

Thursday, 1 July		Friday, 2 July		Saturday, 3 July		Sunday, 4 July		Monday, 5 July	
Italian Meatball Sub w/ Broccoli		Cheesy Pull aparts, Baby Carrots, Assorted Fruit		Pizza with Carrots, assorted milk		Star Shaped Pita with Turkey and baby carrots		Chicken Nuggets with Broccoli	
<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>	
Italian Meatball Sub	46.4g	Cheesy Pull Aparts Marinara	39.2g	Pizza, Pepperoni, Round	34.9g	Turkey Ham & Star Shaped	29.1g	Chicken Nuggets	16.5g
<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>	
Juice, Apple Vita Fresh, 4oz	14.0g	Juice, Apple Vita Fresh, 4oz	14.0g	Corn, Golden 3/4c CURBSID	22.0g	Juice, Assorted Flavors 4oz	40.0g	Juice, Apple Vita Fresh, 4oz	14.0g
Juice, Orange Vita Fresh, 4	12.0g	Juice, Orange Vita Fresh, 4	12.0g			Fresh Baby Carrots, (2pk) H	14.0g	Juice, Orange Vita Fresh, 4	12.0g
Broccoli Florets 3/4 Cup CU	7.0g	Baby Carrots 3/4 CUP	11.5g					Cherry Tomato and Cucumb	4.4g
<i>Milk</i>		<i>Milk</i>		<i>Milk</i>		<i>Milk</i>		<i>Milk</i>	
Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Chocolate	19.0g
Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Unflavored	13.0g

Tuesday, 6 July	Wednesday, 7 July	Thursday, 8 July	Friday, 9 July	Saturday, 10 July
Conchitas con Carne w/ Black Beans	Cheeseburger , Assorted Fruit, tator tots	Spring Break Sandwich	Pepperoni Pizza ,Assorted Fruit,Carrots	Tornados, Refried Beans, fruit, juice, assorted milk
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Conchitas con Pollo CK- ELE 27.2g	Beef Cheeseburger 16.4g	Turkey and Cheese Sandwic 28.7g	Pizza, Pepperoni, Round 34.9g	Tornados 92.1g
<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
Fiesta Black Beans 3/4 C CU 33.6g	Sweet Potato Waffle Fries 3/ 28.4g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Corn, Golden 3/4c CURBSID 49.0g
Juice, Fruit Punch Vita Fresh 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Assorted Flavors 4oz 40.0g
Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Broccoli Florets 3/4 Cup CU 7.0g	Baby Carrots 3/4 CUP 11.5g	
Juice, Orange Vita Fresh, 4 12.0g	Juice, Orange Vita Fresh, 4 12.0g			
		<i>Milk</i>	<i>Milk</i>	<i>Milk</i>
		Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g
<i>Milk</i>	<i>Milk</i>	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g
Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored		
Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g			
	<i>Condiment</i>			
	Ketchup, 9 gram 3.0g			

Sunday, 11 July	Monday, 12 July	Tuesday, 13 July	Wednesday, 14 July	Thursday, 15 July
Ciabatta Melt with Broccoli	Cheese Sticks, Assorted Fruit Veggie nibbles blend	Beef Tamales, Assorted Fruit, Refried Beans	Italian Meatball Sub w/ Broccoli	Cheeseburger, Assorted Fruit, tator tots
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Ciabatta Grilled Cheese Melt 27.9g	Cheese Sticks w Marinara Sa 38.9g	Beef Tamales WG, Lunch Ele 21.1g	Italian Meatball Sub 46.4g	Beef Cheeseburger 16.4g
<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
Juice, Assorted Flavors 4oz 40.0g	Juice, Fruit Punch Vita Fresh 14.0g	Beans Pinto Refried 3/4 CUP 44.9g	Juice, Fruit Punch Vita Fresh 14.0g	Sweet Potato Waffle Fries 28.4g
Broccoli Florets 3/4 Cup CU 7.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Potato Rounds Tater Gems 3 24.8g
	Juice, Orange Vita Fresh, 4 12.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g
<i>Milk</i>	Veggie Nibbles Blend 3/4 CU 7.6g	Juice, Orange Vita Fresh, 4 12.0g	Broccoli Florets 3/4 Cup CU 7.0g	Juice, Apple Vita Fresh, 4oz 14.0g
Milk, Fat Free, Chocolate 19.0g				Juice, Orange Vita Fresh, 4 12.0g
Milk, Fat Free, Unflavored 13.0g				
	<i>Milk</i>	<i>Milk</i>	<i>Milk</i>	<i>Milk</i>
	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g
	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g
				<i>Condiment</i>
				Ketchup, 9 gram 3.0g

