

High School STAFF Lunch Menu

February 2018

HUGS!

BE MY VALENTINE!

Monday	Tuesday	Wednesday	Thursday	Friday	
					Adult Lunch = \$3.20 Milk = \$.50
<p style="font-size: 0.8em; margin: 0;">SERVED ON HOT LINES</p> <p style="font-size: 0.8em; margin: 0;"> DAILY Grilled Chicken Sandwich  </p> <p style="font-size: 0.7em; margin: 0;"> TUESDAY Southwest Bar with Nachos, Taco or Taco Salad with Corn Bread </p> <p style="font-size: 0.7em; margin: 0;"> WEDNESDAY Pasta Bar with Pasta and Sauce and/or Grilled Vegetables. Pasta or Flat Bread Pizza & Breadstick </p>					
<p style="font-size: 0.8em; margin: 0;">DELI BAR - Offered Daily</p>  <p style="font-size: 0.7em; margin: 0;">Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Ciabatta, Panini, Wrap, Pretzel Roll, Flat Bread, and top with Assorted Vegetables</p> <p style="font-size: 0.7em; margin: 0;"> Chef Salads with Ham, Turkey, Chicken, Cheese & assorted Vegetables. </p> <p style="font-size: 0.7em; margin: 0;"> HOT Meals to go; Panini Turkey Sandwich, Veggie Burger & Pizza. COLD SANDWICHES and CHEF SALAD MEALS to go! </p>					
<p style="font-size: 0.8em; margin: 0;">Weekly Deli TO GO Salad Specials</p> <p style="font-size: 0.7em; margin: 0;">MON: Chicken Salad / Antipasto Salad</p> <p style="font-size: 0.7em; margin: 0;">TUES: Taco Salad / Tuna Salad / Greek Salad</p> <p style="font-size: 0.7em; margin: 0;">WED: Oven Fried Chicken Salad</p> <p style="font-size: 0.7em; margin: 0;">THURS: Turkey Cobb Salad</p> <p style="font-size: 0.7em; margin: 0;">FRI: Berry Spinach Salad</p> 					
<p style="font-size: 0.8em; margin: 0;">Weekly Deli TO GO Wraps & Sandwich Specials</p> <p style="font-size: 0.7em; margin: 0;">MON: Turkey Avocado Wrap</p> <p style="font-size: 0.7em; margin: 0;">TUES: BLT Chicken Wrap</p> <p style="font-size: 0.7em; margin: 0;">WED: Turkey Avocado Wrap</p> 					
<p style="font-size: 0.8em; margin: 0;">Homemade A La Carte SOUPS offered DAILY</p> <p style="font-size: 0.7em; margin: 0;">February 5-9 & 20-23 January 1, 2, 12-16 & 26-28</p> <p style="font-size: 0.6em; margin: 0;"> Mon: Chicken Noodle Mon: Chicken Noodle </p> <p style="font-size: 0.6em; margin: 0;"> Tues: Cream of Chicken Tues: Chili </p> <p style="font-size: 0.6em; margin: 0;"> Wed: Chicken Tortilla Wed: Pasta Fagioli </p> <p style="font-size: 0.6em; margin: 0;"> Thurs: Cream of Potato Thurs: Cream of Broccoli </p> <p style="font-size: 0.6em; margin: 0;"> Fri: Chefs Choice Fri: Chefs Choice </p> 					
<p style="font-size: 0.8em; margin: 0;">ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK</p> <p style="font-size: 0.8em; margin: 0;">A complete lunch consists of :</p> <p style="font-size: 0.7em; margin: 0;">One entrée choice and 2 sides dishes (fruit or vegetables) 1 side dish must be a fruit or vegetable and milk</p> <p style="font-size: 0.7em; margin: 0;">Menu is based on product availability and is subject to change</p>					
<p style="font-size: 1.2em; font-weight: bold; color: blue;">Look For The Feather</p> <p style="font-size: 1.5em; font-weight: bold; color: blue;">For items that are 30% less of calories from fat</p> <p style="font-size: 0.9em; font-weight: bold; color: blue;">For more detailed nutritional information, please check our website</p> 					
<p style="font-size: 0.8em; margin: 0;">This institution is an equal opportunity provider.</p>					

WR - 4

WR - 1

WR - 2

WR - 3

WR - 4