



Middle School STAFF Lunch Menu

May 2017



Monday	Tuesday	Wednesday	Thursday	Friday
1 Macaroni & Cheese with Dinner Roll or Turkey & Cheese Panini Malibu Blend Garden Salad/Assorted Vegetables Diced Pears Assorted Fresh Fruit Milk	2 Southwest Lasagna & Corn Bread or Corn Dog Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	3 Grilled Peppers and Beef Melt on Ciabatta Bread or Beef Ravioli & Twisted Breadstick Green Beans Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	4 Polish Sausage & Sauerkraut or Turkey & Gravy / Dinner Roll Mashed Potatoes & Gravy Pineapple Tidbit Assorted Fresh Fruit Garden Salad/Assorted Vegetables Milk	5 Fresh Pizza or Cheesy Fish Sandwich Baked Beans / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
8 Italian Style Mozzarella Chicken Pesto Panini or Chicken Teriyaki & Egg Roll Broccoli Garden Salad/Assorted Vegetables Diced Pears Assorted Fresh Fruit Milk	9 Nachos or Taco Salad or Chicago Style Hot Dog Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	10 French Bread Cheese Pizza or Chicken Cavatappi Bake & Twisted Breadstick Corn Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	11 Bosco Sticks & Sauce or BBQ Pork Sandwich Carrots / Cole Slaw Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	12 Fresh Pizza or Tuna Casserole & Dinner Roll Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
15 Turkey & Cheese Panini or BBQ Chicken Leg & Dinner Roll Green Beans/Scalloped Potatoes Garden Salad/Assorted Vegetables Diced Pears Assorted Fresh Fruit Milk	16 Chicken Enchilada & Corn Bread or Malibu Chicken Sandwich Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	17 Meat/Meatless Pasta Roll Up & Twisted Bread Stick or Fresh Burger with Mushroom & Swiss Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	18 Macaroni & Cheese with Dinner Roll or Italian Beef Sandwich with Mozzarella Mashed Potatoes & Gravy Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	19 Fresh Pizza or Peppered Lemon Tilapia & Rice/Corn Bread Baked Beans /Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit Milk
22 Hot Ham & Cheese Panini on Rye or Chicken Rice Casserole & Dinner Roll Green Beans Garden Salad/Assorted Vegetables Diced Pears Assorted Fresh Fruit Milk	23 Nachos or Taco Salad & Corn Bread or Oven Fried Chicken Wrap Refried Beans / Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	24 French Bread Cheese Pizza or Italian Sausage with Mariana & Peppers on Turano Bread Broccoli /Pasta Salad Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk	25 * Bosco Sticks and Sauce or Buffalo Chicken Leg & Waffle Sticks Green Beans Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	26 RACE TO THE FINISH LINE Fresh Pizza or Tuna Melt Peas & Carrots / Fries Garden Salad/Assorted Vegetables Pineapple & Mandarin Orange Mix up Assorted Fresh Fruit/Milk RACE TRACK PUDDING
29 Memorial Day	30 Southwest Lasagna & Corn Bread or Corn Dog Corn Garden Salad/Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit Milk	31 		

Adult Meal=\$3.10
Milk = \$.50

DELI BAR



Build a Salad or Sandwich
with Ham, Turkey, Egg, Chicken or Cheese on
White Bread, Sub Bun, Oat Ciabatta, Croissant, Marble Rye
Top with Assorted Veggies

Fresh Grilled Chicken Sandwich Served Daily

Weekly Salad Specials

TUES: Greek Salad
WED: Cobb Salad
THURS: Antipasto Salad



Weekly Specials



TUES: Chicken BLT Wrap
WED: Tuna on a Croissant
THURS: Turkey Avocado Wrap

Homemade SOUPS offered DAILY

Soup is A La Carte only

May 1-5 & 15-19 & 30th May 8-12 & 22-26

Mon: Chicken Noodle		Mon: Chicken Noodle
Tues: Cream of Chicken		Tues: Lemon Rice
Wed: Cream of Broccoli		Wed: Cream of Chicken
Thurs: Pasta Fagioli		Thurs: Cream of Potato
Fri: Chef's choice		Fri: Chef's choice

A complete lunch consists of :
One entrée choice and
2 side dishes (fruit or vegetables)
1 side dish must be a fruit
or vegetable and milk

Menu is based on product availability and is subject to change

Group Luncheons

Group Luncheons featuring Pizza and
various items are available for parties of
8 or more. Please contact your kitchen Manager by email.
All Pizzas are \$10

If you have any suggestions for our staff menus or setting up an
account, please contact your kitchen Managers at any time.

Lake Central
School Corporation
Gladys Rediger - FS Director
Linda Johnson- FS Administrative Assistant
Food Service Central Office
865-4416

This institution is an equal opportunity provider.