



## November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Featured Hot Entrée</u> Apple Filled Frudel	<u>Featured Hot Entrée</u> Mini Cinnis	<u>Featured Hot Entrée</u> Mini Strawberry Cream Cheese Filled Bagels 	<u>Featured Hot Entrée</u> Mini Cinnis	<u>Featured Hot Entrée</u> Wild Blueberry Snack N' Waffle 

**A Complete School Breakfast Includes:  
A Featured Hot Entrée (See Menu Above) OR  
Cold Entrée, Fruit/Fruit Juice, and/or Milk**



**Cold Entrée 1**  
*All items are served daily*  
**Choose 1**

- Assorted Pop-Tarts
- Banana Bread

**Cold Entrée 2**  
*All items are served daily*  
**Choose 1 or 2**

- Assorted Cereal
- Assorted Cereal Bars
- Assorted Nutri-Grain Bars
- Assorted Muffins
- Assorted Trix Yogurt
- String Cheese

**To make breakfast a meal, students are offered 1 cup of fruit/fruit juice and must select at least ½ cup fruit/fruit juice. All fruit/fruit juices are ½ cup servings.**

**Served Daily in Cafeteria 8:20 AM – 8:40 AM**

**Breakfast Meal Price: FREE\***

\*\*USDA Waiver: 1 free breakfast meal and 1 free lunch meal daily for all students the entire school year.

**Free & Reduced Priced Meal Application**

This year, every student may receive 1 free breakfast meal and 1 free lunch meal; however, completion of the Free & Reduced Price Meal Application may qualify **newly** eligible children for additional benefits.

Free and Reduced Price Meal Applications are available on the Child Nutrition website

[www.mcschildnutrition.com](http://www.mcschildnutrition.com) under the “Apply for Meal Benefits” button as well as in the school office.