

McAllen ISD

Carbohydrate Analysis

Carbohydrate grams per serving in Breakfast Elementary - High School menus

Thursday, 1 April	Friday, 2 April	Saturday, 3 April	Sunday, 4 April	Monday, 5 April
Breakfast Round UBR Juice, Fruit, Assorted Milk	Cereal, Juice, Fruit, Assorted Milk	Concha, Juice, Fruit, Assorted Milk	Cereal	Cereal, Juice, Fruit, Assorted Milk
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
UBR 38.7g	Cereal, Small Bowl Pack-Coco 47.6g	Concha 32.9g	Cereal, Small Bowl Pack-Coco 47.6g	Cereal, Small Bowl Pack-Coco 47.6g
<i>Side Dish</i>	Cereal, Small Bowl Lucky Ch 46.6g	<i>Side Dish</i>	Cereal, Small Bowl Lucky Ch 46.6g	Cereal, Small Bowl Lucky Ch 46.6g
High Schools Only Cocktail, 15.2g	Cereal, Cinnamon Toast Cru 44.6g	Juice, Fruit Punch Vita Fresh 14.0g	Cereal, Cinnamon Toast Cru 44.6g	Cereal, Cinnamon Toast Cru 44.6g
Juice, Fruit Punch Vita Fresh 14.0g	Cereal, Small Bowl Pack, Che 40.5g	Juice, Apple Vita Fresh, 4oz 14.0g	Cereal, Small Bowl Pack, Che 40.5g	Cereal, Small Bowl Pack, Che 40.5g
Juice, Apple Vita Fresh, 4oz 14.0g	<i>Side Dish</i>	Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g	<i>Side Dish</i>
Juice, Orange Vita Fresh, 4 12.0g	Fruit Fresh Assorted ** DO 0.0g*	Fruit Fresh Assorted ** DO 0.0g*	Juice, Apple Vita Fresh, 4oz 14.0g	High Schools Only Cocktail, 15.2g
Fruit Fresh Assorted ** DO 0.0g*	<i>Milk</i>	<i>Milk</i>	Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g
<i>Milk</i>	Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Strawberry 19.0g	Fruit Fresh Assorted ** DO 0.0g*	Juice, Apple Vita Fresh, 4oz 14.0g
Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g		Juice, Orange Vita Fresh, 4 12.0g
Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g	Fruit Fresh Assorted ** DO 0.0g*
Milk, Fat Free, Unflavored 13.0g			Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>
				Milk, Fat Free, Strawberry 19.0g
				Milk, Fat Free, Chocolate 19.0g
				Milk, Fat Free, Unflavored 13.0g

* Indicates incomplete or missing nutrient information.

Tuesday, 6 April		Wednesday, 7 April		Thursday, 8 April		Friday, 9 April		Saturday, 10 April	
Blueberry Poptart Juice, Fruit, Assorted Milk		Banana Chocolate Bar, Juice, Fruit, Assorted Milk		Marranito or cereal, Juice, Fruit, Assorted Milk		Cereal, Juice, Fruit, Assorted Milk		Peanut Butter and Jelly jamwich	
<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>	
Pop-Tarts WG Blueberry Fro	76.1g	Breakfast Bar, Banana/Choc	47.9g	Marranito	41.0g	Cereal, Small Bowl Pack-Coco	47.6g	Peanut Butter Jamwich	30.6g
<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>	
High Schools Only Cocktail,	15.2g	Juice, Fruit Punch Vita Fresh	14.0g	Juice, Fruit Punch Vita Fresh	14.0g	Cereal, Small Bowl Lucky Ch	46.6g	Juice, Fruit Punch Vita Fresh	14.0g
Juice, Fruit Punch Vita Fresh	14.0g	Juice, Apple Vita Fresh, 4oz	14.0g	Juice, Apple Vita Fresh, 4oz	14.0g	Cereal, Cinnamon Toast Cru	44.6g	Juice, Apple Vita Fresh, 4oz	14.0g
Juice, Apple Vita Fresh, 4oz	14.0g	Juice, Orange Vita Fresh, 4	12.0g	Juice, Orange Vita Fresh, 4	12.0g	Cereal, Small Bowl Pack, Che	40.5g	Juice, Orange Vita Fresh, 4	12.0g
Juice, Orange Vita Fresh, 4	12.0g	Fruit Fresh Assorted ** DO	0.0g*	Fruit Fresh Assorted ** DO	0.0g*	Juice, Fruit Punch Vita Fresh	14.0g	Fruit Fresh Assorted ** DO	0.0g*
Fruit Fresh Assorted ** DO	0.0g*	<i>Milk</i>		<i>Milk</i>		Juice, Apple Vita Fresh, 4oz	14.0g	<i>Milk</i>	
<i>Milk</i>		Milk, Fat Free, Strawberry	19.0g	Milk, Fat Free, Strawberry	19.0g	Juice, Orange Vita Fresh, 4	12.0g	Milk, Fat Free, Chocolate	19.0g
Milk, Fat Free, Strawberry	19.0g	Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Chocolate	19.0g	Fruit Fresh Assorted ** DO	0.0g*	Milk, Fat Free, Unflavored	13.0g
Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Unflavored	13.0g	<i>Milk</i>			
Milk, Fat Free, Unflavored	13.0g					Milk, Fat Free, Strawberry	19.0g		
						Milk, Fat Free, Chocolate	19.0g		
						Milk, Fat Free, Unflavored	13.0g		

