



SEPTEMBER 2017 MIDDLE SCHOOL STAFF LUNCH MENU



Wk. 4

Wk. 1

Wk. 2

Wk. 3

Wk. 4

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
 LABOR DAY NO SCHOOL	Chicken Enchilada & Corn Bread or Malibu Chicken Sandwich Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	Meat/Meatless Pasta Roll Up & Twisted Bread Stick or Fresh Burger with Mushroom & Swiss Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	Macaroni & Cheese with Dinner Roll or Italian Beef Sandwich with Mozzarella Mashed Potatoes & Gravy Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	1 Fresh Pizza or Chicken Wings & Corn Bread Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
11 Patriot Day Hot Ham & Cheese Panini on Rye or Chicken Rice Casserole & Dinner Roll Tator Tots Garden Salad/Assorted Vegetables Assorted Fresh Fruit Milk Cherry Blue Raspberry Frozen Juice Cup	12 Nachos or Taco Salad or Southwest Stuffed Peppers Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk / Corn Bread	13 Flat Bread Pizza & Sauce or Italian Sausage with Mariana & Peppers on Turano Bread Pasta Salad Broccoli/Garden Salad/Assorted Vegetables Diced Peaches/Assorted Fresh Fruit Milk	14 * Bosco Sticks and Sauce or Buffalo Chicken Leg & Waffle Sticks Green Beans Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	15 Fresh Pizza or Babe Ruth Sandwich Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
18 Macaroni & Cheese with Dinner Roll or Turkey & Cheese Panini Hash brown Garden Salad/Assorted Vegetables Applesauce Assorted Fresh Fruit Milk	19 Chicken & Cheese Crisпитos with Cheese Sauce or Corn Dog Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	20 Grilled Peppers and Beef Melt on Ciabatta Bread or Beef Ravioli & Twisted Breadstick Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	21 Meat Loaf Sandwich or Turkey & Gravy/Dinner Roll Mashed Potatoes & Gravy Pineapple Tidbit Assorted Fresh Fruit Garden Salad/Assorted Vegetables Milk	22 TAILGATE PARTY! Fresh Pizza or Fresh Cheeseburger "BLITZ" Baked Beans / "FIELD GOAL" Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin "OFFSIDE" Oranges Assorted Fresh Fruit/Milk "SIDELINE" Soft Pretzel & Cheese
25 Italian Style Mozzarella Chicken Pesto Panini or Chicken Teriyaki & Egg Roll Broccoli Garden Salad/Assorted Vegetables Slushie Assorted Fresh Fruit Milk	26 Nachos or Taco Salad with Corn Bread or Chicken & Cheese Quesadilla Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	27 Flat Bread Pizza & Sauce or Chicken Cavatappi Bake & Twisted Breadstick Corn Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	28 WORLD SCHOOL MILK DAY bringing awareness to the benefits of Milk Bosco Sticks & Sauce or BBQ Rib Sandwich Carrots / Cole Slaw Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit STARRING "Milk"	29 Fresh Pizza or Chicken Wings & Corn Bread Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk

**ADULT MEAL = \$3.20
MILK = \$0.50**

DELI BAR

Build a Salad or Sandwich
with Ham, Turkey, Egg, Chicken or Cheese on
White Bread, Sub Bun, Ciabatta, Croissant, Wrap, Panini, Pretzel Roll
Top with Assorted Veggies



Fresh Grilled Chicken Sandwich Served Daily

Weekly Salad Specials

TUES: Greek Salad

WED: Cobb Salad

THURS: Antipasto Salad



Weekly Specials

TUES: Chicken BLT Wrap

THURS: Turkey Avocado Wrap



Homemade SOUPS offered DAILY

*****Soup is A La Carte only*****

September 5-8 & 18-22

Septemeber 1, 11-15 & 25-29

Mon: Chicken Noodle

Mon: Chicken Rice

Tues: Lemon Rice

Tues: Cream of Broccoli

Wed: Cream of Chicken

Wed: Cream of Chicken

Thurs: Pasta Fagioli

Thurs: Cream of Potato



Fri: Chef's choice

Fri: Chef's choice

A complete lunch consists of:
One entrée choice and
2 side dishes (fruit or vegetables)
1 side dish must be a fruit
or vegetable and milk

Menu is based on product availability and is subject to change

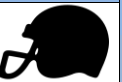
Group Luncheons

Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email.
All Pizzas are \$10

If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time.



Lake Central
School Corporation
Gladys Rediger - FS Director



Linda Johnson- FS Administrative Assistant
Food Service Central Office
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This institution is an equal opportunity provider.