



# High School STAFF Lunch Menu

## March 2018



Monday		Tuesday		Wednesday		Thursday		Friday		Adult Lunch = \$3.20 Milk = \$.50	
		<p style="text-align: center; color: red;">Several Options of Fresh Fruit &amp; Veggies Available Everyday!</p>				<p style="text-align: center;">1</p> <p>Bosco Sticks &amp; Sauce BBQ Pork Sandwich Grilled Chicken Sandwich Mashed Potatoes &amp; Gravy Carrots / Cole Slaw Assorted Vegetables/Garden Salad Pineapple/Assorted Fresh Fruit Milk</p>		<p style="text-align: center;">2</p> <p>Fresh Pizza or Flat Bread Potato Crusted Pollock &amp; Corn Bread Grilled Chicken Sandwich Peas &amp; Carrots/Fries Assorted Vegetables/Garden Salad Pineapple &amp; Mandarin Oranges Assorted Fresh Fruit Milk</p>		<p style="text-align: center; color: white;">SERVED ON HOT LINES</p> <p style="text-align: center; color: white;">DAILY Grilled Chicken Sandwich</p> <p>TUESDAY Southwest Bar with Nachos, Taco or Taco Salad with Corn Bread    WEDNESDAY Pasta Bar with Pasta and Sauce and/or Grilled Vegetables with Twisted Breadstick</p> <p style="text-align: center; color: white;">DELI BAR - Offered Daily</p> <p>Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Ciabatta, Panini, Wrap, Pretzel Roll, Flat Bread, and top with Assorted Vegetables</p>	
<p style="text-align: center;">5</p> <p>Mediterranean Turkey Panini Sloppy Joe &amp; Baked Chips Grilled Chicken Sandwich Green Beans Garden Salad Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk</p>		<p style="text-align: center;">6</p> <p>Chicken Enchilada Brat &amp; Sauerkraut Sandwich Grilled Chicken Sandwich Southwest Bar - Nachos or Tacos Corn / Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin</p>		<p style="text-align: center;">7</p> <p>Pasta Roll Up with Meat/Marinara Sauce/Twisted Breadstick Babe Ruth Sandwich Grilled Chicken Sandwich Pasta Bar with Pasta &amp; Meat Sauce &amp; Twisted Breadstick Broccoli / Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit/Milk</p>		<p style="text-align: center;">8</p> <p>Macaroni &amp; Cheese with Dinner Roll Italian Beef Sandwich Grilled Chicken Sandwich Mashed Potatoes &amp; Gravy Carrots/Garden Salad Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit/Milk</p>		<p style="text-align: center;">9</p> <p>Fresh Pizza or Flat Bread Cheese Burger Grilled Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple &amp; Mandarin Oranges Assorted Fresh Fruit Milk</p>		<p style="text-align: center; color: white;">Weekly Deli TO GO Salad Specials</p> <p>MON: Chicken Salad / Antipasto Salad TUES: Taco Salad / Tuna Salad/Greek Salad WED: Oven Fried Chicken Salad THURS: Turkey Cobb Salad FRI: Berry Spinach Salad</p>	
<p style="text-align: center;">12</p> <p>Hot Ham &amp; Cheese Panini or Broccoli Chicken Rice Casserole &amp; Dinner Roll Grilled Chicken Sandwich Green Beans / Garden Salad Assorted Vegetables Diced Pears / Assorted Fresh Fruit Milk</p>		<p style="text-align: center;">13</p> <p>Quesadilla Pork Cubana Sandwich Grilled Chicken Sandwich Southwest Bar - Nachos or Tacos Refried Beans / Assorted Vegetables Corn / Garden Salad Spiced Apples / Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin</p>		<p style="text-align: center;">14</p> <p>Stuffed Shells in Meat or Marinara Sauce &amp; Twisted Breadstick Italian Sausage Sandwich Grilled Chicken Sandwich Pasta Bar with Pasta &amp; Meat Sauce &amp; Twisted Breadstick Broccoli/ Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit / Milk</p>		<p style="text-align: center;">15</p> <p>Fresh Chicken Stir Fry with Egg Roll BBQ Rib Sandwich Grilled Chicken Sandwich Mashed Potatoes &amp; Gravy Carrots / Assorted Vegetables Garden Salad/Pasta Salad Pineapple / Assorted Fresh Fruit Milk</p>		<p style="text-align: center; color: green;">Happy St. Patrick's Day!