* Indicates incomplete or missing nutrient information.

Sunday, 11 April	Monday, 12 April	Tuesday, 13 April	Wednesday, 14 April	Thursday, 15 April
Cereal	Cereal, Juice, Fruit, Assorted Milk	Sweet Potato Muffin Top, Juice, Fruit, Assorted Milk	Concha or Yogurt parfait W/ UBR	Mini Blueberry Pancakes, Juice, Fruit, Assorted Milk
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Cereal, Small Bowl Pack-Coco 47.6g	Cereal, Small Bowl Pack-Coco 47.6g	Sweet Potato Chocolate Chip 43.4g	Concha 32.9g	Pancakes, Whole Grain Minis 35.0g
Cereal, Small Bowl Lucky Ch 46.6g	Cereal, Small Bowl Lucky Ch 46.6g	<i>Side Dish</i>	Yogurt w/Blueberries 69.7g	<i>Side Dish</i>
Cereal, Cinnamon Toast Cru 44.6g	Cereal, Cinnamon Toast Cru 44.6g	Juice, Fruit Punch Vita Fresh 14.0g	<i>Side Dish</i>	Juice, Fruit Punch Vita Fresh 14.0g
<i>Side Dish</i>	Cereal, Small Bowl Pack, Che 40.5g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g
Juice, Fruit Punch Vita Fresh 14.0g	<i>Side Dish</i>	Juice, Orange Vita Fresh, 4 12.0g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Orange Vita Fresh, 4 12.0g
Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Fruit Fresh Assorted ** DO 0.0g*	Fruit Fresh Assorted ** DO 0.0g*	Fruit Fresh Assorted ** DO 0.0g*
Juice, Orange Vita Fresh, 4 12.0g	Juice, Apple Vita Fresh, 4oz 14.0g	<i>Milk</i>	<i>Milk</i>	<i>Milk</i>
Fruit Fresh Assorted ** DO 0.0g*	Juice, Orange Vita Fresh, 4 12.0g	Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Strawberry 19.0g
<i>Milk</i>	Fruit Fresh Assorted ** DO 0.0g*	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g
Milk, Fat Free, Chocolate 19.0g	<i>Milk</i>	Milk, Fat Free, Unflavored 13.0g		Milk, Fat Free, Unflavored 13.0g
Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Strawberry 19.0g			<i>Condiment</i>
	Milk, Fat Free, Chocolate 19.0g			Syrup cups 30.2g
	Milk, Fat Free, Unflavored 13.0g			

* Indicates incomplete or missing nutrient information.

