coleslaw/ baked beans/ fruit/ milk choice

**Breakfast:** Waffles or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Hamburger on Bun w/ cheese/ French fries/ lettuce/ tomato/ onion/ pickles/ fruit/ milk choice

**Breakfast:** Pancakes or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Tuna or Chicken Wrap/ Macaroni salad/ lettuce/ tomato/ veggie juice/ fruit/ milk choice

**Breakfast:** French Toast Stix or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Hot Dog/ French fries/ coleslaw/ baked beans/ fruit/ milk choice

### TUESDAY

#### Back

**Breakfast:** Chicken Biscuit or Cereal or Parfait/ fruit/ juice/ milk choice  
**Lunch:** Chicken Nuggets/ green beans/ mac & cheese/ fruit/ milk choice

**Breakfast:** Steak Biscuit or Cereal or Parfait/ fruit/ juice/ milk choice  
**Lunch:** Chicken Tenders/ creamed potatoes/ green beans/ roll/ jello/ fruit/ milk choice

**Breakfast:** Chicken Biscuit or Cereal or Parfait/ fruit/ juice/ milk choice  
**Lunch:** Steak Nuggets/ rice & tomatoes/ lima beans/ cornbread/ fruit/ milk choice

**Breakfast:** Steak Biscuit or Cereal or Parfait/ fruit/ juice/ milk choice  
**Lunch:** Chicken Nuggets/ green beans/ mac & cheese/ fruit/ milk choice

### WEDNESDAY

#### Students & Staff!!

**Breakfast:** Muffin & Sausage or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Spaghetti/ peas & carrots/ salad/ cheese stix/ fruit/ milk choice

**Breakfast:** Pig in Jacket or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Taco Salad w/fixings/ lettuce/ tomato/ diced onions/ black beans/ corn/ fruit/ milk choice

**Breakfast:** 2pack Blueberry Biscuits or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Sub sandwich w/ lettuce/ tomato/ onion/ pickle/ veggie cup w/ ranch/ chips/ cookie/ fruit/ milk choice

### THURSDAY

**Breakfast:** Cereal/ fruit/ juice/ milk choice  
**Lunch:** Chicken on Croissant w/ lettuce/ tomato/ pickles/ sweet potato fries/ watermelon/ milk choice

**Breakfast:** Breakfast Croissant or Cereal or Parfait/ fruit/ juice/ milk choice  
**Lunch:** Manager's Choice BBQ Nachos/ potato casserole/ veggie cup w/ ranch/ fruit/ milk choice

**Breakfast:** Breakfast Croissant or Cereal or Parfait/ fruit/ juice/ milk choice  
**Lunch:** Corn Dog/ tri tater/ celery & carrot w/ dip/ **watermelon**/ milk choice

**Breakfast:** Breakfast Croissant or Cereal or Parfait/ fruit/ juice/ milk choice  
**Lunch:** Chicken on Croissant w/ lettuce/ tomato/ pickles/ sweet potato fries/ **watermelon**/ milk choice

### FRIDAY

**Breakfast:** Cereal/ fruit/ milk choice

**Lunch:** Pizza/ cob corn/ carrot bites w/ ranch dressing/ salad/ fruit/ milk choice

**Breakfast:** Grits & Eggs or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Hamburger Steak w/ gravy/ rice/ mustard greens/ okra/ cornbread/ fruit/ milk choice

**Breakfast:** Grits & Eggs or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Cheese sticks w/ marinara/ salad/ broccoli/ fruit/ milk choice

**Breakfast:** Grits & Eggs or Cereal or Parfait/ fruit/ milk choice  
**Lunch:** Pizza/ cob corn/ carrot bites w/ ranch dressing/ salad/ fruit/ milk choice

### Harvest of the month: Watermelon

All Jeff Davis County School Students will continue to receive FREE meals.

**BREAKFAST:** Adult and Visitors \$2.35

**LUNCHES:** Adults \$3.75  
Visitors \$4.00

**Salads:**  
Monday- Southwestern Chicken  
Tuesday- Chef w/ Ham  
Wednesday- Chef Turkey  
Thursday- Chef w/ Chicken  
Friday-Taco Salad

**Sacks:**  
Monday - PB&J  
Tuesday-Ham & Cheese  
Wednesday- PB&J  
Thursday- Turkey  
Friday - PB&J

**Subs:**  
Monday- Chicken wrap  
Tuesday- Fish Taco  
Wednesday Ham & Cheese Sub  
Thursday – Tuna Pocket  
Friday – Turkey Sub

**Newly offered Lunchables:**  
Monday- Ham  
Tuesday- Turkey  
Wednesday-Pepperoni  
Thursday-Chicken bites  
Friday- Ham  
\*Served with juice/ string cheese/ crackers

Also extra fruit and veggies offered on the serving line may be taken as well.

**NUTRITION PROGRAM**

**WEBSITE:**  
jdsnpcafes.us jeff-davis.k12-homepage/department school nutrition

### DID YOU KNOW?

The official flowers of August are the Gladiolus and Poppy and Peridot is the August birthstone.