

### Easy Ways to Pay for Meals:

- For the most expedient payment service, go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with any major credit card; a convenience fee of 4.29% applies.
- Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040 (include student identification number on check)
- A payment drop box is located by Registration at the Mason Central Administration Building, 211 North East St.
- Give a check or cash to the Child Nutrition Worker.

# Mason Middle School Lunch Menu Updated November 2021

**Fuel Up Each Day with A Healthy Breakfast at MM!**  
**Breakfast is available in the cafeteria and from a breakfast cart located by the 300 wing where the buses unload.**  
**Cafeteria: 7:20-7:45 AM Breakfast Cart: 7:30-7:45 AM**  
**Breakfast Meal Price: FREE\*\***  
**\*\*USDA Waiver: 1 free breakfast meal and 1 free lunch meal daily for all students the entire school year.**



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Toasted Cheese Sandwich Campbell's Tomato Soup* Tossed Mix Salad* Choice of Fruit* Milk	<b>2</b> Taco Salad w/ Baked Tostitos Chips Golden Corn* Refried Beans* Choice of Fruit* Milk	<b>3</b> Orange Chicken w/ Brown Rice Cucumber Slices* Grape Tomatoes* Choice of Fruit* Milk	<b>4</b> <b>Brunch for Lunch</b> French Toast Sticks w/ Turkey Sausage Links Baby Carrots* Spinach Salad* Choice of Fruit* Milk	<b>5</b> Chicken Nuggets w/ Dinner Roll Celery Sticks* Crisp Romaine Salad* Choice of Fruit* Milk
<b>8</b> <b>Updated Menu</b> Spicy Chicken Tenders & Waffles Grape Tomatoes* Baby Carrots* Choice of Fruit* Milk	<b>9</b> Mini Turkey Corn Dogs Emoji Potatoes* Tossed Mix Salad* Choice of Fruit* Milk	<b>10</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Green Beans* Cucumber Slices* Choice of Fruit* Milk	<b>11</b> Popcorn Chicken Smackers w/ Dinner Roll Golden Corn* Crisp Romaine Lettuce* Choice of Fruit* Milk	<b>12</b> Cheese Quesadilla Black Beans* Celery Sticks* Choice of Fruit* Milk
<b>15</b> <b>Updated Menu</b> Chicken Nuggets w/ Harvest Cheddar Sun Chips Cucumber Slices* Crisp Romaine Salad* Choice of Fruit* Milk	<b>16</b> Grab & Go Walking Taco w/ Nacho Cheese Doritos Golden Corn* Taco Fiesta Black Beans* Choice of Fruit* Milk	<b>17</b> General Tso's Chicken w/ Brown Rice Stir-Fry Vegetables* Green Pepper Strips* Choice of Fruit* Milk	<b>18</b> <b>Brunch for Lunch</b> French Toast Sticks w/ Turkey Sausage Links Tossed Mix Salad* Baby Carrots* Choice of Fruit* Milk	<b>19</b> Mini Turkey Corn Dogs Emoji Smiles* Grape Tomatoes* Choice of Fruit* Milk

No School - November 22-26



<b>29</b> Chicken Nuggets w/ Dinner Roll Crisp Romaine Salad* Baby Carrots* Choice of Fruit* Milk	<b>30</b> Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Cucumber Slices* Choice of Fruit* Milk	<p><b>Lunch Menu Reminder</b></p> <p>Food supply chain issues are happening nationwide, and our district is also experiencing unavailable items and last-minute replacements. Menus are subject to change, but our most up-to-date menu are always available on our website at <a href="http://mcschildnutrition.com">mcschildnutrition.com</a>.</p>
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**Lunch Price: FREE\*\***  
**Ala Carte Milk: \$0.55**  
**Ala Carte Bottled Water (8oz): \$0.65**  
**\*\*USDA Waiver:**  
**1 free breakfast meal and 1 free lunch meal daily for all students the entire school year**

**Additional Offerings Served: Offered Daily:** Crispy Shell and/or Flour Tortilla Tacos, Nachos w/ Cheese and/or Taco Meat, Cheese or Pepperoni (Turkey & Beef) Pizza, 100% All Beef Hamburger or Cheeseburger, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich; Peanut Butter & Jelly Sandwich; Pre-Made Salads and Sandwiches;  
 \*Additional fruit and vegetable choices are available daily  
**Menu Subject to Change**

MCS Office of Child Nutrition 513-336-6526  
 Located at Mason Central: 211 North East St. Mason, OH 45040  
 "This institution is an equal opportunity provider."

**A complete lunch has 5 components:** grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk.  
**To make your lunch a meal, choose:**

- At least 1 fruit or vegetable and
- At least 2 additional food components