

Happy Holidays!

December 2017
Middle School STAFF Lunch Menu

Wk 1

Wk 2

Wk 3

Wk 4

Monday	Tuesday	Wednesday	Thursday	Friday
				
4	5	6	7	8
Hot Ham & Cheese Panini on Rye Sausage & Sauerkraut with Dinner Roll	Nachos or Taco Salad or Baked Potato Bar	Flat Bread Pizza & Sauce or Lasagna & Twisted Breadstick	* Bosco Sticks and Sauce General Tso Chicken with Rice & Egg Roll	Fresh Pizza Peppered Lemon Tilapia & Rice/Corn Bread
Tator Tots / Malibu Blend Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk	Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk / Corn Bread	Corn Garden Salad/Assorted Vegetables Diced Peaches Diced Peaches/Assorted Fresh Fruit Milk	Green Beans Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	Baked Beans /Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
11	12	13	WINTER HOLIDAY FEAST	
Macaroni & Cheese with Dinner Roll or Turkey & Cheese Panini	Chicken Fajita Grilled Peppers & Beef Melt on Ciabatta Bread	Chicken Parmesan & Pasta / Twisted Breadstick Hot Chicken Buffalo Wrap	Sliced Turkey or Fresh Mini Meat Loaf	Fresh Pizza or Fresh Cheeseburger
Hash brown / Broccoli Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	Corn / Spanish Rice Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	Mashed Potatoes & Gravy Green Bean Casserole/Stuffing/Cranberries Pineapple Tidbit/Assorted Fresh Fruit Garden Salad/Assorted Vegetables/Milk Holiday Cookie	Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
18	19	20	21	22
Italian Style Mozzarella Chicken Pesto Panini Chicken Teriyaki & Rice with Egg Roll	Nachos or Taco Salad or Chicken & Cheese Quesadilla	Flat Bread Pizza & Sauce Chicken Alfredo & Twisted Breadstick	Bosco Sticks & Sauce or BBQ Pork Sandwich	 WINTER BREAK
Broccoli Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk	Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk / Corn Bread	Corn Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	Carrots / Cole Slaw Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	
25	26	27	28	29

Adult Meal=\$3.20
Milk = \$.50

DELI BAR

Build a Salad or Sandwich

with Ham, Turkey, Egg, Chicken or Cheese on White Bread, Sub Bun, Ciabatta, Croissant, Wrap, Panini, Pretzel Roll, Top with Assorted Veggies

Fresh Grilled Chicken Sandwich Served Daily

Weekly Salad Specials

MON: Antipasto Salad

TUES: Greek Salad

WED: Cobb Salad

THURS: Antipasto Salad

Weekly Specials

TUES: Chicken BLT Wrap

THURS: Turkey Avocado Wrap

Homemade SOUPS offered DAILY

Soup is A La Carte only

December 1, 22-25

December 4-8, 18-21

Mon: Chicken Noodle

Tues: Cream of Broccoli

Wed: Cream of Chicken

Thurs: Lemon Rice

Fri: Chef's choice

Mon: Chicken Noodle

Tues: Chili

Wed: Cream of Chicken

Thurs: Cream of Potato

Fri: Chef's choice

A complete lunch consists of :

One entrée choice and

2 side dishes (fruit or vegetables)

1 side dish must be a fruit

or vegetable and milk

Menu is based on product availability and is subject to change

Group Luncheons

Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email. All Pizzas are \$10

If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time.

Lake Central

School Corporation

Gladys Rediger - FS Director

Linda Johnson- FS Administrative Assistant

Food Service Central Office

865-4416

This institution is an equal opportunity provider.