Friday, 16 April		Saturday, 17 April		Sunday, 18 April		Monday, 19 April		Tuesday, 20 April	
Cereal, Juice, Fruit, Assorted Milk		Banana Chocolate Bar		Cereal		Cereal, Juice, Fruit, Assorted Milk		Blueberry Poptart	Juice, Fruit, Assorted Milk
<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>	
Cereal, Small Bowl Pack-Coco	47.6g	Breakfast Bar, Banana/Choc	47.9g	Cereal, Small Bowl Pack-Coco	47.6g	Cereal, Small Bowl Pack-Coco	47.6g	Pop-Tarts WG Blueberry Fro	76.1g
Cereal, Small Bowl Lucky Ch	46.6g	<i>Side Dish</i>		Cereal, Small Bowl Lucky Ch	46.6g	Cereal, Small Bowl Lucky Ch	46.6g	<i>Side Dish</i>	
Cereal, Cinnamon Toast Cru	44.6g	Juice, Fruit Punch Vita Fresh	14.0g	Cereal, Cinnamon Toast Cru	44.6g	Cereal, Cinnamon Toast Cru	44.6g	High Schools Only Cocktail,	15.2g
Cereal, Small Bowl Pack, Che	40.5g	Juice, Apple Vita Fresh, 4oz	14.0g	<i>Side Dish</i>		Cereal, Small Bowl Pack, Che	40.5g	Juice, Fruit Punch Vita Fresh	14.0g
<i>Side Dish</i>		Juice, Orange Vita Fresh, 4	12.0g	Juice, Fruit Punch Vita Fresh	14.0g	<i>Side Dish</i>		Juice, Apple Vita Fresh, 4oz	14.0g
Juice, Fruit Punch Vita Fresh	14.0g	Fruit Fresh Assorted ** DO	0.0g*	Juice, Apple Vita Fresh, 4oz	14.0g	High Schools Only Cocktail,	15.2g	Juice, Orange Vita Fresh, 4	12.0g
Juice, Apple Vita Fresh, 4oz	14.0g	<i>Milk</i>		Juice, Orange Vita Fresh, 4	12.0g	Juice, Fruit Punch Vita Fresh	14.0g	Fruit Fresh Assorted ** DO	0.0g*
Juice, Orange Vita Fresh, 4	12.0g	Milk, Fat Free, Chocolate	19.0g	Fruit Fresh Assorted ** DO	0.0g*	Juice, Apple Vita Fresh, 4oz	14.0g	<i>Milk</i>	
Fruit Fresh Assorted ** DO	0.0g*	Milk, Fat Free, Unflavored	13.0g	<i>Milk</i>		Juice, Orange Vita Fresh, 4	12.0g	Milk, Fat Free, Strawberry	19.0g
<i>Milk</i>				Milk, Fat Free, Chocolate	19.0g	Fruit Fresh Assorted ** DO	0.0g*	Milk, Fat Free, Chocolate	19.0g
Milk, Fat Free, Strawberry	19.0g			Milk, Fat Free, Unflavored	13.0g	<i>Milk</i>		Milk, Fat Free, Unflavored	13.0g
Milk, Fat Free, Chocolate	19.0g					Milk, Fat Free, Strawberry	19.0g		
Milk, Fat Free, Unflavored	13.0g					Milk, Fat Free, Chocolate	19.0g		
						Milk, Fat Free, Unflavored	13.0g		

* Indicates incomplete or missing nutrient information.

