



Mason Elementary



November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Featured Hot Entrée</u> Apple Filled Frudel	<u>Featured Hot Entrée</u> Mini Cinnis	<u>Featured Hot Entrée</u> Mini Strawberry Cream Cheese Filled Bagels 	<u>Featured Hot Entrée</u> Mini Cinnis	<u>Featured Hot Entrée</u> Wild Blueberry Snack N' Waffle 

**A Complete School Breakfast Includes:
A Featured Hot Entrée (See Menu Above) OR
Cold Entrée, Fruit/Fruit Juice, and/or Milk**



Cold Entrée 1
All items are served daily
Choose 1

- Assorted Pop-Tarts
- Banana Bread

Cold Entrée 2
All items are served daily
Choose 1 or 2

- Assorted Cereal
- Assorted Cereal Bars
- Assorted Nutri-Grain Bars
- Assorted Muffins
- Assorted Trix Yogurt
- String Cheese

To make breakfast a meal, students are offered 1 cup of fruit/fruit juice and must select at least ½ cup fruit/fruit juice. All fruit/fruit juices are ½ cup servings.

**Served Daily in Cafeteria and on Breakfast Cart Located in Zero Wing
8:20 AM – 8:40 AM – Student’s Take Breakfast Back To Classrooms.**

Breakfast Meal Price: FREE**

**USDA Waiver: 1 free breakfast meal and 1 free lunch meal daily for all students the entire school year.

Free & Reduced Priced Meal Application

This year, every student may receive 1 free breakfast meal and 1 free lunch meal; however, completion of the Free & Reduced Price Meal Application may qualify **newly** eligible children for additional benefits.

Free and Reduced Price Meal Applications are available on the Child Nutrition website

www.mcschildnutrition.com under the “Apply for Meal Benefits” button as well as in the school office.