

# DECEMBER 2021




## Elementary Menu



**Breakfast Offered Daily**  
Milk 1% white or chocolate & fresh fruit.

**Monday**  
Crumb Cake + Graham

**Tuesday**  
Cereal + Graham

**Wednesday**  
 Cinnamon Roll

**Thursday**  
Cereal + Graham

**Friday**  
Chocolate Muffin

Free & Reduce lunch applications available at Pleasanton Unified Nutrition

	MON	TUE	WED	THU	FRI
 		<b>Breakfast and Lunch is Free for All Students!</b>	<b>1</b> Cheeseburger  Veggie Burger * Cheese Quesadilla*	<b>2</b> Breaded Chicken Leg + Biscuit  Cheese Calzone*	<b>3</b> Twin Chicken Hot Dogs  Veggie Chili + Tortilla Chips*
	<b>6</b> Garlex Pizza (pepperoni or cheese*) 	<b>7</b>  Orange Chicken + Rice Grilled Cheese Sandwich*	<b>8</b> Crispy Chicken Sandwich Bean & Cheese Burrito*	<b>9</b> Beef & Cheese Taquito Chicken Nuggets + Roll  Veggie Nuggets + Roll*	<b>10</b> <b>Cookie Day</b>  Chicken Tenders Cheese Tamale*
All meals come with milk (1% white or fat free chocolate), fresh fruit, and veggies.	<b>13</b> Garlex Pizza (pepperoni or cheese*) 	<b>14</b>  Chicken Quesadilla Cheese Bosco Sticks*	<b>15</b> Cheeseburger  Veggie Burger * Cheese Quesadilla*	<b>16</b> Breaded Chicken Leg + Biscuit  Cheese Calzone*	<b>17</b> Twin Chicken Hot Dogs  Veggie Chili + Tortilla Chips*
*= Vegetarian GF = contains no gluten We are not a GF facility. Products contain no gluten.  = Plant-Based Protein	<b>20</b> Garlex Pizza (pepperoni or cheese*) 	<b>21</b>  Orange Chicken + Rice Grilled Cheese Sandwich*	<b>22</b> Crispy Chicken Sandwich Bean & Cheese Burrito*	<b>23</b> <b>24</b> <b>Winter Break</b> 	
For students with medically diagnosed food allergies, there is a meal accommodation form on the PUSD website.	<b>27</b> 	<b>28</b>	<b>29</b> <b>Winter Break</b>	<b>30</b>	<b>31</b> 