

POWAY UNIFIED SCHOOL DISTRICT

On Campus Elementary School Lunch Menu – June 2021
(For students eating on campus/ESS students)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit (1/2 cup) & Vegetable (1/2 cup):				
Edamame Frozen Fruit Cup	Baby Carrots Fresh Banana	Baby Carrots Dried Fruit	Broccoli Florets Fresh Orange	Corn Kernels Juice Box
Entree:				
Turkey & Cheese Deli Sandwich on Whole Wheat Bread	Pizza Bento Box <i>(whole grain flatbread, marinara sauce, and shredded mozzarella cheese)</i>	Ranch Chicken Salad with Whole Wheat Dinner Roll	Turkey & Cheese Deli Sandwich on Whole Wheat Hoagie Roll	Nacho Bento Box <i>(tortilla chips, turkey taco meat, shredded cheddar cheese, and salsa)</i>
Select 1 milk:				
Low Fat White Milk Fat Free Choc. Milk	Low Fat White Milk Fat Free Choc. Milk	Low Fat White Milk Fat Free Choc. Milk	Low Fat White Milk Fat Free Choc. Milk	Low Fat White Milk Fat Free Choc. Milk

Alternate vegetarian entrées available daily: Yogurt, Sunflower Seeds, & Crackers OR Smucker's Uncrustable (*contains peanuts)

Menu subject to change without notice. This institution is an equal opportunity provider.