



High School STAFF Lunch Menu

May 2018



WK 4

WK 1

WK 2

WK 3

Monday	Tuesday	Wednesday	Thursday	Friday	Adult Lunch = \$3.20 Milk = \$.50
	<p>1</p> <p>Fresh Burrito with Queso Sauce</p> <p>Grilled Hot Dog & Cheese</p> <p>Grilled Chicken Sandwich</p> <p>Southwest Bar.- Nachos or Tacos</p> <p>Refried Beans</p> <p>Assorted Vegetables/Garden Salad</p> <p>Spiced Apples / Assorted Fresh Fruit</p> <p>Milk / Spanish Rice / Corn Muffin</p>	<p>2</p> <p>Pepperoni Calzone with Marinara Sauce</p> <p>One Pot Spaghetti</p> <p>Grilled Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</p> <p>Broccoli / Garden Salad/ Assorted Vegetables</p> <p>Diced Peaches</p> <p>Assorted Fresh Fruit/Milk</p>	<p>3</p> <p>Bosco Sticks & Sauce</p> <p>BBQ Pork Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Carrots / Cole Slaw</p> <p>Assorted Vegetables/Garden Salad</p> <p>Pineapple/Assorted Fresh Fruit</p> <p>Milk</p>	<p>4</p> <p>GRAND SLAM!</p> <p>Fresh Pizza or Flat Bread</p> <p>Potato Crusted Pollock & Corn Bread</p> <p> Grilled Chicken Sandwich </p> <p>Peas & Carrots/Fries/Assorted Vegetables</p> <p>Garden Salad / Pineapple & Mandarin Oranges</p> <p>Assorted Fresh Fruit / Milk</p> <p> Whole Grain Baseball Donut </p>	<p>SERVED ON HOT LINES</p> <p>DAILY Grilled Chicken Sandwich</p> <p>TUESDAY Southwest Bar with Nachos, Taco or Taco Salad with Corn Bread</p> <p>WEDNESDAY Pasta Bar with Pasta and Sauce and/or Grilled Vegetables with Twisted Breadstick</p> <p>DELI BAR - Offered Daily </p> <p>Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Ciabatta, Panini, Wrap, Pretzel Roll, Flat Bread, and top with Assorted Vegetables</p> <p>Chef Salads with Ham, Turkey, Chicken, Cheese & Assorted Vegetables.</p> <p>*Deli Bar is not available on last week of school. Premade items will be available.</p> <p>HOT Meals to go; Panini Turkey Sandwich & Pizza. COLD SANDWICHES and CHEF SALAD MEALS to go!</p> <p>Weekly Deli TO GO Salad Specials</p> <p>MON: Antipasto Salad </p> <p>TUES: Tuna Salad / Taco Salad / Greek Salad</p> <p>WED: Cobb Salad / Berry Spinach Salad</p> <p>THURS: Greek Salad</p> <p>Weekly Deli TO GO Wraps & Sandwich Specials</p> <p>MON: Chicken BLT on Ciabatta Bread</p> <p>TUES: Turkey Avocado Wrap</p> <p>WED: Beef & Pepper Jack on Focaccia Bread / Chicken Buffalo Wrap</p> <p>THURS: Turkey Avocado Wrap</p> <p>Homemade A La Carte SOUPS offered DAILY</p> <p>May 7-11 & 21-25 May 14-4 & 14-18</p> <p>Mon: Pasta Fagioli Mon: Chicken Noodle</p> <p>Tues: Cream of Broccoli Tues: Chili</p> <p>Wed: Cream of Chicken Wed: Cream of Chicken</p> <p>Thurs: Lemon Rice Thurs: Cream of Potato</p> <p>Fri: Chef's choice Fri: Chef's choice</p> <p></p> <p>ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK</p> <p>A complete lunch consists of :</p> <p>One entrée choice and 2 sides dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk</p> <p>Menu is based on product availability and is subject to change</p> <p>Group Luncheons</p> <p>Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email. All Pizzas are \$10</p> <p>If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time.</p> <p><i>This institution is an equal opportunity provider.</i></p>