Wednesday, 21 April	Thursday, 22 April	Friday, 23 April	Saturday, 24 April	Sunday, 25 April
Marranito or cereal, Juice, Fruit, Assorted Milk	Banana Loaf Slice, Juice, Fruit, Assorted Milk	Cereal, Juice, Fruit, Assorted Milk	Peanut Butter and Jelly jamwich	Cereal
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Marranito 41.0g	Banana Loaf Slice 46.2g	Cereal, Small Bowl Pack-Coco 47.6g	Peanut Butter Jamwich 30.6g	Cereal, Small Bowl Pack-Coco 47.6g
<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
Juice, Fruit Punch Vita Fresh 14.0g	High Schools Only Cocktail, 15.2g	Cereal, Small Bowl Lucky Ch 46.6g	Juice, Fruit Punch Vita Fresh 14.0g	Cereal, Small Bowl Lucky Ch 46.6g
Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Cereal, Cinnamon Toast Cru 44.6g	Juice, Apple Vita Fresh, 4oz 14.0g	Cereal, Cinnamon Toast Cru 44.6g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Cereal, Small Bowl Pack, Che 40.5g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g
Fruit Fresh Assorted ** DO 0.0g*	Juice, Orange Vita Fresh, 4 12.0g	<i>Side Dish</i>	Fruit Fresh Assorted ** DO 0.0g*	Juice, Apple Vita Fresh, 4oz 14.0g
<i>Milk</i>	Fruit Fresh Assorted ** DO 0.0g*	Juice, Fruit Punch Vita Fresh 14.0g	<i>Milk</i>	Juice, Orange Vita Fresh, 4 12.0g
Milk, Fat Free, Strawberry 19.0g	<i>Milk</i>	Juice, Apple Vita Fresh, 4oz 14.0g	Milk, Fat Free, Chocolate 19.0g	Fruit Fresh Assorted ** DO 0.0g*
Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Strawberry 19.0g	Juice, Orange Vita Fresh, 4 12.0g	Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>
Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g	Fruit Fresh Assorted ** DO 0.0g*		Milk, Fat Free, Chocolate 19.0g
	Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>		Milk, Fat Free, Unflavored 13.0g
		Milk, Fat Free, Strawberry 19.0g		
		Milk, Fat Free, Chocolate 19.0g		
		Milk, Fat Free, Unflavored 13.0g		

* Indicates incomplete or missing nutrient information.

Monday, 26 April		Tuesday, 27 April		Wednesday, 28 April		Thursday, 29 April		Friday, 30 April	
Cereal, Juice, Fruit, Assorted Milk		Blueberry Stick, Juice, Fruit, Assorted Milk		Zucchini Loaf Slice, Juice, Fruit, Assorted Milk		UBR or Chorizo and egg Taco		Cereal, Juice, Fruit, Assorted Milk	
<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>	
Cereal, Small Bowl Pack-Coco	47.6g	Blueberry Cheese Stick	24.1g	Zucchini Loaf Slice	46.2g	UBR	38.7g	Cereal, Small Bowl Pack-Coco	47.6g
Cereal, Small Bowl Lucky Ch	46.6g					Chorizo & Egg Taco	13.7g	Cereal, Small Bowl Lucky Ch	46.6g
Cereal, Cinnamon Toast Cru	44.6g	<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>		Cereal, Cinnamon Toast Cru	44.6g
Cereal, Small Bowl Pack, Che	40.5g	High Schools Only Cocktail,	15.2g	High Schools Only Cocktail,	15.2g	Juice, Apple Vita Fresh, 4oz	14.0g	Cereal, Small Bowl Pack, Che	40.5g
		Juice, Fruit Punch Vita Fresh	14.0g	Juice, Fruit Punch Vita Fresh	14.0g	Juice, Orange Vita Fresh, 4	12.0g		
<i>Side Dish</i>		Juice, Apple Vita Fresh, 4oz	14.0g	Juice, Apple Vita Fresh, 4oz	14.0g	Fruit Fresh Assorted ** DO	0.0g*	<i>Side Dish</i>	
High Schools Only Cocktail,	15.2g	Juice, Orange Vita Fresh, 4	12.0g	Juice, Orange Vita Fresh, 4	12.0g			Juice, Punch, 6 oz	24.0g
Juice, Fruit Punch Vita Fresh	14.0g	Fruit Fresh Assorted ** DO	0.0g*	Fruit Fresh Assorted ** DO	0.0g*	<i>Milk</i>		Berry Breeze 6 oz	24.0g
Juice, Apple Vita Fresh, 4oz	14.0g					Milk, Fat Free, Chocolate	19.0g	Fruit Fresh Assorted ** DO	0.0g*
Juice, Orange Vita Fresh, 4	12.0g	<i>Milk</i>		<i>Milk</i>		Milk, Fat Free, Unflavored	13.0g	<i>Milk</i>	
Fruit Fresh Assorted ** DO	0.0g*	Milk, Fat Free, Strawberry	19.0g	Milk, Fat Free, Strawberry	19.0g			Milk, Fat Free, Strawberry	19.0g
		Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Chocolate	19.0g			Milk, Fat Free, Chocolate	19.0g
<i>Milk</i>		Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Unflavored	13.0g			Milk, Fat Free, Unflavored	13.0g
Milk, Fat Free, Strawberry	19.0g								
Milk, Fat Free, Chocolate	19.0g								
Milk, Fat Free, Unflavored	13.0g								

* Indicates incomplete or missing nutrient information.

