

Middle School STAFF Lunch Menu

April 2018



WK. 4

WK. 1

WK. 2

WK. 3

WK. 4

Monday	Tuesday	Wednesday	Thursday	Friday
2 <i>No School</i>	3 Nachos Fresh Burrito with Queso Sauce Fresh Beef Hot Dog with Chili Refried Beans / Fries Garden Salad/Assorted Vegetables Spiced Apples Assorted Fresh Fruit Milk	4 Pepperoni Calzone with Marinara Sauce Chicken Cavatappi Bake & Twisted Breadstick Corn Garden Salad/Assorted Vegetables Grilled Peppers & Onions Diced Peaches / Assorted Fresh Fruit Milk	5 Bosco Sticks & Sauce or BBQ Pork Sandwich Carrots / Cole Slaw Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	6 Fresh Pizza or Flat Bread or Potato Crusted Pollock & Corn Bread Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
9 Mediterranean Turkey Panini or Sloppy Joe & Baked Chips Green Beans Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	10 Mini Quesadillas or Brat & Sauerkraut Sandwich Corn / Spanish Rice Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	11 Pasta Roll up in Meat Sauce & Twisted Bread Stick Babe Ruth Sandwich Broccoli Garden Salad/Assorted Vegetables Grilled Peppers & Onions Diced Peaches / Assorted Fresh Fruit Milk	12 Macaroni & Cheese / Dinner Roll or Italian Beef & Mozzarella Mashed Potatoes & Gravy Glazed Carrots Garden Salad/Assorted Vegetables Pineapple Tidbits / Assorted Fresh Fruit Milk	13 Fresh Pizza or Flat Bread or Cheeseburger Baked Beans /Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
16 Hot Ham & Cheese Panini Broccoli Chicken Rice Casserole & Dinner Roll Tator Tots / Malibu Blend Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	17 Chicken Fajita Taco Salad Pork Cubana Sandwich Refried Beans / Corn Garden Salad/Assorted Vegetables Spiced Apples Assorted Fresh Fruit Milk	18 Stuffed Shells in Meat or Marinara Sauce & Twisted Breadstick Italian Sausage Sandwich Broccoli Garden Salad/Assorted Vegetables Grilled Peppers & Onions Diced Peaches / Assorted Fresh Fruit Milk	19 Fresh Chicken Stir Fry with Egg Roll or BBQ Rib Sandwich Green Beans / Pasta Salad Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	20 Fresh Pizza or Flat Bread or Rueben Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
23 EARTH DAY Macaroni & Cheese / Dinner Roll Turkey & Cheese Panini Broccoli Garden Salad/Assorted Vegetable Applesauce Assorted Fresh Fruit/Milk Dirt Pudding	24 Southwest Lasagna or Malibu Chicken Sandwich Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	25 Stuffed Meatball with Spaghetti & Marinara Sauce Spring Baked Potato Bar Green Beans Garden Salad/Assorted Vegetables Grilled Peppers & Onions Diced Peaches / Assorted Fresh Fruit Milk / Twisted Breadstick	26 Grilled Pepper & Beef Melt on Ciabatta Bread Turkey & Gravy Mashed Potatoes & Gravy Potato Salad Pineapple Tidbit/Assorted Fresh Fruit Garden Salad/Assorted Vegetables Milk / Dinner Roll	27 Fresh Pizza or Flat Bread or Tuna Melt Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
30 Italian Style Mozzarella Chicken Pesto Panini Citrus Chicken Quinoa & Roll Broccoli Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk				

Adult Meal-\$3.20 Milk = \$0.50										
DELI BAR Build a Salad or Sandwich Assorted Cold Sandwiches including Turkey & Ham on White Bread, Sub Bun, Ciabatta, Croissant, Wrap, Panini, Pretzel Roll, Top with Assorted Veggies										
Fresh Grilled Chicken Sandwich Served Daily										
Weekly Salad Specials MON: Antipasto Salad TUES: Greek Salad WED: Cobb Salad / Berry Spinach Salad THURS: Greek Salad										
Weekly Specials MON: Chicken BLT on Ciabatta Bread TUES: Turkey Avocado Wrap WED: Beef & Pepper Jack on Focaccia Bread THURS: Turkey Avocado Wrap										
Homemade SOUPS offered DAILY ***Soup is A La Carte only*** April 9-13 & 23-27 April 3-6, 16-20 & 30th										
<table border="0"> <tr> <td>Mon: Pasta Fagioli</td> <td>Mon: Chicken Noodle</td> </tr> <tr> <td>Tues: Cream of Broccoli</td> <td>Tues: Chili</td> </tr> <tr> <td>Wed: Cream of Chicken</td> <td>Wed: Cream of Chicken</td> </tr> <tr> <td>Thurs: Lemon Rice</td> <td>Thurs: Cream of Potato</td> </tr> <tr> <td>Fri: Chef's choice</td> <td>Fri: Chef's choice</td> </tr> </table>	Mon: Pasta Fagioli	Mon: Chicken Noodle	Tues: Cream of Broccoli	Tues: Chili	Wed: Cream of Chicken	Wed: Cream of Chicken	Thurs: Lemon Rice	Thurs: Cream of Potato	Fri: Chef's choice	Fri: Chef's choice
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A complete lunch consists of : One entrée choice and 2 side dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk										
<i>Menu is based on product availability and is subject to change</i>										
Group Luncheons Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email. All Pizzas are \$10										
If you have any suggestions for our staff menu or setting up an account, please contact your kitchen Managers at any time.										
Lake Central School Corporation Gladys Rediger - FS Director Linda Johnson- FS Administrative Assistant Food Service Central Office 865-4416										
<i>This institution is an equal opportunity provider.</i>										