



Middle School STAFF Lunch Menu

May 2018



Monday	Tuesday	Wednesday	Thursday	Friday	Adult Meal=\$3.20 Milk = \$.50	
	1 Nachos Fresh Burrito with Queso Sauce Fresh Beef Hot Dog with Chili & Cheese Refried Beans / Fries Garden Salad/Assorted Vegetables Spiced Apples Assorted Fresh Fruit Milk	2 Malibu Chicken Sandwich or Chicken Cavatappi Bake & Twisted Breadstick Corn / Garden Salad Assorted Vegetables Diced Peaches / Assorted Fresh Fruit Milk	3 Bosco Sticks & Sauce or BBQ Pork Sandwich Carrots / Cole Slaw Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	4 GRAND SLAM! Fresh Pizza Lemon Talapia & Corn Bread Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit/Milk Whole Grain Baseball Donut	DELI BAR Build a Salad or Sandwich Assorted Cold Sandwiches including Turkey & Ham on White Bread, Sub Bun, Ciabatta, Croissant, Wrap, Panini, Pretzel Roll, Top with Assorted Veggies *Deli Bar is not available on last week of school. Premade items will be available.	
	7 Mediterranean Turkey Panini or Sloppy Joe & Baked Chips Green Beans Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	8 Mini Quesadillas or Spring Potato Bar Corn / Spanish Rice Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	9 Pasta Roll Up in Meat Sauce & Twisted Bread Stick Babe Ruth Sandwich Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	10 Macaroni & Cheese / Dinner Roll Italian Beef & Mozzarella Grilled Peppers & Onions Mashed Potatoes & Gravy Glazed Carrots Garden Salad/Assorted Vegetables Pineapple Tidbits / Assorted Fresh Fruit Milk	11 Fresh Pizza or Cheeseburger Baked Beans /Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	Fresh Grilled Chicken Sandwich Served Daily Weekly Salad Specials MON: Antipasto Salad TUES: Greek Salad WED: Cobb Salad / Berry Spinach Salad THURS: Greek Salad
	14 Hot Ham & Cheese Panini Broccoli Chicken Rice Casserole & Dinner Roll Tator Tots / Malibu Blend Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	15 Chicken Fajita or Taco Salad Refried Beans / Corn Garden Salad/Assorted Vegetables Spiced Apples Assorted Fresh Fruit Milk	16 Stuffed Shells in Meat or Marinara Sauce & Twisted Breadstick Pork Cubana Sandwich Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	17 RACE TO THE FINISH LINE Fresh Chicken Stir Fry with Egg Roll BBQ Rib Sandwich Green Beans / Pasta Salad Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit/Milk RACE TRACK PUDDING	18 Fresh Pizza or Rueben Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	Weekly Specials MON: Chicken BLT on Ciabatta Bread TUES: Turkey Avocado Wrap WED: Tuna on Croissant
	21 Macaroni & Cheese / Dinner Roll or Turkey & Cheese Panini Broccoli Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	22 Southwest Lasagna or Malibu Chicken Sandwich Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	23 Stuffed Meatball with Spaghetti & Marinara Sauce Babe Ruth Sandwich Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk / Twisted Breadstick	24 Grilled Pepper & Beef Melt on Ciabatta Bread Turkey & Gravy Mashed Potatoes & Gravy Potato Salad Pineapple Tidbit/Assorted Fresh Fruit Garden Salad/Assorted Vegetables Milk / Dinner Roll	25 Fresh Pizza or Cheeseburger Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk	Homemade SOUPS offered DAILY ***Soup is A La Carte only*** May 7-11 & 21-25 May 1-4, 14-18 Mon: Pasta Fagioli Mon: Chicken Noodle Tues: Cream of Broccoli Tues: Chili Wed: Cream of Chicken Wed: Cream of Chicken Thurs: Lemon Rice Thurs: Cream of Potato Fri: Chef's choice Fri: Chef's choice
	28 	29 	30 	31 	28 	A complete lunch consists of: One entrée choice and 2 side dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk Menu is based on product availability and is subject to change
	Memorial Day					Group Luncheons Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email. All Pizzas are \$10 If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time. Lake Central School Corporation Gladys Rediger - FS Director Linda Johnson- FS Administrative Assistant Food Service Central Office 865-4416 This institution is an equal opportunity provider.