Saturday, 1 May	Sunday, 2 May	Monday, 3 May	Tuesday, 4 May	Wednesday, 5 May
Concha, Juice, Fruit, Assorted Milk	Cereal	Cereal, Juice, Fruit, Assorted Milk	Blueberry Poptart Juice, Fruit, Assorted Milk	Banana Chocolate Bar, Juice, Fruit, Assorted Milk
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Concha 32.9g	Cereal, Small Bowl Pack-Coco 47.6g	Cereal, Small Bowl Pack-Coco 47.6g	Pop-Tarts WG Blueberry Fro 76.1g	Breakfast Bar, Banana/Choc 47.9g
<i>Side Dish</i>	Cereal, Small Bowl Lucky Ch 46.6g	Cereal, Small Bowl Lucky Ch 46.6g	<i>Side Dish</i>	<i>Side Dish</i>
Juice, Fruit Punch Vita Fresh 14.0g	Cereal, Cinnamon Toast Cru 44.6g	Cereal, Cinnamon Toast Cru 44.6g	High Schools Only Cocktail, 15.2g	Juice, Fruit Punch Vita Fresh 14.0g
Juice, Apple Vita Fresh, 4oz 14.0g	<i>Side Dish</i>	Cereal, Small Bowl Pack, Che 40.5g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g	High Schools Only Cocktail, 15.2g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Orange Vita Fresh, 4 12.0g
Fruit Fresh Assorted ** DO 0.0g*	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Orange Vita Fresh, 4 12.0g	Fruit Fresh Assorted ** DO 0.0g*
<i>Milk</i>	Juice, Orange Vita Fresh, 4 12.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Fruit Fresh Assorted ** DO 0.0g*	<i>Milk</i>
Milk, Fat Free, Strawberry 19.0g	Fruit Fresh Assorted ** DO 0.0g*	Juice, Orange Vita Fresh, 4 12.0g	<i>Milk</i>	Milk, Fat Free, Strawberry 19.0g
Milk, Fat Free, Chocolate 19.0g	<i>Milk</i>	Fruit Fresh Assorted ** DO 0.0g*	Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Chocolate 19.0g
Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g	<i>Milk</i>	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored 13.0g
	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Unflavored 13.0g	
		Milk, Fat Free, Chocolate 19.0g		
		Milk, Fat Free, Unflavored 13.0g		

* Indicates incomplete or missing nutrient information.

