

Happy Holidays!

December 2017
High School STAFF Lunch Menu



Wk. 1
Wk. 2
Wk. 3
Wk. 4

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7	8
Hot Ham & Cheese Panini or Popcorn Chicken Bowl Mashed Potatoes & Gravy/Corn Assorted Vegetables /Garden Salad Diced Pears Assorted Fresh Fruit Milk	Quesadilla Baked Potato Bar Crispitos with Chili & Cheese Sauce Refried Beans / Assorted Vegetables Corn/ Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice/Corn Bread	Pepperoni Calzone or One Pot Spaghetti Broccoli/Assorted Vegetables Garden Salad/ Cole Slaw Diced Peaches Assorted Fresh Fruit Milk / Twisted Breadstick	Malibu Chicken Sandwich General Tso Chicken & Rice with Egg Roll Carrots Assorted Vegetables Garden Salad Pineapple / Assorted Fresh Fruit Milk/ Dinner roll	Fresh Pizza Chicken Wings & Corn Bread Fresh Grilled Cheeseburger Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
11	12	13	WINTER HOLIDAY FEAST	15
Sausage & Sauerkraut /Dinner Roll Bosco Sticks & Sauce Cuban Panini Green Beans Assorted Vegetables Garden Salad Diced Pears/Assorted Fresh Fruit Milk	Chicken Fajita / Corn Bread Grilled Peppers & Beef Melt on Ciabatta Bread Corn/Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice	Chicken Parmesan & Pasta or Grilled Chicken Buffalo Wrap California Blend Pasta Salad Garden Salad/Assorted Vegetables Peaches / Assorted Fresh Fruit Milk/Twisted Breadstick	Sliced Turkey or Mini Meat Loaf Mashed Potatoes & Gravy/Stuffing Green Bean Casserole/ Cranberries Garden Salad/Assorted Fruit & Vegetables Pineapple/Milk/Dinner Roll Holiday Cookie	Fresh Pizza Chicken Wings & Corn Bread Fresh Grilled Cheeseburger Baked Beans /Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
18	19	20	21	22
Turkey Panini Chicken A La King & Biscuit 2 Egg Rolls Fried Rice/ Asian Vegetables Mashed Potatoes & Gravy Diced Pears Assorted Fresh Fruit Milk/ Dinner Roll	Quesadilla Baked Potato Bar Crispitos with Chili & Cheese Sauce Refried Beans/Corn Assorted Vegetables Garden Salad Applesauce/Assorted Fresh Fruit Milk/ Spanish Rice/Corn Bread	Flat Bread Pizza & Sauce or Ruben Sandwich Broccoli Garden Salad/Assorted Vegetables Pasta Salad/Diced Peaches Assorted Fresh Fruit Milk/ Twisted Bread Stick	BBQ Pork Sandwich or Stuffed Peppers/Dinner Roll Mashed Potatoes & Gravy California Blend/Garden Salad Cole Slaw/Assorted Vegetables Pineapple Tidbits/Assorted Fresh Fruit Milk	 WINTER BREAK
25	26	27	28	29

Adult Lunch = \$3.20
Milk = \$.50

SERVED ON HOT LINES
DAILY Grilled Chicken Sandwich
TUESDAY Southwest Bar with Nachos, Taco or Taco Salad with Corn Bread
WEDNESDAY Pasta Bar with Pasta and Sauce and/or Grilled Vegetables. Pasta or Flat Bread Pizza & Breadstick

DELI BAR - Offered Daily
Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Ciabatta, Panini, Wrap, Pretzel Roll, Flat Bread, and top with Assorted Vegetables
Chef Salads with Ham, Turkey, Chicken, Cheese & assorted Vegetables.

HOT Meals to go; Panini Turkey Sandwich, Veggie Burger & Pizza. COLD SANDWICHES and CHEF SALAD MEALS to go!

Weekly Deli TO GO Salad Specials
MON: Chicken Salad / Antipasto Salad
TUES: Taco Salad / Tuna Salad/Greek Salad
WED: Oven Fried Chicken Salad
THURS: Turkey Cobb Salad
FRI: Berry Spinach Salad

Weekly Deli TO GO Wraps & Sandwich Specials
MON: Turkey Avocado Wrap
TUES: BLT Chicken Wrap
WED: Turkey Avocado Wrap

Homemade A La Carte SOUPS offered DAILY
December 1, 22-25
December 4-8, 18-21

Mon: Chicken Noodle		Mon: Chicken Noodle
Tues: Cream of Chicken		Tues: Chili
Wed: Chicken Tortilla		Wed: Pasta Fagioli
Thurs: Cream of Potato		Thurs: Cream of Broccoli
Fri: Chefs Choice		Fri: Chefs Choice

ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK

A complete lunch consists of :
One entrée choice and 2 sides dishes (fruit or vegetables)
1 side dish must be a fruit or vegetable and milk

Menu is based on product availability and is subject to change

Group Luncheons
Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email. All Pizzas are \$10

If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time.

This institution is an equal opportunity provider.



Have a great winter break!



Lake Central
School Corporation
Gladys Rädiger - ES Director
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Food Service Central Office
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