



# High School STAFF Lunch Menu

## May 2017



WEEK 1

WEEK 2

WEEK 3

WEEK 4

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Broccoli Casserole & Biscuit or Cuban Panini California Blend Assorted Vegetables Garden Salad Diced Pears/Assorted Fresh Fruit Milk	2 Southwest Lasagna or Grilled Peppers & Beef Melt on Ciabatta Bread Corn/Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice/Corn Muffin	3 Chicken Parmesan & Pasta or Chicken Buffalo Wrap California Blend Assorted Vegetables Garden Salad Peaches / Assorted Fresh Fruit Milk/Twisted Breadstick	4 Polish Sausage & Sauerkraut or Turkey & Gravy Mashed Potatoes & Gravy Garden Salad Assorted Vegetables Pineapple/Assorted Fresh Fruit Milk/Dinner Roll	5 Fresh Pizza Tuna Melt FRESH Grilled Cheese Burger Baked Beans /Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
8 Turkey Panini or Chicken Stir Fry/Eggroll Fried Rice/ Asian Vegetables Assorted Vegetables/Garden Salad Pasta Salad Diced Pears/Assorted Fresh Fruit Milk/ Dinner Roll	9 Quesadilla or Chicago Style or Chili Cheese Dog Refried Beans/Corn Assorted Vegetables Garden Salad Applesauce/Assorted Fresh Fruit Milk/ Spanish Rice/Corn Muffin	10 Chicken Cavatappi Bake or Ruben Sandwich Broccoli Garden Salad/Assorted Vegetables Diced Peaches Assorted Fresh Fruit Milk/ Twisted Bread Stick	11 BBQ Pork Sandwich or Stuffed Peppers/Dinner Roll Mashed Potatoes & Gravy/Green Beans Garden Salad/Assorted Vegetables Cole Slaw/Pineapple Tidbits Assorted Fresh Fruit Milk	12 Fresh Pizza or Fish Combo Basket & Biscuit Peas & Carrots/ Loaded Fries Garden Salad/Assorted Vegetables Diced Pears Assorted Fresh Fruit Milk
15 Breaded Chicken Legs or Breaded Chicken Pesto Italian Panini Scalloped Potatoes/ Green Beans Diced Pears Assorted Fresh Fruit Assorted Vegetables Milk/Dinner Roll	16 Chicken Enchilada or Swiss Mushroom Chicken Sandwich Corn/Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice /Corn Muffin	17 Pasta Roll Up with Meat or Marinara Sauce or Italian Sausage Sandwich Broccoli /Assorted Vegetables Garden Salad Diced Peaches Assorted Fresh Fruit Milk/Twisted Breadstick	18 Macaroni & Cheese/Dinner Roll or Italian Beef Sandwich Mashed Potatoes & Gravy /California Blend Assorted Vegetables/Garden Salad Pineapple Tidbits Assorted Fresh Fruit Milk	19 Fresh Pizza Fresh Grilled Cheese Burger Peppered Lemon Tilapia & Rice/Corn Bread Baked Beans / Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit Milk
22 Hot Ham & Cheese Panini or Buffalo Legs Glazed Carrots Assorted Vegetables /Garden Salad Diced Pears Assorted Fresh Fruit Milk	23 Quesadilla or Baked Potato Bar Refried Beans / Assorted Vegetables Corn/ Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice/Corn Muffin	24 Pepperoni Calzone or One Pot Spaghetti Broccoli/Assorted Vegetables Garden Salad/ Cole Slaw Diced Peaches Assorted Fresh Fruit Milk	25 Malibu Chicken Sandwich or Orange Chicken & Rice with Egg Roll Carrots/Pasta Salad Assorted Vegetables Garden Salad Pineapple / Assorted Fresh Fruit Milk/ Dinner roll	26 <b>RACE TO THE FINISH LINE</b> Fresh Pizza Fish Combo Basket & Biscuit Malibu Blend /Loaded Fries Assorted Vegetables/Garden Salad Pineapple & Mandarin Oranges Assorted Fresh Fruit/Milk <b>RACE TRACK PUDDING</b>
29  Memorial Day	30 Southwest Lasagna or Grilled Peppers & Beef Melt on Ciabatta Bread Corn/Assorted Vegetables Garden Salad Applesauce Assorted Fresh Fruit Milk/ Spanish Rice/Corn Muffin	31 		

Adult Lunch = \$3.10  
Milk = \$.50

**SERVED ON HOT LINES**

**DAILY** Grilled Chicken Sandwich

**TUESDAY** Southwest Bar with Nachos, Taco or Taco Salad

**WEDNESDAY** Pasta Bar with Pasta and Sauce and/or Grilled Vegetables  
Pasta or Flat Bread Pizza & Breadstick

**DELI BAR - Offered Daily**

Assorted Sandwiches with Ham, Turkey, Chicken or Cheese on White Bread, Sub Bun, Croissant, Oat Ciabatta, Marble Rye, Flat Bread, and top with assorted vegetables

Chef Salads with Ham, Turkey, Chicken, Cheese & assorted Vegetables.

**HOT** Meals to go; Panini Turkey Sandwich, Veggie Burger & Pizza

**COLD SANDWICHES** and **CHEF SALAD MEALS** to go!

**Weekly Deli TO GO Salad Specials**

**MON:** Chicken Salad / Grilled Chicken Salad

**TUES:** Taco Salad / Tuna Salad/Green Salad

**WED:** Oven Fried Chicken Salad/Antipasto Salad

**THURS:** Cobb Salad/Caesar Salad **FRI:** Berry Spinach Salad

**Weekly Deli TO GO Wraps & Sandwich Specials**

**MON:** Turkey Avocado Wrap

**TUES:** BLT Chicken Wrap

**WED:** Turkey Avocado Wrap **THURS:** Turkey & Ham Sub

**Homemade SOUPS offered DAILY**  
\*\*\*Soup is A La Carte only\*\*\*

May 1-5 & 15-19 & 30th **May 8-12 & 22-26**

**Mon:** Chicken Noodle

**Tues:** Cream of Chicken

**Wed:** Chicken Tortilla

**Thurs:** Cream of Potato

**Fri:** Chefs Choice

**Mon:** Chicken Noodle

**Tues:** Chili

**Wed:** Pasta Fagioli

**Thurs:** Cream of Broccoli

**Fri:** Chefs Choice

ALL COLD MEALS ON THE DELI COMES WITH ASSORTED VEGETABLES, FRUIT AND MILK

A complete lunch consists of :  
One entrée choice and 2 sides dishes (fruit or vegetables)  
1 side dish must be a fruit or vegetable and milk

Menu is based on product availability and is subject to change

**Group Luncheons**  
Group Luncheons featuring Pizza and various items are available for parties of 8 or more. Please contact your kitchen Manager by email.  
All Pizzas are \$10

If you have any suggestions for our staff menus or setting up an account, please contact your kitchen Managers at any time.

*This institution is an equal opportunity provider.*