

McAllen ISD Middle School Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Aug

FEED YOUR CREATIVITY



Announcements:



Submit Your Artwork!

All Breakfast served with Assorted Fruit, Juice, and Milk.

All Lunch served with assorted Fruit and Milk. Juice option is available Tuesday and Thursday

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Banana Chocolate Bar Cereal **23**

Mini Blueberry Pancakes Cereal **24**

Bean & Cheese Taco w/ Salsa Cereal **25**

Morning Sausage Roll Cereal **26**

Banana Bread Loaf Slice Cereal **27**

Chicken and Waffles
Corn Dog
Sweet Potato Waffle Fries
Steamed Broccoli

Ranchero Tornadoes with Queso
Tamales
Fiesta Black Beans
Pico de Gallo

Hamburger or Cheeseburger
Breaded Wings with Buffalo
Sauce & Biscuit
Sidewinder Fries
Burger Salad

Orange Mandarin Chicken with
Brown Rice
Yogurt Bento Box
Seasoned Cucumbers
Cherry Tomato Cucumber Salad

Pepperoni Pizza
Bean & Cheese Pupusa
Fresh Baby Carrots
Ranch Dressing

Concha Cereal **30**

Breakfast Round Cereal **31**

Pinwheel
Ham & Cheese Sandwich
Steamed Broccoli
Sweet Potato Waffle Fries

Apple & Grape Chicken
Salad w/ Flat Bread
Frito Pie
Refried Beans
Pico De Gallo



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Nutrition Assistance Programs



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www.SquareMeals.org

FEED YOUR CREATIVITY
August

WEEK OF: August 23-27

ANNOUNCEMENTS:

All Breakfast served with Assorted Fruit, Juice, and Milk.

All Lunch is served with assorted Fruit and Milk. Juice option is available Tuesday and Thursday

MONDAY

Breakfast:

Banana Chocolate Bar
Cereal

Lunch:

Chicken and Waffles
Corn Dog
Sweet Potato Waffle
Fries
Steamed Broccoli

TUESDAY

Breakfast:

Mini Blueberry Pancakes
Cereal

Lunch:

Ranchero Tornados with Cheese
Tamales
Fiesta Black Beans
Pico de Gallo

WEDNESDAY

Breakfast:

Bean & Cheese Taco with Salsa
Cereal

Lunch:

Hamburger or Cheeseburger
Breaded Wings with Buffalo Sauce & Biscuit
Sidewinder Fries
Burger Salad

THURSDAY

Breakfast:

Morning Sausage Roll
Cereal

Lunch:

Orange Mandarin Chicken with Brown Rice
Yogurt Bento Box
Seasoned Cucumbers
Cherry Tomato Cucumber Salad

FRIDAY

Breakfast:

Banana Bread Loaf Slice
Cereal

Lunch:

Pizza
Bean & Cheese Pupusa
Fresh Baby Carrots
Ranch Dressing