Thursday, 6 May		Friday, 7 May		Saturday, 8 May		Sunday, 9 May		Monday, 10 May	
Marranito or Chorizo Egg Taco		Cereal, Juice, Fruit, Assorted Milk		Peanut Butter and Jelly jamwich		Cereal		Cereal, Juice, Fruit, Assorted Milk	
<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>		<i>Entree</i>	
Marranito	41.0g	Cereal,Small Bowl Pack-Coco	47.6g	Cereal,Small Bowl Pack-Coco	47.6g	Cereal,Small Bowl Pack-Coco	47.6g	Cereal,Small Bowl Pack-Coco	47.6g
Chorizo Egg Taco	13.7g	Cereal, Small Bowl Lucky Ch	46.6g	Cereal, Small Bowl Lucky Ch	46.6g	Cereal, Small Bowl Lucky Ch	46.6g	Cereal, Small Bowl Lucky Ch	46.6g
<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>		<i>Side Dish</i>	
Juice, Apple Vita Fresh, 4oz	14.0g	Cereal, Cinnamon Toast Cru	44.6g	Cereal, Cinnamon Toast Cru	44.6g	Cereal, Cinnamon Toast Cru	44.6g	Cereal, Cinnamon Toast Cru	44.6g
Juice, Orange Vita Fresh, 4oz	12.0g	Cereal,Small Bowl Pack, Che	40.5g	Peanut Butter Jamwich	30.6g	Juice, Fruit Punch Vita Fresh	14.0g	Juice, Fruit Punch Vita Fresh	14.0g
Fruit Fresh Assorted ** DO	0.0g*	Juice, Apple Vita Fresh, 4oz	14.0g	Juice, Apple Vita Fresh, 4oz	14.0g	Juice, Apple Vita Fresh, 4oz	14.0g	Juice, Apple Vita Fresh, 4oz	14.0g
<i>Milk</i>		<i>Milk</i>		<i>Milk</i>		<i>Milk</i>		<i>Milk</i>	
Milk, Fat Free, Strawberry	19.0g	Juice, Orange Vita Fresh, 4oz	12.0g	Juice, Orange Vita Fresh, 4oz	12.0g	Juice, Orange Vita Fresh, 4oz	12.0g	Juice, Orange Vita Fresh, 4oz	12.0g
Milk, Fat Free, Chocolate	19.0g	Fruit Fresh Assorted ** DO	0.0g*	Fruit Fresh Assorted ** DO	0.0g*	Fruit Fresh Assorted ** DO	0.0g*	Fruit Fresh Assorted ** DO	0.0g*
Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Strawberry	19.0g	Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Strawberry	19.0g
		Milk, Fat Free, Chocolate	19.0g	Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Unflavored	13.0g	Milk, Fat Free, Chocolate	19.0g
		Milk, Fat Free, Unflavored	13.0g					Milk, Fat Free, Unflavored	13.0g

* Indicates incomplete or missing nutrient information.

Tuesday, 11 May	Wednesday, 12 May	Thursday, 13 May	Friday, 14 May	Saturday, 15 May
Sweet Potato Muffin Top, Juice, Fruit, Assorted Milk	Concha or Yogurt parfait W/ UBR	Mini Blueberry Pancakes, Juice, Fruit, Assorted Milk	Cereal, Juice, Fruit, Assorted Milk	Banana Chocolate Bar
<i>Entree</i>		<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Sweet Potato Chocolate Chip 43.4g		Pancakes, Whole Grain Minis 35.0g	Cereal, Small Bowl Pack-Coco 47.6g	Breakfast Bar, Banana/Choc 47.9g
<i>Side Dish</i>	Concha 32.9	<i>Side Dish</i>	Cereal, Small Bowl Lucky Ch 46.6g	<i>Side Dish</i>
Juice, Fruit Punch Vita Fresh 14.0g	Yogurt w/Blueberries 69.7g	Juice, Fruit Punch Vita Fresh 14.0g	Cereal, Cinnamon Toast Cru 44.6g	Juice, Fruit Punch Vita Fresh 14.0g
Juice, Apple Vita Fresh, 4oz 14.0g	<i>Side Dish</i>	Juice, Apple Vita Fresh, 4oz 14.0g	Cereal, Small Bowl Pack, Che 40.5g	Juice, Apple Vita Fresh, 4oz 14.0g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Orange Vita Fresh, 4 12.0g	<i>Side Dish</i>	Juice, Orange Vita Fresh, 4 12.0g
Fruit Fresh Assorted ** DO 0.0g*	Juice, Orange Vita Fresh, 4 12.0g	Fruit Fresh Assorted ** DO 0.0g*	Juice, Fruit Punch Vita Fresh 14.0g	Fruit Fresh Assorted ** DO 0.0g*
<i>Milk</i>	Fruit Fresh Assorted ** DO 0.0g*	<i>Milk</i>	Juice, Apple Vita Fresh, 4oz 14.0g	<i>Milk</i>
Milk, Fat Free, Strawberry 19.0g	<i>Milk</i>	Milk, Fat Free, Strawberry 19.0g	Juice, Orange Vita Fresh, 4 12.0g	Milk, Fat Free, Chocolate 19.0g
Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Chocolate 19.0g	Fruit Fresh Assorted ** DO 0.0g*	Milk, Fat Free, Unflavored 13.0g
Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>	
		<i>Condiment</i>	Milk, Fat Free, Strawberry 19.0g	
		Syrup cups 30.2g	Milk, Fat Free, Chocolate 19.0g	
			Milk, Fat Free, Unflavored 13.0g	

* Indicates incomplete or missing nutrient information.