<p>7</p> <p>Mediterranean Turkey Panini</p> <p>Sloppy Joe & Baked Chips</p> <p>Grilled Chicken Sandwich</p> <p>Green Beans</p> <p>Garden Salad</p> <p>Assorted Vegetables</p> <p>Diced Pears/Assorted Fresh Fruit</p> <p>Milk</p>	<p>8</p> <p>Chicken Enchilada</p> <p>Brat & Sauerkraut Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Southwest Bar.- Nachos or Tacos</p> <p>Corn / Assorted Vegetables</p> <p>Garden Salad / Applesauce</p> <p>Assorted Fresh Fruit</p> <p>Milk/ Spanish Rice / Corn Muffin</p>	<p>9</p> <p>Pasta Roll Up with Meat/Marinara Sauce/Twisted Breadstick</p> <p>Babe Ruth Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</p> <p>Broccoli / Garden Salad / Assorted Vegetables</p> <p>Diced Peaches / Assorted Fresh Fruit / Milk</p>	<p>10</p> <p>Macaroni & Cheese with Dinner Roll</p> <p>Italian Beef Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Mashed Potatoes & Gravy</p> <p>Carrots/Garden Salad</p> <p>Assorted Vegetables</p> <p>Pineapple Tidbits</p> <p>Assorted Fresh Fruit/Milk</p>	<p>11</p> <p>Fresh Pizza or Flat Bread</p> <p>Cheese Burger</p> <p>Grilled Chicken Sandwich</p> <p>Baked Beans / Fries</p> <p>Assorted Vegetables/Garden Salad</p> <p>Pineapple & Mandarin Oranges</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	
<p>14</p> <p>Hot Ham & Cheese Panini</p> <p>Broccoli Chicken Rice Casserole & Dinner Roll</p> <p>Grilled Chicken Sandwich</p> <p>Corn / Garden Salad</p> <p>Assorted Vegetables</p> <p>Diced Pears / Assorted Fresh Fruit</p> <p>Milk</p>	<p>15</p> <p>Quesadilla</p> <p>Pork Cubana Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Southwest Bar.- Nachos or Tacos</p> <p>Refried Beans / Assorted Vegetables</p> <p>Corn / Garden Salad</p> <p>Spiced Apples / Assorted Fresh Fruit</p> <p>Milk/ Spanish Rice / Corn Muffin</p>	<p>16</p> <p>Stuffed Shells in Meat or Marinara Sauce & Twisted Breadstick</p> <p>Italian Sausage Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick</p> <p>Broccoli/ Garden Salad / Assorted Vegetables</p> <p>Diced Peaches / Assorted Fresh Fruit / Milk</p>	<p>17</p> <p>RACE TO THE FINISH LINE</p> <p>Fresh Chicken Stir Fry with Egg Roll</p> <p>BBQ Rib Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Mashed Potatoes & Gravy/Assorted Vegetables</p> <p>Carrots/Garden Salad/Pasta Salad</p> <p>Pineapple / Assorted Fresh Fruit / Milk</p> <p>RACE TRACK PUDDING</p>	<p>18</p> <p>Fresh Pizza or Flat Bread</p> <p>Rueben</p> <p>Grilled Chicken Sandwich</p> <p>Malibu Blend / Fries</p> <p>Assorted Vegetables/Garden Salad</p> <p>Pineapple & Mandarin Oranges</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	
<p>21</p> <p>Macaroni & Cheese / Dinner Roll</p> <p>or</p> <p>Turkey & Cheese Panini</p> <p>Grilled Chicken Sandwich</p> <p>Green Beans</p> <p>Garden Salad / Assorted Vegetables</p> <p>Diced Pears/Assorted Fresh Fruit</p> <p>Milk</p>	<p>22</p> <p>Chicken Fajita</p> <p>Malibu Chicken Sandwich</p> <p>Grilled Chicken Sandwich</p> <p>Southwest Bar.- Nachos or Tacos</p> <p>Corn/Assorted Vegetables</p> <p>Garden Salad / Applesauce</p> <p>Assorted Fresh Fruit</p> <p>Milk/ Spanish Rice / Corn Muffin</p>	<p>23</p> <p>Stuffed Meatball with Spaghetti & Marinara Sauce/Twisted Breadstick</p> <p>Spring Baked Potato Bar</p> <p>Grilled Chicken Sandwich</p> <p>Pasta Bar with Pasta & Meat Sauce/Twisted Breadstick</p> <p>Pasta Salad/Assorted Vegetables/Garden Salad</p> <p>Broccoli/Diced Peaches/Assorted Fresh Fruit/Milk</p>	<p>24</p> <p>Grilled Pepper & Beef Melt on Ciabatta Bread</p> <p>Turkey & Gravy / Dinner Roll</p> <p>Grilled Chicken Sandwich</p> <p>Mashed Potatoes & Gravy/Green Beans</p> <p>Assorted Vegetables/Potato Salad</p> <p>Garden Salad/Pineapple/Assorted Fresh Fruit</p> <p>Milk</p>	<p>25</p> <p>Fresh Pizza or Flat Bread</p> <p>Wings & Corn Muffin</p> <p>Grilled Chicken Sandwich</p> <p>Baked Beans / Fries</p> <p>Assorted Vegetables/Garden Salad</p> <p>Pineapple & Mandarin Oranges</p> <p>Assorted Fresh Fruit</p> <p>Milk</p>	
<p>28</p> <p></p> <p>Memorial Day</p>	<p>29</p> <p></p>	<p>30</p> <p></p>	<p>31</p> <p></p>	<p></p>	
<p>Have a Great Summer!</p>					