</p> <p>Fresh Pizza or Flat Bread Rueben Grilled Chicken Sandwich Red Potatoes &amp; Vegetables Malibu Blend / Fries/Assorted Vegetables Garden Salad/ Pineapple &amp; Mandarin Oranges Assorted Fresh Fruit / Milk Whole Grain Rainbow Goldfish Crackers</p>		<p style="text-align: center;">Weekly Deli TO GO Wraps &amp; Sandwich Specials</p> <p>MON: Chicken BLT on Ciabatta Bread TUES: Turkey Avocado Wrap WED: Beef &amp; Pepper Jack on Focaccia Bread THURS: Turkey Avocado Wrap</p>	
<p style="text-align: center;">19</p> <p>Macaroni &amp; Cheese / Dinner Roll or Turkey &amp; Cheese Panini Grilled Chicken Sandwich Green Beans Garden Salad / Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk</p>		<p style="text-align: center;">20</p> <p>Chicken Fajita Malibu Chicken Sandwich Grilled Chicken Sandwich Southwest Bar - Nachos or Tacos Corn/Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin</p>		<p style="text-align: center;">21</p> <p>Stuffed Meatball with Spaghetti &amp; Marinara Sauce/Twisted Breadstick Spring Baked Potato Bar Grilled Chicken Sandwich Pasta Bar with Pasta &amp; Meat Sauce/Twisted Breadstick Pasta Salad/Assorted Vegetables/Garden Salad Broccoli/Diced Peaches/Assorted Fresh Fruit/Milk</p>		<p style="text-align: center;">22</p> <p>Grilled Pepper &amp; Beef Melt on Ciabatta Bread Turkey &amp; Gravy / Dinner Roll Grilled Chicken Sandwich Mashed Potatoes &amp; Gravy/Green Beans Assorted Vegetables/Potato Salad Garden Salad/Pineapple/Assorted Fresh Fruit Milk</p>		<p style="text-align: center; color: blue;">SPRING CELEBRATION</p> <p>Fresh Pizza or Flat Bread Tuna Melt Grilled Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple &amp; Mandarin Oranges Assorted Fresh Fruit/Milk Springtime Bunny Cookie</p>		<p style="text-align: center;">Homemade A La Carte SOUPS offered DAILY</p> <p>March 5-9, 19-23    March 1-2, 12-16</p> <p>Mon: Pasta Fagioli    Mon: Chicken Noodle Tues: Cream of Broccoli    Tues: Chili Wed: Cream of Chicken    Wed: Cream of Chicken Thurs: Lemon Rice    Thurs: Cream of Potato Fri: Chef's choice    Fri: Chef's choice</p>	
<p style="text-align: center;">26</p>		<p style="text-align: center;">27</p>		<p style="text-align: center;">28</p>		<p style="text-align: center;">29</p>		<p style="text-align: center;">30</p>		<p style="text-align: center;">ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK</p> <p style="text-align: center;">A complete lunch consists of :</p> <p style="text-align: center;">One entrée choice and 2 sides dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk</p> <p style="text-align: center;">Menu is based on product availability and is subject to change</p> <p style="text-align: center;">Group Luncheons</p> <p style="text-align: center;">Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email. All Pizzas are \$10</p> <p style="text-align: center;">If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time.</p> <p style="text-align: center; color: gray;">This institution is an equal opportunity provider.</p>	