Sunday, 16 May	Monday, 17 May	Tuesday, 18 May	Wednesday, 19 May	Thursday, 20 May
Cereal	Cereal, Juice, Fruit, Assorted Milk	Blueberry Poptart Juice, Fruit, Assorted Milk	Chicken Sausage Bites, Cereal, Juice, Fruit, Assorted Milk	Banana Loaf Slice, Juice, Fruit, Assorted Milk
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Cereal, Small Bowl Pack-Coco 47.6g	Cereal, Small Bowl Pack-Coco 47.6g	Pop-Tarts WG Blueberry Fro 76.1g	Mini Morning Chicken Bites 17.6g	Banana Loaf Slice 46.2g
Cereal, Small Bowl Lucky Ch 46.6g	Cereal, Small Bowl Lucky Ch 46.6g			
Cereal, Cinnamon Toast Cru 44.6g	Cereal, Cinnamon Toast Cru 44.6g	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
<i>Side Dish</i>	Cereal, Small Bowl Pack, Che 40.5g	High Schools Only Cocktail, 15.2g	Juice, Apple Vita Fresh, 4oz 14.0g	High Schools Only Cocktail, 15.2g
Juice, Fruit Punch Vita Fresh 14.0g	<i>Side Dish</i>	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g
Juice, Apple Vita Fresh, 4oz 14.0g	High Schools Only Cocktail, 15.2g	Juice, Apple Vita Fresh, 4oz 14.0g	Fruit Fresh Assorted ** DO 0.0g*	Juice, Apple Vita Fresh, 4oz 14.0g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Orange Vita Fresh, 4 12.0g	<i>Milk</i>	Juice, Orange Vita Fresh, 4 12.0g
Fruit Fresh Assorted ** DO 0.0g*	Juice, Apple Vita Fresh, 4oz 14.0g	Fruit Fresh Assorted ** DO 0.0g*	Milk, Fat Free, Chocolate 19.0g	Fruit Fresh Assorted ** DO 0.0g*
<i>Milk</i>	Juice, Orange Vita Fresh, 4 12.0g	<i>Milk</i>	Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>
Milk, Fat Free, Chocolate 19.0g	Fruit Fresh Assorted ** DO 0.0g*	Milk, Fat Free, Strawberry 19.0g		Milk, Fat Free, Strawberry 19.0g
Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>	Milk, Fat Free, Chocolate 19.0g		Milk, Fat Free, Chocolate 19.0g
	Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Unflavored 13.0g		Milk, Fat Free, Unflavored 13.0g
	Milk, Fat Free, Chocolate 19.0g			
	Milk, Fat Free, Unflavored 13.0g			

* Indicates incomplete or missing nutrient information.

