



High School STAFF Lunch Menu April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
 No School	Fresh Burrito with Queso Sauce Grilled Hot Dog & Cheese Grilled Chicken Sandwich Southwest Bar - Nachos or Tacos Refried Beans / Corn Assorted Vegetables/Garden Salad Spiced Apples / Assorted Fresh Fruit Milk / Spanish Rice / Corn Muffin	Pepperoni Calzone with Marinara Sauce Chicken Cavatappi Bake & Twisted Breadstick Grilled Chicken Sandwich Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick Broccoli / Garden Salad / Assorted Vegetables Pasta Salad / Diced Peaches Assorted Fresh Fruit/Milk	Bosco Sticks & Sauce BBQ Pork Sandwich Grilled Chicken Sandwich Mashed Potatoes & Gravy Carrots / Cole Slaw Assorted Vegetables/Garden Salad Pineapple/Assorted Fresh Fruit Milk	Fresh Pizza or Flat Bread Potato Crusted Pollock & Corn Bread Grilled Chicken Sandwich Peas & Carrots/Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
9	10	11	12	13
Mediterranean Turkey Panini Sloppy Joe & Baked Chips Grilled Chicken Sandwich Green Beans Garden Salad Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk	Chicken Enchilada Brat & Sauerkraut Sandwich Grilled Chicken Sandwich Southwest Bar - Nachos or Tacos Corn / Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin	Pasta Roll Up with Meat/Marinara Sauce/Twisted Breadstick Babe Ruth Sandwich Grilled Chicken Sandwich Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick Broccoli / Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit / Milk	Macaroni & Cheese with Dinner Roll Italian Beef Sandwich Grilled Chicken Sandwich Mashed Potatoes & Gravy Carrots/Garden Salad Assorted Vegetables Pineapple Tidbits Assorted Fresh Fruit/Milk	Fresh Pizza or Flat Bread Cheese Burger Grilled Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
16	17	18	19	20
Hot Ham & Cheese Panini Broccoli Chicken Rice Casserole & Dinner Roll Grilled Chicken Sandwich Green Beans / Garden Salad Assorted Vegetables Diced Pears / Assorted Fresh Fruit Milk	Quesadilla Pork Cubana Sandwich Grilled Chicken Sandwich Southwest Bar - Nachos or Tacos Refried Beans / Assorted Vegetables Corn / Garden Salad Spiced Apples / Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin	Stuffed Shells in Meat or Marinara Sauce & Twisted Breadstick Italian Sausage Sandwich Grilled Chicken Sandwich Pasta Bar with Pasta & Meat Sauce & Twisted Breadstick Broccoli/ Garden Salad / Assorted Vegetables Diced Peaches / Assorted Fresh Fruit / Milk	Fresh Chicken Stir Fry with Egg Roll BBQ Rib Sandwich Grilled Chicken Sandwich Mashed Potatoes & Gravy Carrots / Assorted Vegetables Garden Salad/Pasta Salad Pineapple / Assorted Fresh Fruit Milk	Fresh Pizza or Flat Bread Rueben Grilled Chicken Sandwich Malibu Blend / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
23	24	25	26	27
EARTH DAY  Macaroni & Cheese / Dinner Roll Turkey & Cheese Panini Grilled Chicken Sandwich Green Beans/Garden Salad Assorted Vegetables / Diced Pears Assorted Fresh Fruit /Milk Going Green Treat	Chicken Fajita Malibu Chicken Sandwich Grilled Chicken Sandwich Southwest Bar - Nachos or Tacos Corn/Assorted Vegetables Garden Salad / Applesauce Assorted Fresh Fruit Milk/ Spanish Rice / Corn Muffin	Stuffed Meatball with Spaghetti & Marinara Sauce/Twisted Breadstick Spring Baked Potato Bar Grilled Chicken Sandwich Pasta Bar with Pasta & Meat Sauce/Twisted Breadstick Pasta Salad/Assorted Vegetables/Garden Salad Broccoli/Diced Peaches/Assorted Fresh Fruit/Milk	Grilled Pepper & Beef Melt on Ciabatta Bread Turkey & Gravy / Dinner Roll Grilled Chicken Sandwich Mashed Potatoes & Gravy/Green Beans Assorted Vegetables/Potato Salad Garden Salad/Pineapple/Assorted Fresh Fruit Milk	Fresh Pizza or Flat Bread Tuna Melt Grilled Chicken Sandwich Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
30				
Italian Style Mozzarella Chicken Pesto Panini or Citrus Chicken Quinoa & Dinner Roll Grilled Chicken Sandwich Green Beans / Garden Salad Assorted Vegetables Diced Pears/Assorted Fresh Fruit Milk/ Dinner Roll				


Adult Lunch = \$3.20
Milk = \$.50

SERVED ON HOT LINES

DAILY Grilled Chicken Sandwich 

TUESDAY Southwest Bar with Nachos, Taco or Taco Salad with Corn Bread **WEDNESDAY** Pasta Bar with Pasta and Sauce and/or Grilled Vegetables with Twisted Breadstick


DELI BAR - Offered Daily

Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Ciabatta, Panini, Wrap, Pretzel Roll, Flat Bread, and top with Assorted Vegetables 

Chef Salads with Ham, Turkey, Chicken, Cheese & Assorted Vegetables.

HOT Meals to go; Panini Turkey Sandwich, Veggie Burger & Pizza. COLD SANDWICHES and CHEF SALAD MEALS to go!

Weekly Deli TO GO Salad Specials

MON: Antipasto Salad 


TUES: Tuna Salad / Taco Salad / Greek Salad

WED: Cobb Salad / Berry Spinach Salad

THURS: Greek Salad

Weekly Deli TO GO Wraps & Sandwich Specials

MON: Chicken BLT on Ciabatta Bread

TUES: Turkey Avocado Wrap 

WED: Beef & Pepper Jack on Focaccia Bread

THURS: Turkey Avocado Wrap

Homemade A La Carte SOUPS offered DAILY

April 9-13 & 23-27 April 3-6, 16-20 & 30th


Mon: Pasta Fagioli **Mon: Chicken Noodle**

Tues: Cream of Broccoli **Tues: Chili**

Wed: Cream of Chicken **Wed: Cream of Chicken**

Thurs: Lemon Rice **Thurs: Cream of Potato**

Fri: Chef's choice **Fri: Chef's choice**



ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK

A complete lunch consists of :

One entrée choice and 2 sides dishes (fruit or vegetables)
1 side dish must be a fruit or vegetable and milk

Menu is based on product availability and is subject to change

Group Luncheons

Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email. All Pizzas are \$10

If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time.

This institution is an equal opportunity provider.