




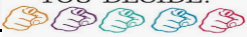



**Beverly Public Schools
Middle School Lunch Menu**

March 2019

Complete Lunch \$3.00 (Reduced Priced Lunch \$.40)

Milk \$.75 Adult \$4.50

Rev Date 2/15/19

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Follow Beverly Food Service on Instagram @bpsfoodservice</p> 				
4	5	6	7	8
<p>Chicken and Waffles Maple Syrup Mashed Potatoes Corn Fruit Selection</p>	<p>Meatball Sub Sweet Potato Fries Celery Sticks Fruit Selection</p>	<p>Pizza Cheese or Pepperoni Side Salad Sizzling Black Beans Fruit Selection</p>	 <p>French Toast Chicken Sausage Baked Apples Fruit Selection</p>	<p>Macaroni & Cheese Roasted Broccoli Tomato Wedges Fruit Selection</p>
11	12	13	14	15
<p>Teriyaki Chicken Brown Rice Broccoli Celery Sticks Fruit Selection</p>	<p>Taco Nachos w/ Cheese Sizzling Black Beans Carrot Sticks Fruit Selection</p>	<p>Pizza Cheese or Pepperoni Side Caesar Salad Red Pepper Strips Fruit Selection</p>	<p>BBQ Rib Sandwich Cole Slaw Baked Beans Fruit Selection</p>	<p>YOU DECIDE! </p> <p>Chicken Tenders OR Fishwich Brown Rice Green Peas Sliced Cucumbers</p>
18	19	20	21	22
<p>Tangerine Chicken Brown Rice Broccoli Carrots Fruit Selection</p>	<p>Hamburger /Cheeseburger Lettuce/Tomato Slices French Fries Garbanzo Bean Salad Fruit Selection</p>	<p>Pizza Cheese or Pepperoni Side Caesar Salad Celery Sticks Fruit Selection</p>	<p>TRY IT THURSDAY!</p> <p>Grilled Bacon Ranch Chicken Sandwich Sidewinder Fries Red Pepper Slices Fruit Selection</p> 	<p>Grilled Cheese & Tomato Soup Garden Salad Fruit Selection</p>
25	26	27	28	29
<p>Chicken and Waffles Maple Syrup Mashed Potatoes Corn Fruit Selection</p> 	<p>Hot Dog Bar Sweet Potato Fries Celery Sticks Fruit Selection</p>	<p>Pizza Cheese or Pepperoni Side Salad Sizzling Black Beans Fruit Selection</p>	 <p>French Toast Chicken Sausage Baked Apples Fruit Selection</p>	<p>Macaroni & Cheese Roasted Broccoli Tomato Wedges Fruit Selection</p>
<p align="center">Daily Alternate</p> <p>- Power Lunchable (Hummus, Veggie Stix, Orange wedges, pretzels)</p> <p>- Sunbutter & Jelly</p> <p>- Salad Meal</p> <p>- Yogurt Parfait Meal</p> <p>Includes fruit & veggie sides & choice of low fat milks</p>		<p align="center">Gluten Free Menu</p> <p align="center">must pre-order in morning</p> <p>Monday - GF Nuggets or Tenders</p> <p>Tuesday – Grilled cheese on GF Bread</p> <p>Wednesday – GF Pizza</p> <p>Thursday – Hamburger on GF Roll</p> <p>Friday – GF Nuggets or Tenders</p> <p>Daily – Sunbutter & jelly on Gluten free Bread</p> <p>Includes fruit & veggie sides & choice of low fat milks</p>		

All menus subject to Change

This institution is an equal opportunity provider and employer.

Questions or comments, please call 978-921-6132 x11129.

F&R Meal Applications are available online at lunchapp.net

Food Services has Part time kitchen worker positions available. Please call 978-921-6132 x11129