Friday, 21 May	Saturday, 22 May	Sunday, 23 May	Monday, 24 May	Tuesday, 25 May
Cereal, Juice, Fruit, Assorted Milk	Peanut Butter and Jelly jamwich	Cereal	Cereal, Juice, Fruit, Assorted Milk	Blueberry Stick, Juice, Fruit, Assorted Milk
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Cereal,Small Bowl Pack-Coco 47.6g	Cereal,Small Bowl Pack-Coco 47.6g	Cereal,Small Bowl Pack-Coco 47.6g	Cereal,Small Bowl Pack-Coco 47.6g	
Cereal, Small Bowl Lucky Ch 46.6g	Cereal, Small Bowl Lucky Ch 46.6g	Cereal, Small Bowl Lucky Ch 46.6g	Cereal, Small Bowl Lucky Ch 46.6g	Blueberry Cheese Stick 24.1g
Cereal, Cinnamon Toast Cru 44.6g	Cereal, Cinnamon Toast Cru 44.6g	Cereal, Cinnamon Toast Cru 44.6g	Cereal, Cinnamon Toast Cru 44.6g	<i>Side Dish</i>
Cereal,Small Bowl Pack, Che 40.5g	Peanut Butter Jamwich 30.6g	<i>Side Dish</i>	Cereal,Small Bowl Pack, Che 40.5g	High Schools Only Cocktail, 15.2g
<i>Side Dish</i>	<i>Side Dish</i>	Juice, Fruit Punch Vita Fresh 14.0g	<i>Side Dish</i>	Juice, Fruit Punch Vita Fresh 14.0g
Juice, Fruit Punch Vita Fresh 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	High Schools Only Cocktail, 15.2g	Juice, Apple Vita Fresh, 4oz 14.0g
Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Orange Vita Fresh, 4 12.0g	Juice, Fruit Punch Vita Fresh 14.0g	Juice, Orange Vita Fresh, 4 12.0g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Orange Vita Fresh, 4 12.0g	Fruit Fresh Assorted ** DO 0.0g*	Juice, Apple Vita Fresh, 4oz 14.0g	Fruit Fresh Assorted ** DO 0.0g*
Fruit Fresh Assorted ** DO 0.0g*	Fruit Fresh Assorted ** DO 0.0g*	<i>Milk</i>	Juice, Orange Vita Fresh, 4 12.0g	<i>Milk</i>
<i>Milk</i>	<i>Milk</i>	Milk, Fat Free, Chocolate 19.0g	Fruit Fresh Assorted ** DO 0.0g*	Milk, Fat Free, Strawberry 19.0g
Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored 13.0g	<i>Milk</i>	Milk, Fat Free, Chocolate 19.0g
Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Unflavored 13.0g		Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Unflavored 13.0g
Milk, Fat Free, Unflavored 13.0g			Milk, Fat Free, Chocolate 19.0g	
			Milk, Fat Free, Unflavored 13.0g	

* Indicates incomplete or missing nutrient information.

Wednesday, 26 May	Thursday, 27 May	Friday, 28 May	Saturday, 29 May
Marranito or cereal, Juice, Fruit, Assorted Milk	Breakfast Round UBR Juice, Fruit, Assorted Milk	Cereal, Juice, Fruit, Assorted Milk	Concha, Juice, Fruit, Assorted Milk
<i>Entree</i>	<i>Entree</i>	<i>Entree</i>	<i>Entree</i>
Marranito 41.0g	UBR 38.7g	Cereal, Small Bowl Pack-Coco 47.6g	Concha 32.9g
<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>	<i>Side Dish</i>
Juice, Fruit Punch Vita Fresh 14.0g	High Schools Only Cocktail, 15.2g	Cereal, Small Bowl Lucky Ch 46.6g	Juice, Fruit Punch Vita Fresh 14.0g
Juice, Apple Vita Fresh, 4oz 14.0g	Juice, Fruit Punch Vita Fresh 14.0g	Cereal, Cinnamon Toast Cru 44.6g	Juice, Apple Vita Fresh, 4oz 14.0g
Juice, Orange Vita Fresh, 4 12.0g	Juice, Apple Vita Fresh, 4oz 14.0g	Cereal, Small Bowl Pack, Che 40.5g	Juice, Orange Vita Fresh, 4 12.0g
Fruit Fresh Assorted ** DO 0.0g*	Juice, Orange Vita Fresh, 4 12.0g	Juice, Punch, 6 oz 24.0g	Fruit Fresh Assorted ** DO 0.0g*
<i>Milk</i>	Fruit Fresh Assorted ** DO 0.0g*	Berry Breeze 6 oz 24.0g	<i>Milk</i>
Milk, Fat Free, Strawberry 19.0g	<i>Milk</i>	Fruit Fresh Assorted ** DO 0.0g*	Milk, Fat Free, Strawberry 19.0g
Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Strawberry 19.0g	<i>Milk</i>	Milk, Fat Free, Chocolate 19.0g
Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g	Milk, Fat Free, Strawberry 19.0g	Milk, Fat Free, Unflavored 13.0g
	Milk, Fat Free, Unflavored 13.0g	Milk, Fat Free, Chocolate 19.0g	
		Milk, Fat Free, Unflavored 13.0g	

* Indicates incomplete or missing nutrient information.