Friday, 16 July	Saturday, 17 July	Sunday, 18 July	Monday, 19 July	Tuesday, 20 July
Cheesy Pull aparts, Baby Carrots, Assorted Fruit	Pizza with Carrots, assorted milk	Star Shaped Pita with Turkey and baby carrots	Pinwheel, assorted fruit, Veggie Nibbles Blend	Tex Mex Baked Potato w/ Black Beans
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Cheesy Pull Aparts Marinara 39.2g	Pizza, Pepperoni, Round 34.9g	Turkey Ham & Star Shaped 29.1g	Pinwheel, Pepperoni 36.0g	Tex Mex Baked Potato with 51.6g
<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
Juice, Apple Vita Fresh, 4oz 14.0g	Corn, Golden 3/4c CURBSID 49.0g	Juice, Assorted Flavors 4oz 40.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Fruit Punch Vita Fresh 14.0g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Assorted Flavors 4oz 40.0g	Fresh Baby Carrots, (2pk) H 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g
Baby Carrots 3/4 CUP 11.5g	<i>Milk</i>	<i>Milk</i>	Juice, Orange Vita Fresh, 4 12.0g	Juice, Orange Vita Fresh, 4 12.0g
<i>Milk</i>	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g	Cherry Tomato and Cucumb 4.4g	Broccoli Florets 3/4 Cup CU 7.0g
Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>	<i>Milk</i>
Milk, Fat Free, Unflavored 13.0g			Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g
			Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g
			<i>Condiment</i>	
			Ranch Dressing, Portion 1 oz 0.0g*	

Wednesday, 21 July	Thursday, 22 July	Friday, 23 July	Saturday, 24 July	Sunday, 25 July
Oven Roasted Chicken w Biscuit ,Assorted Fruit,Broccoli	Beef Tamales,Assorted Fruit,Refried Beans	Pepperoni Pizza ,Assorted Fruit,Carrots	Tornados, Refried Beans, fruit, juice, assorted milk	Ciabatta Melt with Broccoli
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Chicken Oven Roasted w/Bis 34.8g	Beef Tamales WG, Lunch Ele 21.1g	Pizza, Pepperoni, Round 34.9g	Tornados 92.1g	Ciabatta Grilled Cheese Melt 27.9g
<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
Sweet Potato Waffle Fries 28.4g	Beans Pinto Refried 3/4 CUP 44.9g	Juice, Apple Vita Fresh, 4oz 14.0g	Corn, Golden 3/4c CURBSID 49.0g	Juice, Assorted Flavors 4oz 40.0g
Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Assorted Flavors 4oz 40.0g	Broccoli Florets 3/4 Cup CU 7.0g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Baby Carrots 3/4 CUP 11.5g	<i>Milk</i>	<i>Milk</i>
	Juice, Orange Vita Fresh, 4 12.0g	0.0g*	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g
<i>Milk</i>	<i>Milk</i>	<i>Milk</i>	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g
Milk, Fat Free, Chocolate 19.0g		Milk, Fat Free, Chocolate 19.0g		
Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored 13.0g		
<i>Condiment</i>				
Ketchup, 9 gram 3.0g	Milk, Fat Free, Unflavored 13.0g			

Monday, 26 July	Tuesday, 27 July	Wednesday, 28 July	Thursday, 29 July	Friday, 30 July
Cheese Sticks, Assorted Fruit Veggie nibbles blend	Chicken Nuggets with Broccoli	Cheeseburger , Assorted Fruit, tator tots	Bean & Ch. Pupusa w/ Black Beans	Cheesy Pull aparts, Baby Carrots, Assorted Fruit
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Cheese Sticks w Marinara Sa 38.9g	Supper/ Weekend Chicken N 16.5g	Beef Cheeseburger 16.4g	Bean and Cheese Pupusa 33.0g	Cheesy Pull Aparts Marinara 39.2g
<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
Juice, Fruit Punch Vita Fresh 14.0g	Juice, Assorted Flavors 4oz 40.0g	Potato Rounds Tater Gems 3 24.8g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g
Juice, Apple Vita Fresh, 4oz 14.0g	Fiesta Black Beans 3/4 C CU 33.6g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Orange Vita Fresh, 4 12.0g
Juice, Orange Vita Fresh, 4 12.0g	<i>Milk</i>	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Orange Vita Fresh, 4 12.0g	Baby Carrots 3/4 CUP 11.5g
Veggie Nibbles Blend 3/4 CU 7.6g	Milk, Fat Free, Chocolate 19.0g	Juice, Orange Vita Fresh, 4 12.0g	Broccoli Florets 3/4 Cup CU 7.0g	<i>Milk</i>
	Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>		Milk, Fat Free, Chocolate 19.0g
<i>Milk</i>		Milk, Fat Free, Chocolate 19.0g	<i>Milk</i>	Milk, Fat Free, Unflavored 13.0g
Milk, Fat Free, Chocolate 19.0g		Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g	
Milk, Fat Free, Unflavored 13.0g		<i>Condiment</i>	Milk, Fat Free, Unflavored 13.0g	
		Ketchup, 9 gram 3.0g		

Saturday, 31 July

Pizza with Carrots, assorted milk

Entree

Pizza, Pepperoni, Round 34.9g

Side Dish

Corn, Golden 3/4c CURBSID 49.0g

Juice, Assorted Flavors 4oz 40.0g

Milk

Milk, Fat Free, Chocolate 19.0g

Milk, Fat Free, Unflavored 13.0g