

McAllen ISD High School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Aug

FEED YOUR CREATIVITY



Announcements:



Submit Your Artwork!

All Breakfast served with Assorted Fruit, Juice, and Milk.

All Lunch served with assorted Fruit and Milk. Juice option is available Tuesday and Thursday

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Banana Chocolate Bar Cereal **23**

Mini Blueberry Pancakes Cereal **24**

Bean & Cheese Taco w/ Salsa Cereal **25**

Morning Sausage Roll Cereal **26**

Banana Bread Loaf Slice Cereal **27**

Chicken and Waffles
Corn Dog
Sweet Potato Waffle Fries
Steamed Broccoli

Ranchero Tornados with Queso Tamales
Fiesta Black Beans
Pico de Gallo

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Sidewinder Fries
Burger Salad

Orange Mandarin Chicken with Brown Rice
Yogurt Bento Box
Seasoned Cucumbers
Cherry Tomato Cucumber Salad

Pepperoni Pizza
Bean & Cheese Pupusa
Fresh Baby Carrots
Chef's Choice Veggies
Ranch Dressing

Concha Cereal **30**

Breakfast Round Cereal **31**

Pinwheel
Ham & Cheese Sandwich
Steamed Broccoli
Sweet Potato Waffle Fries

Apple & Grape Chicken Salad w/ Flat Bread
Frito Pie
Refried Beans
Pico De Gallo



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



Updated 1/1/2021
www.SquareMeals.org

FEED YOUR CREATIVITY
August

WEEK OF: August 23-27

ANNOUNCEMENTS:

All Breakfast served with Assorted Fruit, Juice, and Milk.

All Lunch is served with assorted Fruit and Milk. Juice option is available Tuesday and Thursday

MONDAY

Breakfast:

Banana Chocolate Bar
 Cereal

Lunch:

Chicken and Waffles
 Corn Dog
 Sweet Potato Waffle
 Fries
 Steamed Broccoli

TUESDAY

Breakfast:

Mini Blueberry Pancakes
 Cereal

Lunch:

Ranchero Tornados with Cheese
 Tamales
 Fiesta Black Beans
 Pico de Gallo

WEDNESDAY

Breakfast:

Bean & Cheese Taco with Salsa
 Cereal

Lunch:

Hamburger or Cheeseburger
 Breaded Wings with Buffalo Sauce & Biscuit
 Sidewinder Fries
 Burger Salad

THURSDAY

Breakfast:

Morning Sausage Roll
 Cereal

Lunch:

Orange Mandarin Chicken with Brown Rice
 Yogurt Bento Box
 Seasoned Cucumbers
 Cherry Tomato
 Cucumber Salad

FRIDAY

Breakfast:

Banana Bread Loaf Slice
 Cereal

Lunch:

Pizza
Bean & Cheese Pupusa
 Fresh Baby Carrots
 Chef's Choice Veggies
 Ranch Dressing



FEED YOUR
CREATIVITY

August

TODAY'S MENU:

ANNOUNCEMENTS:



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LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES

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Agosto

ALIMENTA TU CREATIVIDAD



Anuncios:



Entrega Tu Arte!



DEPARTAMENTO DE AGRICULTURA DE TEXAS
COMISIONADO SID MILLER

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ALIMENTA TU CREATIVIDAD

Agosto

SEMANA DE: _____

ANUNCIOS:

LUNES

MARTES

MIERCOLES

JUEVES

VIERNES



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ALIMENTA TU
CREATIVIDAD

Agosto

MENÚ DEL DÍA:

ANUNCIOS:



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